Deepdale Community Primary School

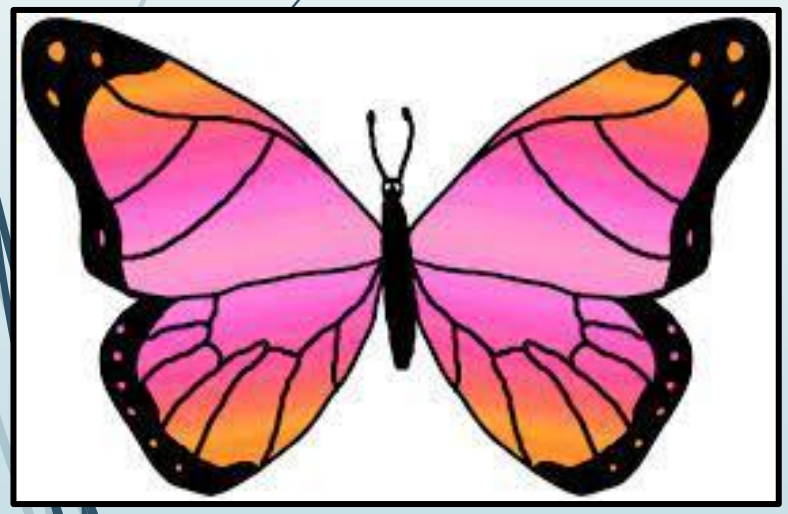
Welcome to Reception Meeting

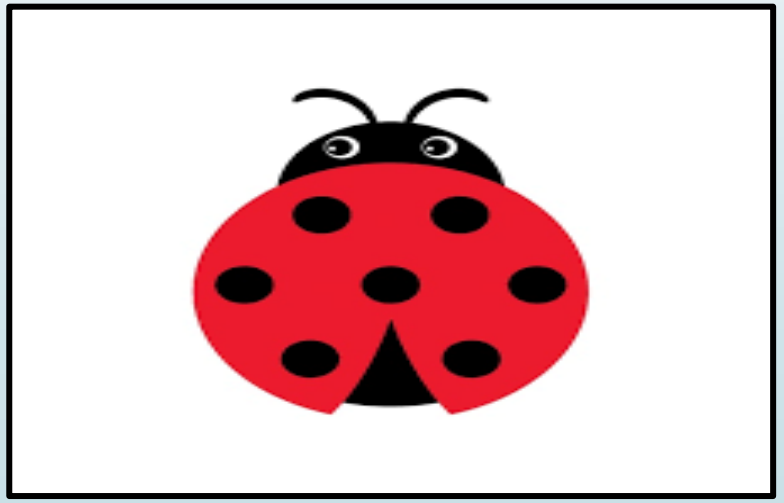
Thursday 8th October 2026



Welcome to Reception

We are all extremely proud of the way the children have settled into school and their new class.









Autumn Term 1 Learning

Over the course of the half-term, the children will enjoy learning lots of new, exciting things.

English

Maths

R.E

Art

History

Phonics

Science

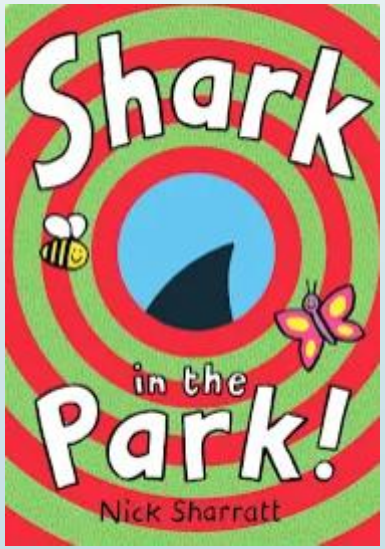
Geography

English

The children have already been learning a series of Nursery Rhymes and will soon be looking at the core text ‘Shark in the Park’.









