



Topic: Hindu Dharma

Key Question: Is there one journey or many?

Autumn 1 Year 6

Samsara



Samsara is the circle of life.



Karma affects reincarnation.

Death

Hindu's believe people are born, live and die. They are reincarnated and born again. Moksha

A Hindu's ultimate goal is to achieve Moksha. This is the freedom from the cycle of Samsara.

Vocabulary you will know...



Good or bad luck with results from how a person has acted.

Reincarnation

The rebirth of a soul in another body

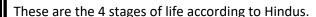


Vocabulary you will hear...



Ceremony, rites of passage, tradition, symbolises

The Four Ashramas





Hindus follow many rites and rituals and they use these to mark the important stages of life.

Samskaras

These rites and rituals are known as Samskaras. There is a total of 16 different Samskaras.



| Brahmacharya | Grihastha | Vanaprastha | Sanyaas |
|---------------------------------------|---|---|--|
| 14 | | | |
| Age 1 year to 25 years Approximately | Age 26 year to 50 years Approximately | Age 51 year to 75 years Approximately | Age 76 year onwards |
| Bachelor, student phase of life | Married life phase and duties of maintaining a Household | Retirement phase and handing over responsiblities to next generation. | Phasee of giving up material desires and prejudices. Wandering Ascetic Stage |

| Name | When | What happens |
|---------------------------|--|---|
| Upanayana (Sacred Thread) | Brachmacharya Stage (1st Stage of Life) | A ceremony for boys in some Hindu communities to confirm they are of an age to take on religious responsibility. The male participant's head is shaved for the ceremony, symbolising a cleansing from their old ways of living. New clothes are put on after bathing. Gifts and blessings from family and friends are often received. |