

PE Curriculum Map



Year Group	Lesson	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
1	1	Ball Skills	Throwing & Catching	Fitness	Bat & Ball Skills	Athletics	Athletics
	2	Gymnastics (Flight)	Dance	Gymnastics (Rocking & Rolling)	Developing Partner Work	Gymnastics (Wide, Narrow, Curled)	Team Building
2	1	Throwing & Catching	Making Up Games	Fitness	Dribbling, Kicking & Hitting	Athletics	Athletics
	2	Gymnastics (Parts High & Low)	Dance	Gymnastics (Spinning, Turning, Twisting)	Group Games	Gymnastics (Linking Movements)	Team Building
3	1	Invasion	Invasion	Invasion	Net & Wall	Striking & Fielding	Athletics
	2	Gymnastics	Fitness	Gymnastics	Dance	Gymnastics	OAA
4	1	Invasion	Invasion	Dance	OAA	Striking & Fielding	Athletics
	2	Gymnastics	Fitness	Gymnastics	Net & Wall	Swimming	Swimming
5	1	Gymnastics	Fitness	Gymnastics	Net & Wall	Striking & Fielding	Athletics
	2	Invasion Games	Invasion & Target	Swimming	Swimming	Dance	OAA
6	1	Swimming	Swimming	Fitness	Net & Wall	Striking & Fielding	Athletics
	2	Invasion Games	Invasion & Target	Gymnastics	Dance	Gymnastics	OAA