- Retelling the story
- Acting out the story
- Ordering the story
- Changing the story to become authors themselves





capacity

123

numbers
1,2,3

weight

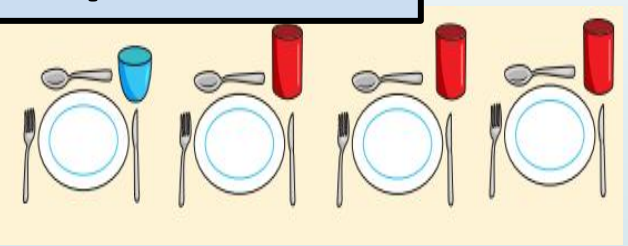


size



Maths

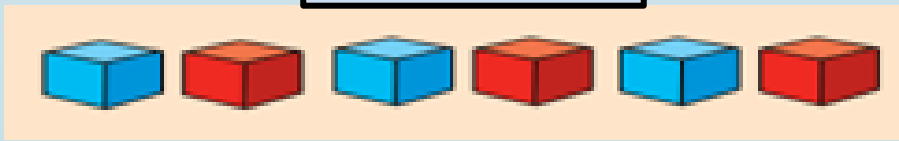
same/different





sorting

patterns



matching





Phonics

Phonics is at the core of the Reception Curriculum.

Phase 1

Developing speaking and listening skills.



Phase 2

Introducing phonemes and graphemes and developing blending and segmenting skills.

s	a	t	p
i	n	m	d
g	o	c	k

ck	e	u	r			
h	b	f	ff	l	ll	ss



Enunciation (schwaring)

Phonemes (sounds) should be articulated clearly and precisely.

a b c d e f g h i j

k l m n o p q r s t u

v w x y z

Tricky Words

In Phase 2 and Phase 3 the children are taught to read and spell Tricky Words.

Phase 2	Phase 3		
I	he	you	she
no	are	we	me
go	be	you	are
to	her	was	all
the	they	my	

Class Dojo

Every week the teachers will post videos of the new sounds the children have been learning so that you can practice at home.

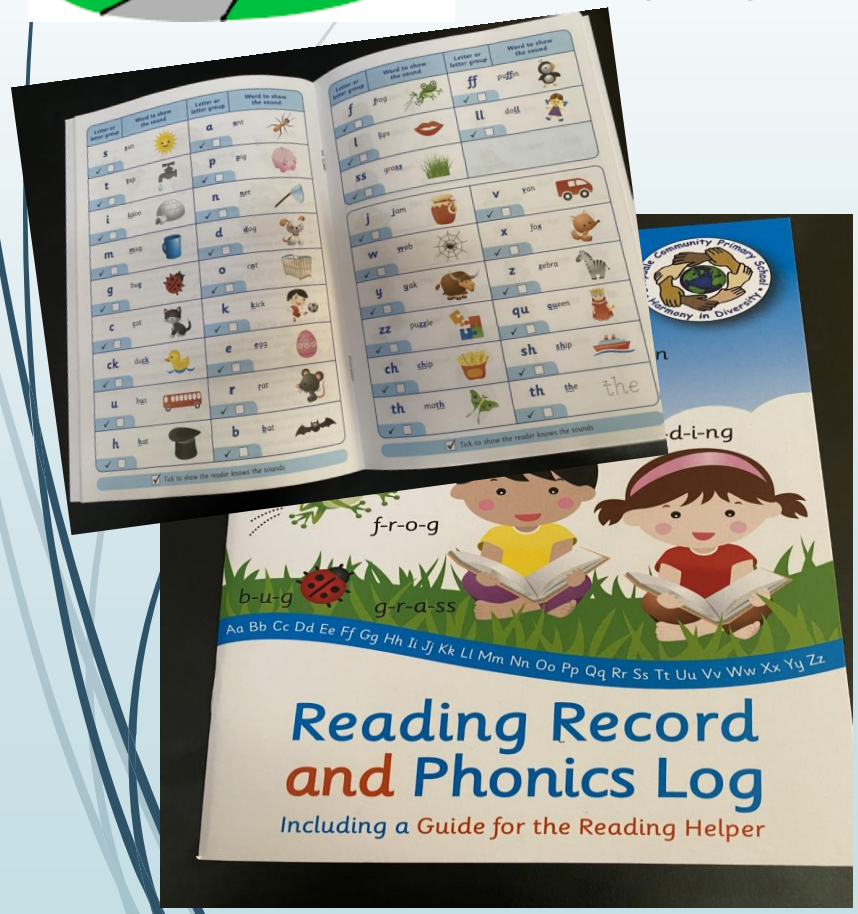


Very soon, you will receive a Red Rose Phonics sound mat that looks like this. Use this to practise the phonemes at home with your child.



