

Weekly Newsletter

25th April 2025



Message from Miss Mirza

It has been a great first week back at Deepdale and we have lots of exciting learning, events and activities to look forward too during this five week half term.

My first point to highlight is that we are quickly approaching our annual Sports Days. The children, Mr Mac and Mr Catlow are already well on the way with preparations are we looking forward to seeing you at your child's event!

Finally, for this week, I am excitedly looking forward to our inter-school Eid Celebration. We have children from nine schools joining us on Tuesday 29th April and Miss Patel has prepared an amazing day.

Miss Mirza

Dates for your Diary

Dental Health & Hygiene Workshop

Monday 28th April

1.30pm-3.10pm KS1 Hall

Sports Day Reception Class

Tuesday 6th May

9.30am-11.30am

Healthy Family Workshop

Thursday 8th May

9.00am—11.00am KS2 Hall

Sports Day Nursery

Thursday 15th May

Morning 10.30am-11.30am

Afternoon 2.15pm-3.15pm

UCLAN Science Festival

Thursday 15th May

Headteacher: Miss N Mirza • 01772 795586 •

www.deepdalecommunityprimary.co.uk • parents@deepdale.lancs.sch.uk •

@DeepdalePrimary •

Behaviour at Deepdale

Our Behaviour policy has been updated!

You will find it on our website.

Please take the time to read it.

So Far This Year

1st — Dolphins 95.8%

2nd Oaks/Stars— 95.7%

3rd — Rockets 95.6%

This Week

1st — Ladybirds 99.3%

2nd —Bears 98.3%

3rd — Oaks/Stars 97.5%

Leave in Term Time

Please remember that school are unable to authorise holidays or any other leave during term time. The law requires children to be at school as much as possible. Please try to ensure that any visits abroad are made during the school holidays, being absent from school during term time may result in Lancashire County Council issuing fines or initiating prosecutions.

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Please can you ensure that your child's name is on their clothing. Please can you send back to school any clothing that accidentally goes home and does not belong to your children.

Thank You

NO Parking Outside school

It has come to our attention parents are parking outside school when bringing children to school and at home time. For the safety of the children please can we ask you to park your cars away from school.

Change of Home Address & Telephone / Mobile numbers

Please keep the school informed if your home address or telephone/mobile number changes. We must have your current contact details in case of an emergency.

Thank you

A photograph of a male teacher with short dark hair, wearing a light blue button-down shirt, leaning over a desk. He is looking at a computer monitor. Two young students are sitting at the desk. The student on the left is a boy with curly hair, wearing a white polo shirt, looking at the monitor. The student on the right is a girl with dark hair, wearing a red sweater over a white collared shirt, looking at the monitor. The background is a classroom with blue walls and some papers pinned to them.

**SCHOOL DAYS ARE
PACKED WITH
MOMENTS OF...**

**CURIOSITY, WONDER
AND CONNECTION.**

**SEARCH 'ATTENDANCE'
ON THE EDUCATION HUB**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government



What Parents & Educators Need to Know about MAKING FRIENDS ONLINE

WHAT ARE THE RISKS?

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 19% of children aged 10 to 15 in England and Wales have chatted online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

ONLINE GROOMING THREATS

Predators can use games, chat apps or social media platforms to build relationships with children and gain their trust. This may quickly develop into grooming or exploitation. Between April 2017 and March 2023, UK police recorded nearly 34,000 online grooming offences – an 82% increase in just five years.

EXPOSURE TO INAPPROPRIATE CONTENT

Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Commissioner for England, which found that 45% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.

PRIVACY AND DATA RISKS

Children and young people often overshare personal details – such as where they live or go to school – without understanding the consequences. In fact, 4.4% of 10 to 15-year-olds in the UK have met up in real life with someone they'd only spoken to online.

COMPROMISED PERSONAL SAFETY

Meeting an online 'friend' in real life risks placing a child in serious danger. From abduction to coercion, the consequences can be devastating. Reports of children being harmed after such meetings are becoming increasingly common in the UK, highlighting the need for safeguarding intervention.

PSYCHOLOGICAL DISTRESS

Online harm – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. 'Sexortion' gangs, who threaten to release sexual information about a person unless they pay them money, have reportedly targeted children as young as 11, leaving them traumatised and ashamed.

LONG-TERM REPERCUSSIONS

Children exposed to harmful online relationships early on may develop unhealthy beliefs about relationships, consent, or self-worth. In a recent case, a 26-year-old posed as a girl on Snapchat to befriend children aged 10 to 16, manipulating them into sexual activity and causing profound emotional distress. One 12-year-old tragically died by suicide, highlighting the long-term psychological harm online friendships with strangers can cause.

