

The Hangout Curriculum

PSHE – Jigsaw – PHSE Education Planning Framework for Pupils with SEND



Cycle 1					
Autumn Term		Spring Term		Summer Term	
Going to the Zoo		Our Country		The Great Outdoors	
Self-Awareness	Self-Care, Support and Safety	Managing Feelings	Healthy Lifestyles	The World I Live In	Changing and Growing
Things we are good at	Taking care of ourselves	Identifying and expressing feelings	Healthy eating	Respecting differences between people	Baby to adult
Kind and unkind behaviours	Keeping safe	Managing strong feelings	Taking care of physical health	Jobs people do	Changes at puberty
Playing and working together	Trust		Keeping well	Rules and laws	Dealing with touch
People who are special to us	Keeping safe online			Taking care of the environment	Different types of relationships
Getting on with us	Public and private			Belonging to a community	