Home Reading

At Deepdale the children have Reading Diaries and Reading books that closely match their phonic ability.

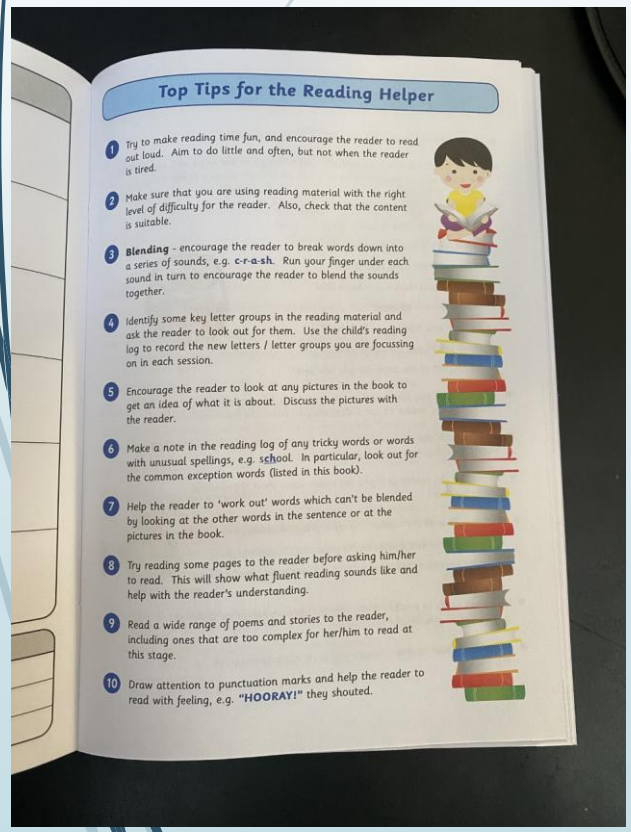


- First book to be sent home on **Friday**
- Lilac level – no words
- Books will be changed every Friday
- Reading Diaries and books are to come to school **every day** so that the teachers can also read with your children.

