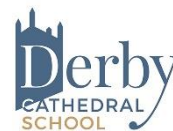


This Week at Derby Cathedral School

w/c 10 July 2023



In Psalm 24 Verse 1 it says:

"The earth is the Lord's, and everything in it, the world, and all who live in it."

For us at DCS this is a reminder that the world belongs to God and He has given it to us to look after.

Dear Parents/Carers

It's hard to believe that we've arrived at the last week of the school year!

We've continued to have many enrichment activities on offer over the past week. All year groups have thoroughly enjoyed their sports days and all year 9 students completed their Geography fieldwork trip. Not many schools are able to offer fieldwork for key stage 3 students and so we are really grateful to the geography department for enabling this activity. We're really looking forward to the enrichment days in the last week of term. Please do check your email to see uniform expectations for this week as it changes each day depending on the activity.

We know that the summer holidays can feel like quite a long time for families and can feel more difficult given the rise in the cost of living. This week's newsletter has lots of information about places to eat with big discounts (or for free!) for children as well as the Derby Holiday and Activity Fund. This is for families whose children receive free school meals and I would encourage all parents/carers to see what activities are on offer. One of these opportunities is at BabyPeople. This is the UK's only hip-hop school and they run fantastic fun sessions that our students always really enjoy. Please see the information later on in the newsletter for more details.

This week we also say goodbye to some staff who are moving on from us.

Mr Salter
Mrs Barlow
Miss Muir
Mr Miller
Mrs Muldoon
Mrs Marshall

We wish them all the best in their next ventures in life and thank them for all of their hard work and support for DCS over their time with us.

As a reminder, the new school year starts as follows:

Wednesday 6 September: 8.40am Year 7, 11 – students to be on site by 8.35am

Wednesday 6 September: 12.30pm - Year 12

Thursday 7 September: All year groups

I do hope that your children really enjoy all of the activities that are on offer in this last week of term. Please remember that Friday is an early finish of 12pm. All students will still have a hot 'brunch' meal before they leave.

I wish you all a good final week of the school year and many thanks for all of your support throughout.

Mrs Brown

Eco Greenhouse

We have our Eco Greenhouse!

From conception in November 2021 to this week, when the greenhouse was finally built, has been a long road – but what a fantastic result!

We had to collect almost 2,000 bottles, for which we thank those who brought them into school!

We needed to fundraise for the cost of the framework (thank you to The Babington Arms!) which was delivered to the school in May.

Next, all of the bottles had to be washed, have the labels removed, and cut down – a laborious process.

Finally, several members of the Derby Rotary Club came into school on Tuesday to work with a group of students to construct it. All worked very hard and our students behaved impeccably, as always. The Rotary Club team said that they found the school to be a delightful place to work and look forward to working with our students on future projects.

Needless to say – we don't need any more bottles!





Year 9 Geography Fieldwork

Year 9 students completed ecosystems fieldwork at Rosliston Forestry Centre. Rosliston Environmental Education staff showed students the importance and differences in soil, and how to identify plants and animals while habitat surveying as part of The GA #NationalFieldworkFortnight. Those that braved the rain even found out how to identify frogs from toads.





Holiday Activities & Food (HAF) Programme

The Holiday Activities & Food (HAF) Programme for Derby is now open for summer bookings.

The HAF programme offers a range of FREE clubs over the summer holidays for children and young people who are in receipt of benefits related free school meals.

Sessions are available right across the city and include a wide range of activities from sports to performing arts, and all sessions will include a free nutritious meal.

Parents and carers can view the providers and book onto sessions directly at the following link:

www.derby.gov.uk/derbyHAF

Summer Holiday Sessions at Baby People



A vibrant orange poster for 'Summer holiday sessions' at Baby People. The poster features a smiling sun icon, a sun with rays, a microphone, a paint palette, and a vinyl record. Text includes 'FREE ENTRY & FREE FOOD', 'Ages 10-16', 'For children on free school meals', 'From 7th August - 31st August', 'Every Monday, Tuesday, Wednesday & Thursday', contact information (email: office@babypeople.co.uk, phone: 01332203327), and a list of activities: Music, Singing, Rapping, Creative Art, Dance, and Games. The Baby People logo and address (3 Forman Street, Derby, DE1 1JQ) are at the bottom.

