

This Week at Derby Cathedral School

wc 11 March 2024



Psalm 121 verses 1 & 2 says this:

“I lift up my eyes to the mountains— where does my help come from? My help comes from the Lord, the maker of heaven and earth.”

For us at DCS this is a challenge to ‘look up’ ... to ignore the distraction of our phones and social media ... to focus what is really important ... to look for help in all the right places.

Dear Parents/Carers,

A big thank you to all students, parents/carers and staff who supported our fundraising on Friday this week. This is a real reflection of our verse of the week where we ‘look up’ out of our own situations and focus on where our help comes from and how we can be a help and support to others.

We are also delighted to be able to use our wonderful building and sports resources to be able to support some community work over the Easter holidays. Some of our students see Jake each week for some mentoring sessions. His organisation: EFD is running an Easter Holiday Camp at DCS from Monday 8th April – Thursday 11th April. The spaces are funded and are free for children receiving Free School Meals, and only £20 per day for all other students. Please see the poster in the notices further on which also has details of how to book. The days run from 10 – 3pm and it would be great to see many of our students attend.

We are also running a great deal of year 11 intervention and booster sessions every day over the Easter holidays. There will also be space for students to come in and revise using the new GCSE Pod resource that we have bought for this year group. We will be sending out individual letters of invitation this week so please look out for those. We’re extremely grateful to our staff for giving up their holiday time to support our year 11 students and we would be very grateful in your support with ensuring your child attends the session they are invited to. GCSE exams are only 4 school weeks away and these Easter boost sessions made a big difference to our students last year.

Finally, don’t forget our school production this week - please do buy a ticket (via Parent pay) if you would like to come. See the article below for details of dates and times.

I wish you all a good week.

Yours faithfully,

Mrs Brown

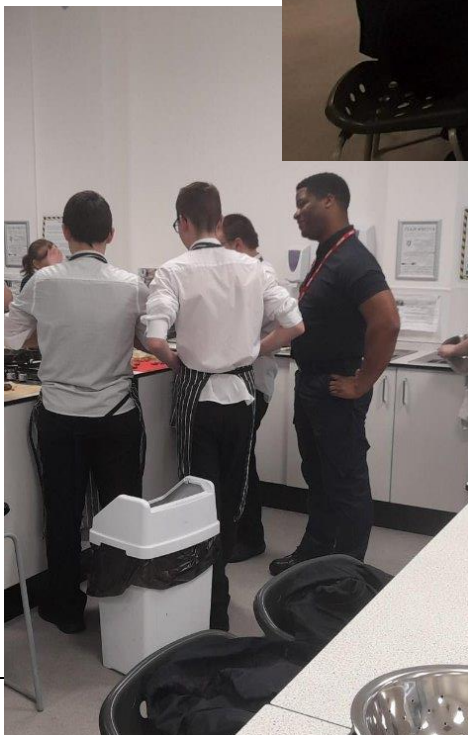
Royal Navy 'Ready Steady Cook'

On Thursday a group of year 10 and year 12 students participated in a fantastic experience with the Royal Navy.

The session started with a presentation about hospitality careers in the Navy and the skills and attributes it takes to become a Navy chef. Students then went on to complete a 'Ready, Steady, Cook!' activity where they worked in small groups to produce burgers, chips and salad and for dessert a sticky toffee pudding! All dishes were presented to a fantastic standard and the officers picked a winning team from both year 10 and 12!

All students conducted themselves impeccably and the two officers commented on how brilliant our students were. All students really loved the session and shook hands with the officers at the end. The officers have said they would love to come back to DCS again.

A big thank you to Miss Foulkes for running this session and to Miss O'Loughlin for sorting the logistics!





Sustrans Big Walk and Wheel



We are excited to be participating in the 15th year of Sustrans' Big Walk and Wheel, the UK's biggest inter-school active travel challenge.

Taking place 11th – 22nd March, the Sustrans Big Walk and Wheel initiative aims to inspire pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.

The event sees schools compete each day to make the most journeys by walking, wheeling, (non-electric) scooting and cycling to school, and each day the school gets enough students using active modes of transport to school, we will be entered into a draw to win prizes ranging from sports equipment to an exciting mountain bike show for students!

Not only does the event help reduce pollution around the school gates, but in recent years has helped parents to save £1.6 million in petrol costs during the fortnight.

Teachers find pupils who walk, wheel, scoot or cycle to school arrive more relaxed, alert and ready to start the day than those who travel by car.

Just under 2.7 million active journeys to 1,862 participating schools took place during the 2023 challenge, saving an estimated 1,890 tonnes of CO₂ emissions if the journeys logged had otherwise been made by car.

Since data collection for the challenge began in 2011, a staggering 23.9 million miles have been travelled by pupils taking over 15.9 million active travel journeys to school. That's around 200 trips to the moon, or over 1,900 journeys around the Earth, saving 12,700 tonnes of CO₂ polluting the air on the school run, from 31.7 million car journeys had the participants been driven to and from school.

What do you need to do?

Encourage your children to walk, use a wheelchair, (non-electric) scooter, or cycle to school on as many days as possible during the event.