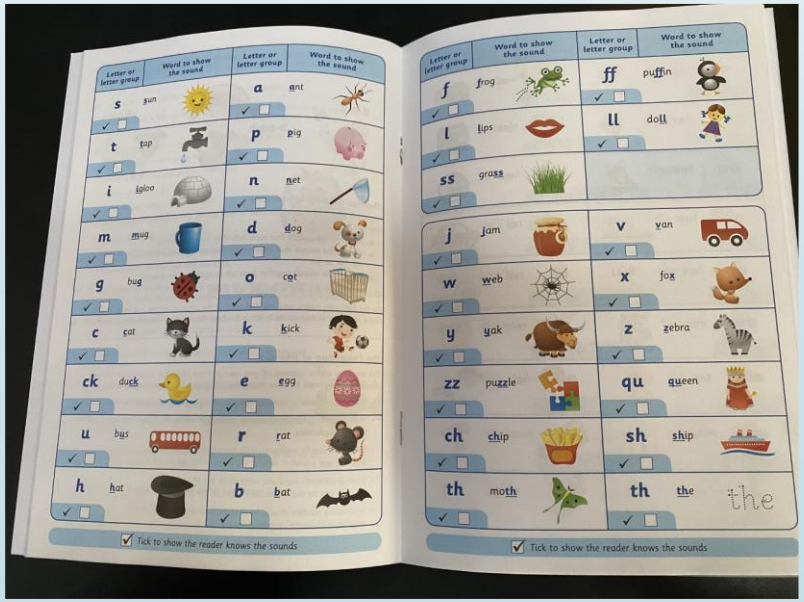


Home Reading

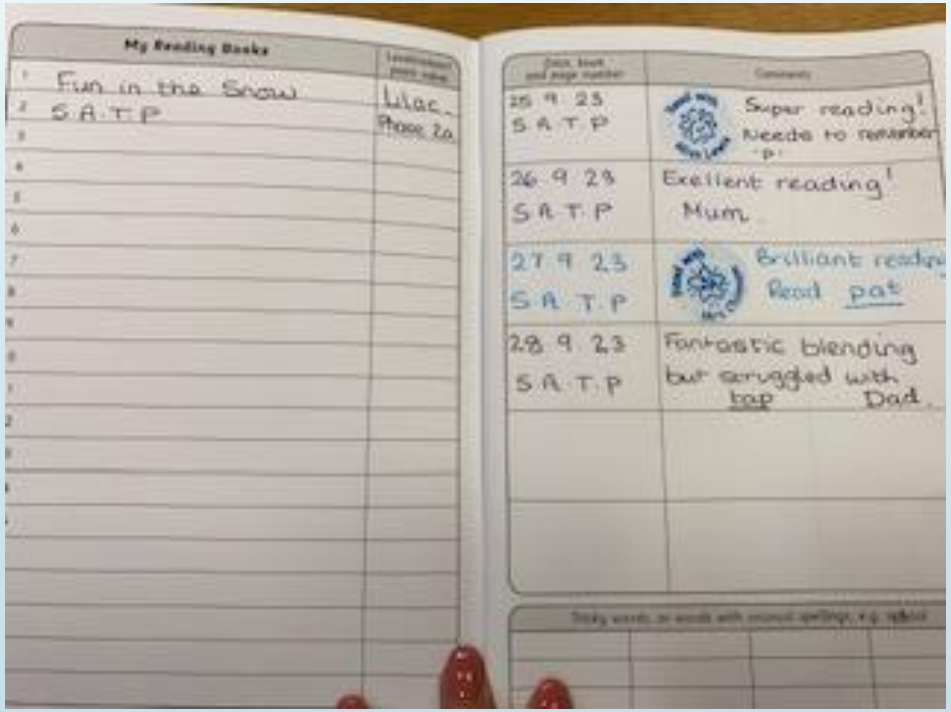
Useful reading ideas for parents



Phonics sounds and words



Parents to sign here each time they listen to their child read.





Reading Awards

At Deepdale, the children in Reception can work towards 3 different Reading awards for their home reading.

						6 stickers 
						12 stickers 
						18 stickers 

If the children read at home 3 x weekly they receive a sticker on their chart to work towards special reading awards

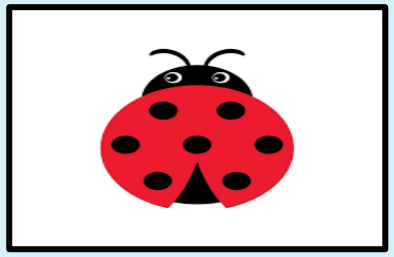
P.E Days

At Deepdale, children come dressed in their P.E kits on their P.E days.

Please ensure that the children have …

- Blue joggers/leggings
- Blue t-shirt
- School cardigan/jumper
- **Black** trainers
- **No earrings**
- Hair tied back

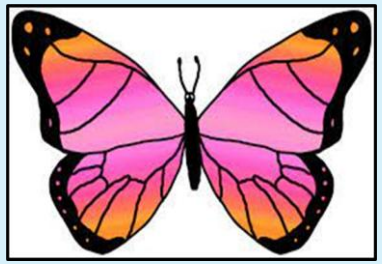
P.E Days



Wednesday morning
with Mr Mac



Thursday afternoon
with Mrs Briggs



Friday afternoon
with Mr Catlow

On the odd occasion the P.E days gets swapped the teachers will inform parents on Class Dojo.



Dinner Time

At Deepdale, all children in Reception are entitled to a free school meal.

If you would prefer, your child may wish to bring a packed lunch.

Choice 1	Quorn Pasta Bolognaise (v) **with** Homemade Crusty Bread & Broccoli Florets	Pork or Veggie Sausages & Onion Gravy **with** Creamed Potatoes Garden Peas & Carrot Batons	Roast Chicken Yorkshire Pudding & Gravy **with** Roast Potatoes Seasonal Cabbage & Carrot Batons	Traditional Cottage Pie **with** Mixed Vegetable Medley	Golden Crumb Omega 3 Fish Fingers **with** Oven Baked Chips or New Potatoes Garden Peas & Sweetcorn
Choice 2	Lancashire Cheese & Potato Pie (v) **with** Reduced Salt & Sugar Baked Beans	Loaded Veggie Stand & Stuff Taco (v) **with** Oven Baked Wedges & Salad Selection	Homemade Vegetable Curry (v) **with** Mixed Rice & Naan Bread	Tomato & Sweet Pepper Pasta (v) **with** Homemade Crusty Bread & Salad Selection	Homemade Pizza Margherita (v) **with** Oven Baked Chips or Pasta Salad Veggie Sticks & Dips





Fruit and Milk

The children will all receive a piece of fruit and a drink of milk during the school day.



snack



water bottle



Importance of teeth

Brushing teeth is very important, we are looking into a new scheme to help support this.