SUMMER
holiday sessions

FREE ENTRY & FREE FOOD

Ages 10-16

For children on free school meals

From 7th August - 31st August

Every Monday, Tuesday, Wednesday & Thursday

For more information about how to sign up please email-
office@babypeople.co.uk
or call- 01332203327

Music • Singing • Rapping • Creative Art • Dance • Games

All sessions will take place at Baby People
3 Forman Street
Derby
DE1 1JQ

baby people

Summer Holiday Sessions

Fusion Scape Limited is a local charity that provides growth and development initiatives for children, young people and families.

Images of the activities offered below. Please contact either them directly or school if you would like a consent form for your child to participate.

They are able to offer travel assistance for parents and carers who can't afford travel costs.

HAF Girls Basketball Training Camp Age 11 years +

Osmaston Park Moor
Lane Derby DE24 9HY

8th – 11th August
Time 10:00 – 14:00

Contact - 07535687740

projects@fusionscape.org

<https://www.fusionscape.org>

Only £5/day and bring a pack lunch

Free for children on free school meals



LightZone – HAF

ArtTeach, Dance, Gymnastics
Basketball, Kickboxing, & Music
Workshops Age 8 - 15

Date: 25th – 28th July
1st – 4th, 8th – 11th, 15th – 18th August 2023
Time: 10:00 - 14:00

Venue: Boulton Lane Park Community
Centre Derby DE24 0AS

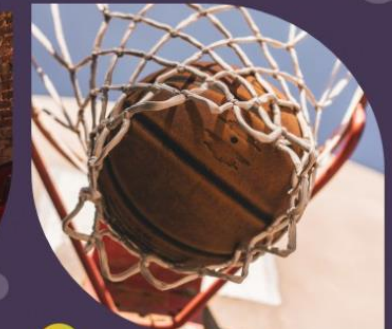
Contact : Tel: 07535687740

projects@fusionscape.org

<https://www.fusionscape.org>

£5/day and bring a pack lunch

Free for children on free school meals





FamilyHubDerby

Stronger families through support & friendship



Funded by
UK Government



Derby City Council

Community Action



What is Family Hubs?

Derby's Family Hub is here to help you find the right support at the right time for you and your family. We offer a range of activities, sessions, advice and support for families and young people aged from 0-19 years and up to 25 for SEND young people.

What is on Offer?

- Fun and interactive groups.
- Learn more about how your child develops during their 0-5 years.
- Infant feeding workshops, breastfeeding clubs, and support for new parents.
- Help with well-being, mental health, and parent-infant relationships.
- Support for children with special educational needs and their families.
- Dads, co-parents, and other care givers activities.
- Targeted youth support work for young people aged 11 to 19.
- Child and family health activities, healthy eating, oral health, and baby clinics.
- Support with managing finances and getting back into work or training.

The Family Hub directory is where you can search for many other services such as housing, school, and colleges as well as fun things to do in Derby.

There are strands in the Family Hub programme that we are focusing on, these include:

<https://www.derby.gov.uk/community-and-living/family-hub-childcare/family-hub/>



Arriva Bus Transport

Before school breaks up, Arriva would like to take this opportunity to inform students and parents and carers about the options available to support them in getting children to school safely. Arriva provides frequent and reliable bus services across Derby.

Please see information below to give students who travel to school on Arriva buses the opportunity to organise their bus travel for the next academic year.



Student & child Travel 2023-24

Arriva would like to take this opportunity to remind you about the options we have available to support students travelling to school on our bus services. Arriva Student Saver tickets not only provide your child with reduced priced bus travel on their journey to and from school, but they can also use their pass to travel in the evenings, at weekends and throughout all school term holidays.

You can spread the cost of our student saver tickets over affordable monthly payments with our easy-to-use direct debit scheme. It is simple to apply and there is no setup fee or minimum contract, which means you can cancel your direct debit and stop your ticket at any time should your circumstances change. This makes it the ideal way to get reduced price bus travel without paying upfront.

To arrange your Direct Debit and for further information please follow the link or scan the QR code below:



www.arrivabus.co.uk/monthlytickets

Child Saver tickets are valid for pupils up to and including year 11.
Student Saver tickets are available for anyone aged 16+ in full time education.

