



Topic: Animals Including Humans

Spummer 1- Year 5

Describe the changes as humans develop to old age:

The journey of changes that take place throughout the life of a human including birth, growing up and reproduction.

birth to 12 months

Babies are learning who they are by how they are treated.















infancy

Rapid growth and development. Children learn to walk and talk.

childhood

Children learn new skills and become more independent.

adolescence

The body starts to change over a few years. The changes occur to enable reproduction during adulthood.

Much more independent.

middle adulthood

Ability to reproduce decreases.

There may be hair loss or hair may turn grey.

late adulthood

Leading a healthy lifestyle can help to slow down the decline in fitness and health which occurs during this stage.

early adulthood

The human body is at its peak of fitness and strength.

Key Vocabulary	
life cycle	The changes a living thing goes through, including reproduction.
adolescence	The social and emotional stage of development between childhood and adulthood.
puberty	The physical stage of development between childhood and adulthood.
adulthood	The stage of development when a human is fully grown and mature.
life expectancy	The length of time, on average, that a particular animal is expected to live.