Morning and evening



Clean teeth

Importance of developing independence



Eating by themselves



Putting on their coat

Importance of developing independence



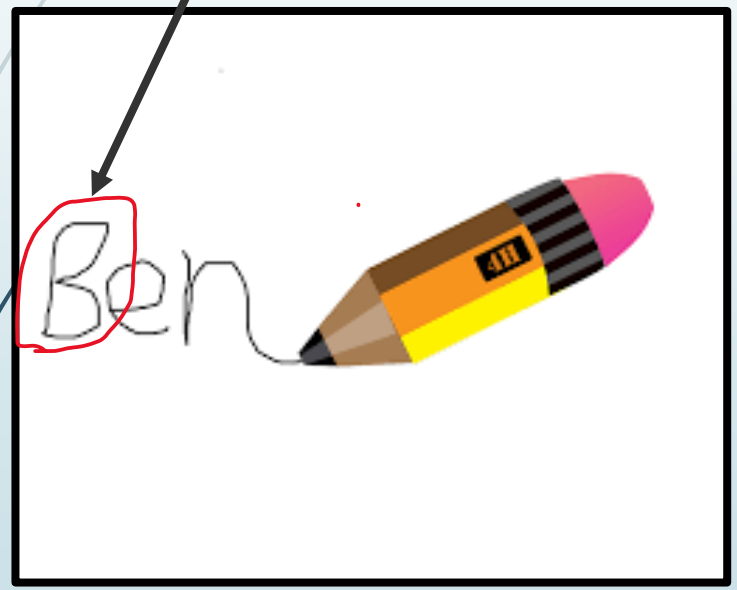
Going to the toilet by themselves



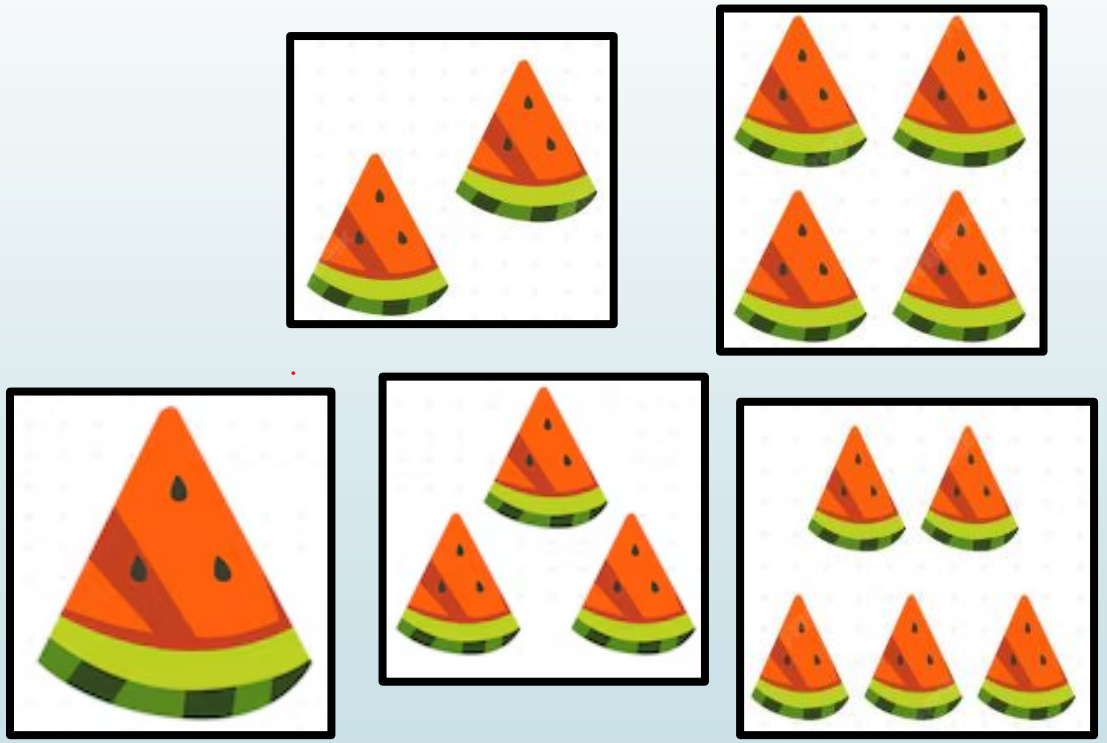
Washing their hands

Importance of developing independence

The first letter MUST ALWAYS be a capital letter



Writing their first name



Counting objects up to 5



Assessments

All children across the country who have started Reception, must take part in a statutory Government assessment called the Reception Baseline.

- **Early Mathematics**
- **Early Literacy, Communication and Language**
- **Practical/i-pad Games**
- **1:1 with the class teacher**



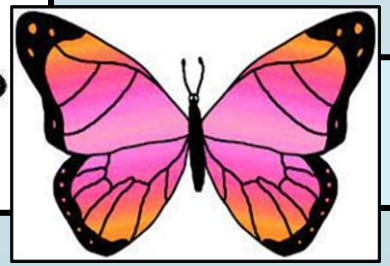
Start and End of the Day

- The teachers will be at the front red door to greet the children.
- The children will come into school on their own and hang their coats up.
- At the end of the day, parents will collect their children from the classroom doors.



Front Red Door





Playground



How can I help my child?

To support your child as they start their journey at school, there are a number of things that parents can do at home to help.

- **Read at home for 10 minutes a day.**
- **Practice Phonic sounds on a regular basis.**
- **Count objects around the house.**
- **Write their name.**

Deepdale Community Primary School

School Readiness

School Readiness

School can seem a big step for any family but being 'school ready' ensures that the children are well prepared to start school in a Reception class which makes the transition smoother.

In this booklet you will find some top tips and links to support you and your child on the journey to having a great start in the classroom.





Lancashire Readiness

Lancashire school readiness definition which is a locally agreed understanding of what being 'school ready' means.

Personal, Social and Emotional Development	Communication and Language	Physical Development