To ensure you get your ticket in time for the start of the new academic year, you can register now but set your payments to commence later in August. Once we have received your first payment, your ticket will be sent to you, so you won't need to worry about paying on the bus every time.

You can choose to receive your pass by post or if you download the Arriva UK bus app onto your child's phone, we can then send them an m-ticket.

For travel information including local maps and timetables please visit:

www.arrivabus.co.uk



Never lose your ticket again
Choose to have your ticket on your mobile phone with
the Arriva UK Bus app.

For further info, please email:

Studenttickets.ams@arriva.co.uk



Grantham Climate Art Prize 2023

TAKE PART IN PAINTING A GREENER, CLEANER, COOLER WORLD

The Grantham Climate Art Prize is a **competition** for those aged 11-25 to draw attention to the climate crisis and the need for urgent, positive action.

The Grantham Institute for Climate Change & Environment at Imperial College has identified 9 things that we can all do to help. With our launch partner, Octopus Energy, **we are asking young people aged 11-25 to design a mural to convey to your community what we all need to do.**

Three winning designs will be recreated by professional mural artists in three major cities. **Winners will receive a £500 prize, with 6 runners-up receiving £250.** Their work will also be shown on bus shelters, the tube network and billboards across London to reach politicians, decision makers and millions of people before the 2023 UN Climate Change Conference COP28 starts in November.

You must be 11-25 before the 15 September 2023 to take part.

To find out more visit octopus.energy/grantham-art-prize-2023



Grantham Climate Art Prize 2021 Winner Colin Li (14) from Glasgow

FREE Event – Meet the Blue Light Brigade

**Meet the
BLUE LIGHT BRIGADE**

29th July 2023
11:00 – 15:00
Market Place, Derby

Free bike and security marking

Bike Register
The National Cycle Database

A great family fun day out. Come and meet the emergency services,
Opportunities to meet officers from various departments
Off road bikes
Upright motorcycle safety team
St Johns ambulance
Sit inside the vehicles and try on uniforms
Recruitment stands
And many more exciting and interesting displays .

FREE Event

Derbyshire Fire and Rescue Service Prevention Team Logo Competition

LOGO DESIGN COMPETITION

We are asking pupils in Year 6 and Years 7-11 in Derby and Derbyshire to take part in a competition to design a Water Safety Partnership Logo.

The Derbyshire Water Safety Partnership is made up of various stakeholders including the Canal and River Trust, Severn Trent Water, Derbyshire Constabulary and the RNLI. The Partnership aims to maximise water safety, reduce cases of drowning and water related injuries through prevention, education and awareness. We are looking for a logo that embodies this message for us to use.

A winner and two runners up will be chosen by Mr and Mrs Ndlovu; the parents of Thando Ndlovu who sadly passed away in the River Trent in 2021 at the age of 15.

The prizes will include:

- A **seasonal parking permit** for use at Carsington, Tittesworth Water, Draycote Water, Linacre Reservoir and Shustoke.
- A Markeaton Park voucher booklets giving **access to the Mundy Play Centre where equipment includes bouncy castle, mini-golf and canoes** (age restrictions may apply).
- A **days' free cycle hire** for a family from the visitor's centre at Middleton Top, High Peak Trail
- A bug hotel from the environment agency
- A £25 Waterstones **gift card**.

The winner will also be **invited to their local fire station** for a tour of the station and meet and greet with the crew.

We hope that taking part in this competition over the summer will keep water safety at the forefront of people's minds.

All entries should be emailed to competition@derbys-fire.gov.uk.

Full terms and conditions as well as our privacy notice can be found on our website.

