



### **Topic: Hindu Dharma**

Key Question: Is there one journey or many?

**Autumn 1 Year 6** 

#### Samsara



Samsara is the circle of life.



Karma affects reincarnation.

# Death

Hindu's believe people are born, live and die. They are reincarnated and born again. Moksha

A Hindu's ultimate goal is to achieve Moksha. This is the freedom from the cycle of Samsara.

# Vocabulary you will know... Good or bad luck with results from how a Karma person has acted.



Reincarnation

## Vocabulary you will hear...



Ceremony, rites of passage, tradition, symbolises

## The Four Ashramas

Brahmacharya

Age

1 year to 25 years

Approximately

Bachelor,

of life

These are the 4 stages of life according to Hindus.

Grihastha



Sanyaas





student phase

Age 51 year to 75 years Approximately

> Retirement phase and handing over next generation.

76 year onwards

up material desires and prejudices. Wandering Ascetic

#### **Samskaras**

Hindus follow many rites and rituals and they use these to mark the important stages of life. They are known as Samskaras. There are 16 different samskaras.

Name	When	What happens
Upanayana (Sacred Thread)	Brachmacharya Stage	A ceremony for boys in some Hindu communities to confirm they are of an age to take on religious responsibility. The male participant's head is shaved for the ceremony, symbolising a cleansing from their old ways of living. New clothes are put on after bathing. Gifts and blessings from family and friends are often received.



# **Quiz Corner**

The rebirth of a soul in another body



- 1) What are the four stages of life known as according to Hindus?
- 2) Explain, briefly, what Hindus believe about the circle of life.
- 3) What is a Hindu's ultimate goal throughout life?
- What could affect reincarnation?
- 5) What are Samskaras?
- 6) Describe one of the Samskaras a Hindu celebrates.