Animals including humans

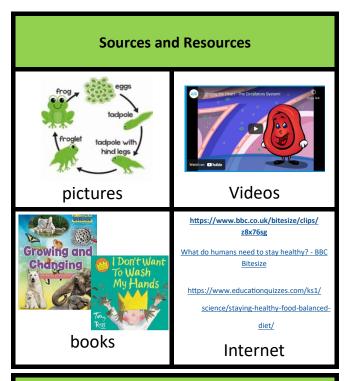
Summer 2 Term 1 Year 2

Vocabulary you will know	
Key words	definitions
offspring	The child of a human or a young animal.
life cycle	The different stages animals go through to grow into adults.
hygiene	Keeping clean to stay healthy and stop diseases from spreading.
exercise	A physical activity
live young	Born alive, animals that don't hatch from an egg.
diet	The food and drink that a person or animal usually eats or drinks.
Vocabulary you will hear	
develop, growth, child, young/old exercise, heartbeat, breathing, pulse, heart rate, energy.	
germs, disease,	
nutrition, diet, healthy, unhealthy	
food types, fruit, vegetables, bread, rice, potatoes, pasta, milk, dairy, meat, fish, fats, oils, eggs,	



What will I know at the end of the unit?

- All animals have offspring (babies) that grow into adults.
- All animals, including humans need food, water and air to survive.
- The life cycle of a human.
- Exercise helps to keep people healthy.
- Humans need to eat the right types of foods to stay healthy.
- Keeping clean is important for staying safe and healthy.



Important People or Places

Sir David Attenborough (1926—)

Sir David Attenborough is best known for writing and presenting natural history documentaries on TV that are a survey of the animal and plant life on Earth.

Joe Wickes (1986-)

Joe Wickes is best known as the body coach. He is a chef and fitness coach who teaches children about the importance of exercise and healthy eating.