Kind Regards,

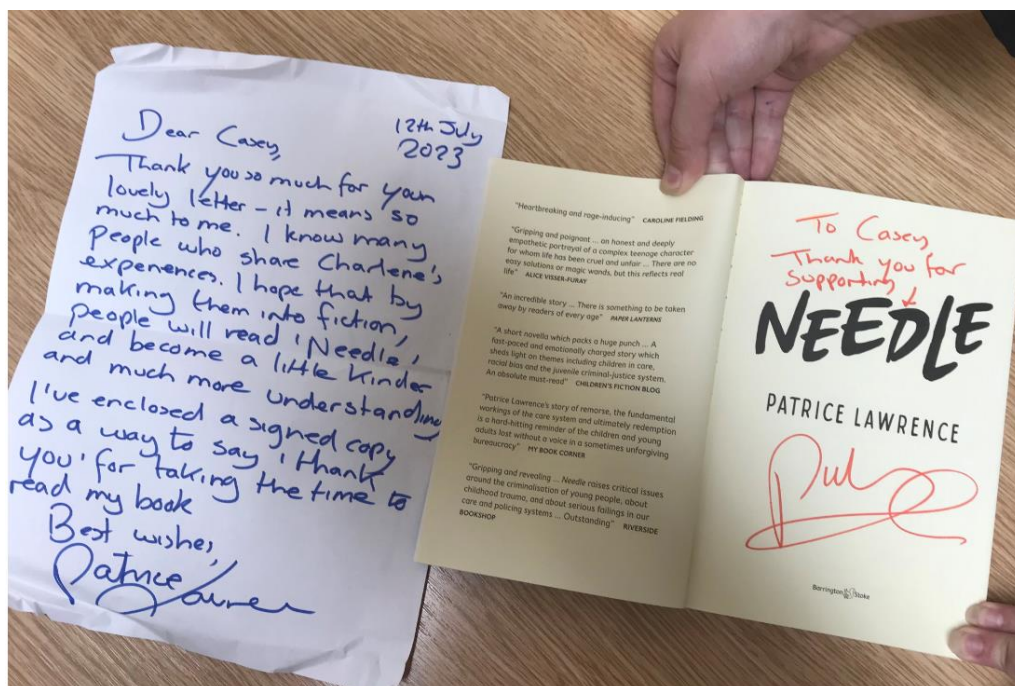
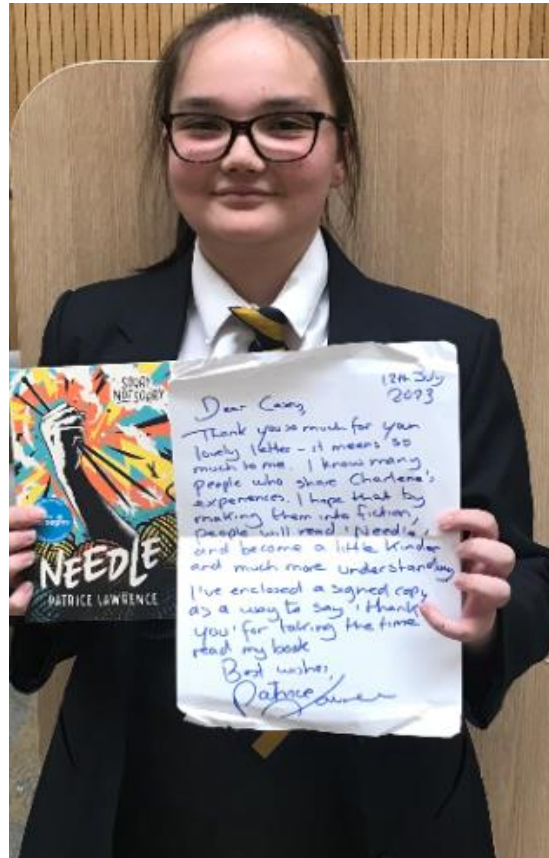


Author Letter

As part of the Carnegie Book Event, students were asked to write a letter to their favourite author.

Casey Smart (Year 8) wrote a letter to her favourite author, Patrice Lawrence, to let her know how much she enjoyed her book and how she related to the characters in it, and to her amazement, the author responded with a handwritten letter and a signed copy of the book!

Well done Casey!



Cheap Eats During Summer Holidays



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL

Keeping Safe in the Holidays

Safeguarding concerns

If you have any concerns related to safeguarding then please do contact either social services or the police. If you feel that a child is in immediate danger then call 999.

Derby City Children's Social Care First Contact Team: 9am to 5pm 01332 641172 or out of hours 01332 956606

You can also report non-urgent concerns online

https://myaccount.derby.gov.uk/en/service/report_concerns_about_a_child

If you believe that a child is at immediate risk and in need of protection then you should **call the police on 999 or if less urgent 101**.

Alternatively if you want advice from the police and the child is not in immediate need of protection, you can call them on 0845 123 33 33

You can also keep the safeguarding team informed of any concerns or issues. However, please note that they are not in work so should not be used to report safeguarding concerns to over the holidays. Please feel welcome to email just to keep them informed of any situations but be aware that they may not respond until school begins again on 17 April. safeguarding@derbycathedralschool.org.uk

The following helplines give support and advice on a number of issues including personal safety, mental health and well-being.