Children should be able to …		
• Leave their carer and happily come into school • Interact positively and appropriately with others • Listen when someone else is speaking • Talk about their feelings • Consider how others might be feeling • Play co-operatively with other children, taking turns and sharing • Talk with others to try and solve conflicts • Follow simple rules • Dress themselves independently • Go to the toilet independently • Show perseverance and determination when working on a task • Respect others' property and school resources	• Listen attentively for a short period of time • Use a wide range of vocabulary • Join in with stories, songs and rhymes • Talk about characters in a story • Understand a simple question and respond appropriately • Follow simple verbal instructions, for example, 'Put your coat on the hook' • Talk about their own needs, feelings and ideas • Know and talk about familiar people and places • Join in a short conversation	• Use small tools and equipment, for example scissors and a knife and fork • Put on and fasten a coat with a zip or buttons • Move confidently in a range of ways, for example, walk, run, jump, climb, crawl • Be independent and confident when moving and using equipment • Choose the right resources for an activity • Use a comfortable grip with good control when holding a pencil 

Deepdale Readiness

Going to the toilet





I can go to the toilet on my own, and flush.

I can wash and dry my hands without any help.

Getting dressed and undressed





I can button and unbutton my clothes.

I can put my own shoes and socks on.

I can put my own coat on and use a zip.

Eating





I can sit at a table.

I can use a knife and fork.

I can open my packed lunch on my own.

Literacy



I can recognise my own name.

I can hold a book and show an interest in stories.





Maths



I can join in with number rhymes and songs.

I enjoy practising counting objects.



How can you help you child be school ready

Top Tips!