26 FRIENDS ONLINE NOW

Advice for Parents & Educators

TEACH SAFE ONLINE HABITS

Help children understand how to use privacy settings, protect their personal information, spot fake profiles, and report anything suspicious or concerning, like pressure tactics. Encourage them to think critically about what they share – and whom they're talking to.

KEEP CONVERSATIONS OPEN

Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from opening up in the future. A child who feels listened to is more likely to disclose problems before they escalate.

ENCOURAGE REAL-WORLD CONNECTIONS

Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships help reduce children's reliance on online platforms for social interaction, and can help them develop resilience and social confidence.

USE PARENTAL CONTROLS

Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While no system is perfect, they provide a valuable layer of protection as children explore digital spaces.

Meet Our Expert

Gabriella Russo is a safeguarding consultant with over 30 years' experience in supporting children, families, and adults across education, local authority, and mental health settings – both in the UK (including at Parliamentary level) and internationally.



The National College



ADHD PARENT EMPOWERMENT & TRAINING COURSE

JOIN US FOR 6 SESSIONS OVER 3 WEEKS
TUESDAYS AND THURSDAYS AT 9.30AM AND 6PM

We invite you to join us on a journey to unlock your child's full potential. Our expert team is dedicated to providing you with tools, strategies and support necessary to help your child thrive. Through a personalised, step-by-step approach, we will work closely with you to offer support that addresses your child's unique needs and aspirations.



START
DATE
29TH APRIL
2025



Visit www.adhdnorthwest.org.uk for more details and to access the application form or call us on 01254 886886



SLEEP SESSION

A SESSION FOR PARENTS AND
CARERS



17TH JUNE AT 6PM

**DOES YOUR YOUNG PERSON
WITH ADHD STRUGGLE
SLEEPING?**

JOIN US FOR SUPPORT
CONTACT US TO RESERVE YOUR SPOT
TEL: 01254 886886

*You're
Invited!*



SLEEP SESSION

A SESSION FOR PARENTS AND
CARERS



9TH MAY AT 10AM

**DOES YOUR YOUNG PERSON
WITH ADHD STRUGGLE
SLEEPING?**

JOIN US FOR SUPPORT
CONTACT US TO RESERVE YOUR SPOT
TEL: 01254 886886

*You're
Invited!*



TEENS SESSION

A SESSION FOR PARENTS AND
CARERS OF CYP 12+



21ST MAY AT 6PM

**THIS ONLINE SESSION WILL
DIVE IN TO THE WORLD OF ADHD
FOR PARENTS AND CARERS OF
TEENAGERS**

CONTACT US TO RESERVE YOUR SPOT
TEL: 01254 886886

*You're
Invited!*

We're happy to help you...



Please let us know if you would like the text on our letters/forms enlarged or if you would benefit from our letters being printed on a particular background. We are also happy to read letters out loud to you if it would help.

Behaviour at Deepdale

School Uniform

School uniforms promote a sense of community, equality and focus on learning by reducing distractions related to clothing and peer pressure. They also enhance school safety and can simplify daily routines for pupils and families.

At Deepdale Community Primary School, uniform is compulsory. Please ensure your child is wearing the correct uniform.



Navy Cardigan



Pale Blue Polo Shirt



Grey Trousers



Grey Skirt or Dress



Grey Socks or Tights



Black Shoes



DEEPDALE COMMUNITY PRIMARY SCHOOL

*Reception
Visits*



DO YOU HAVE
A CHILD
STARTING
PRIMARY
SCHOOL IN
2025?



CALL US TO ARRANGE A TOUR OF
OUR SCHOOL

01772 795586



Anfield Abseil

CHALLENGE YOURSELF IN 2025!

Experience Anfield Stadium from a completely different perspective

We have the perfect challenge for any Liverpool fan!

Climb to the top of the Main Stand roof at Anfield, then lean back over the top edge and start your 100ft descent down the side of the stadium - all in aid of Rainbow Hub!

Take the plunge - 17th May 2025 - Entry £25 & Fundraising target £250

For more information or to book your abseil, please contact:

☎ 01704 823276 🌐 rainbowhub.org ✉ fundraising@rainbowhub.org



**RAINBOW
HUB**

Every day is a life changing day

Rainbow Hub,
Salt Pit Lane, Mawdesley,
Ormskirk, L40 2QX



Rainbow Hub is the registered charity of Rainbow Hub. It is a company limited by guarantee. Registered office address: Salt Pit Lane, Mawdesley, Ormskirk, L40 2QX. Registered charity number: 1130000. Registered company number: 08500000. Registered office address: Salt Pit Lane, Mawdesley, Ormskirk, L40 2QX. Registered charity number: 1130000. Registered company number: 08500000.