Childline: 0800 1111 www.childline.org.uk

NSPCC – 0800 028 3550 www.nspcc.org.uk

Samaritans – 116 123

Shout – www.giveusashout.org Text Shout to 85258 This is a text helpline for anyone feeling anxious, worried or stressed and needing to talk to someone about it.

Kooth – www.kooth.com This is an online counselling service for young people

Relate counselling – 0808 178 9363 (free helpline for couples, children and those affected by Autistic Spectrum Condition. Available: Monday, Tuesdays and Thursdays from 10.00am – 1.00pm. The helpline gives people the opportunity to speak directly to an experienced Relate trained counsellor, without having to make an appointment. For further information contact 01332 349177 or 07741193484 or email info@relatederby.org.uk www.relatederby.org.uk

Online Safety Parent Support www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/11-13s/

ChatHealth – For students aged 11-19 needing advice around emotional health, contact ChatHealth on 07507327104

Summer Holidays...what are they up to?

Vaping, energy drinks, cannabis , ketamine? Lots of children decide to start experimenting during the summer holidays.



Get easy to understand, relevant facts, so you can have an informed conversation with your child.

A one-off two hour online talk delivered by Jane Keyworth, Lead Facilitator at FACE (facefamilyadvice.co.uk) on Thursday 3rd August 2023 (6:30pm to 8:30pm)

Available to Book Now online



JULY 2023

Newsletter

EXTRA SUMMER SESSIONS

Thursday
20th July
18:00 - 20:00



Supporting a Child with ADHD

interactive session explaining what ADHD is and offering a range of interventions that can make lasting differences.

Thursday
27th July
18:30 - 20:30

Anxiety Explained

Whether it is your anxiety or your children's, what exactly is it and how do we manage it?

Thursday
3rd August
18:30 - 20:30



Drug Awareness talk for Parents

Cannabis, vaping, ketamine, energy drinks? How much do you know? what are the risks? Increase your knowledge and awareness of the issues.

Videos to rent for £5
Understanding the Teenage brain
Cannabis Awareness
Introduction to ADHD

Food Banks and 0-16yr old Clothes Banks

0-16 Clothes Bank – TOGS – Tel Anthea on 07989 117929.

TOGS is situated at 11-12 Friargate (opposite the Smith Partnership Offices) DE1 1BU.

Food Banks – Derby City Mission, 10 Normanton Road, Derby DE1 2GW.

Community Shop (no money needed) and Café on - Tuesday, Wednesday, Thursday 10am to midday.

Food Bank and Debt advice (no appointment needed):

Tuesday 10 to midday	St Peters Church, DE1 1NN
Wednesday 10am – midday	St. Augustine's Church, Normanton, DE23 8BP
Wednesday 10am – midday	West End Community Centre, Mackworth Road (next to Britannia Mill). DE22 3BL
Thursday 11am - 1pm	St Phillips Church, Taddington Road, Chaddesden, DE21 4JU
Thursday 11:30am – 1:30pm (2 nd and 4 th Thursday of the month only)	Osmaston/ Allenton Children's Centre, 60 Cockayne St N, Allenton, DE24 8XB
Thursday 10am – midday	Bramblebrook Community Centre, Stockbrook St, Derby, DE22 3WH

Derby Food 4 Thought Alliance – Tel 01332 346266 – Emergency Food Assistance

Derby City Life Links - Tel 0800 0322202

Springwater Charity Chellaston – Tel 07832 653255 / 07311 465841

Dates Ahead

For all key dates please see the calendar on the school website under the information tab:

<https://www.derbycathedralschool.org.uk/calendar>

Holiday & term dates

School closes for summer holiday: Friday 21 July (early lunchtime finish of 12pm)

Other Key Dates

Enrichment days: 19 – 21 July (different timetable for students)

The first day of the new school year:

Wednesday 6 September: 8.40am Year 7, 11

Wednesday 6 September: 12.30pm Year 12

Thursday 7 September: All year groups – normal start time of 8.40am. Students should be onsite by 8.35am at the latest.

The term dates for next academic year are now available on the school website on the 'Term Dates' page.