Getting dressed	Putting on clothes is a tricky skill. It requires both big and small movements. Buttons and zips can be fiddly for small fingers . Shoes—Velcro or buckles are much easier to fasten shoes. Practise putting shoes on the correct feet. Draw half a smiley face inside each shoe—this can help with their left and right. School Uniform—A uniform that is easier to get on and off such as ones with elasticated waists. Practise putting it on (the right way round!) and taking it off before their first day. Be sure to plan extra time in the morning so that it is not a stressful rush.
Ready for lunch!	All children are entitled to a nutritionally balanced school meal in Reception, Year 1 and Year 2 free of charge. Children will need to feel confident eating independently, using a knife and fork and sat at a table. Get your child used to this by eating as a family at the table at home—practicing cutting up food and even get them to carry their own plate and clear it away.
Toilet Training	Toilet training requires time and patience. Give your child plenty of encouragement and praise when they are dry; don't get cross or let your child see your frustration when they have an accident. If they have an accident, change them in the bathroom. This helps them learn where they should be going. Encourage them to wash their hands if they are able to. Using (non-food) rewards can be helpful when toilet training—stickers work well!

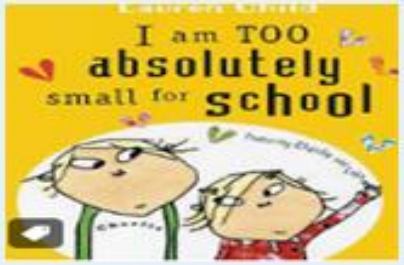
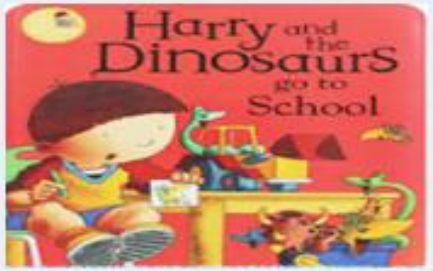
How can you help you child be school ready

Top Tips!

Staying healthy	Make sure your child is fit and healthy to attend school as much as possible. Remember to take them for their **MMR booster** and make sure that all their immunisations are up-to-date. Make sure your child knows when they need, and how to, wipe their own nose. Send them to school with a tissue to avoid snotty sleeves! Did you know that under 5s can have a free **NHS eye test**? Don't worry—they don't need to be able to recognise letters or read to have their eyes checked. It is important to find eye problems early as it can affect their development and education. To support you child to eat well, include a variety of fruits and vegetables—at least 5-a-day—make sure you often expose your little ones to new foods, and in different forms—raw or cooked, in sticks or in slices, on their own or as part of a meal. Try to incorporate a variety of textures too—smooth, lumpy and crunchy foods, as this will help your child to learn to like a range of different food. To help keep their bodies and teeth healthy, children should drink plain water or unflavoured milk. Children over one should drink from a cup or free-flowing beaker with a hard spout—no bottles!
Sleep	We all need sleep. Setting a healthy bedtime routine will help your child to feel ready and prepared to learn at school every day. Being tired affects behaviour and performance at school. Children aged three to six need roughly between 10-12 hours of sleep a night. So, for a child that wakes up at 7am, you should be aiming to be in bed, or at least ready for some quiet time, at around 7pm.

Books



The Colour Monster Goes to School By Anna Illenas	I Am Too Absolutely Small For School (Charlie and Lola) By Lauren Child	Mae's First Day of School By Kate Berube	Starting School By Janet and Allan Ahlberg	Harry and the Dinosaurs Go to School By Ian Whybrow
				
From music lessons, to lunchtime, to making new friends, the Colour Monster's first day of school is filled with exciting new adventures.	Starting school is the focus of this story with Charlie as the older brother helping Lola with her feelings about starting school.	This picture book acknowledges the anxiety that children might have about starting school, but reassures them that they're not the only one with such worries.	This book reassures children who are about to start school for the very first time. The colourful pictures and large, simple text make Starting School a great book to share.	Harry's not so sure he's going to like school, but the dinosaurs come to the rescue. The book shows just how much fun school can really be.

Websites



Getting ready to start school Some more ways you can give your child help and encouragement to help them be ready for school.
NHS website - Anxiety in children NHS, Separation Anxiety
PACEY website - Being school ready Professional Association for Childcare and Early Years (PACEY)
BBC Bitesize and CBeebies Activities, games and top tips around starting school.
What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf (foundationyears.org.uk) Parents' guide on what to expect in the Early Years Foundation Stage and when.
NHS Better Health Start for Life website Provides lots of simple tips and activities that you can slot into your routine and that children love.



Thank you for all your support.