Including everyone

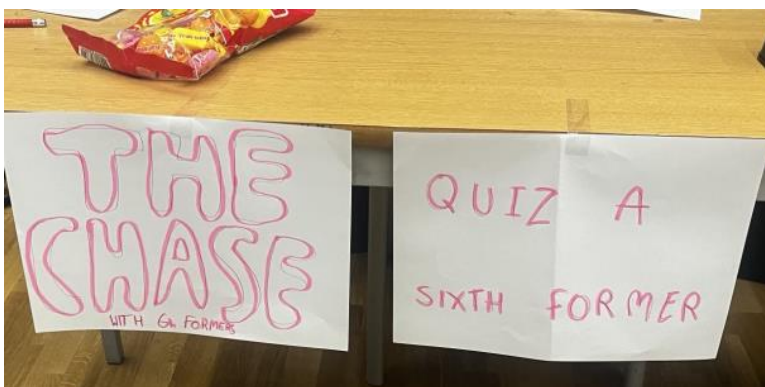
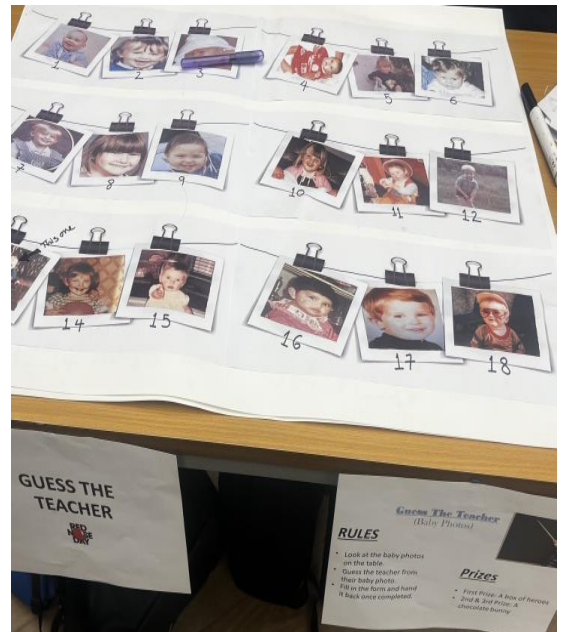
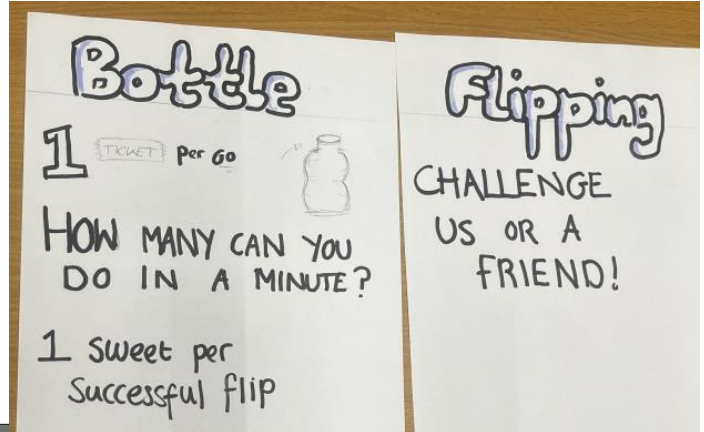
We want to make sure that everyone can get involved in Sustrans Big Walk and Wheel.

If your child doesn't have a bicycle, or has an old one that needs to be fixed up, please tell them to see Mr Turner at the Cycle Recycle club and he'll be happy to help!

Comic Relief Fundraising Fair

Our fundraising fair for Comic Relief raised a grand total of **£750!** This is a fantastic achievement and a huge well done to all tutor groups who supported this by running a stall or activity. It's great to see our students doing what they can to support others in need.

A big thank you too to Mr Saunders for leading this and to all tutors and staff who supported the event. Some of the brilliant stalls we had are pictured below!



Wizard of Oz

Don't forget to buy your tickets for our first full school production of The Wizard of Oz on 20th and 21st March at 6:30pm.

Our brilliant cast have been working extremely hard on learning their lines, practicing their songs and perfecting their choreography, alongside a dedicated group of student musicians practicing the score to perfection!

And the vast majority of our costumes and props have been lovingly hand-made by our very own Mrs Boyle using a minimum of 75% recycled fabrics and materials!

Tickets are now available to buy on ParentPay for £5.00 per adult and £3.50 concessions.



Meet the Archbishop of Canterbury!

Our Bishops (Bishop Libby & Bishop Malcolm) are delighted to extend an open invitation to our school families to meet the Archbishop of Canterbury, the Most Rev'd Justin Welby on Saturday 13 April at Crich Monument. The site will be open to the public from 11:45 am. Please feel free to bring a picnic!

For further details, see the Eventbrite link below. We encourage any parents/carers who wish to book, to do so directly via the link.

<https://www.eventbrite.co.uk/e/844631675077?aff=oddtcreator>

Word of the Week

Our 'word of the week' this week is: **Discrete**

Please do speak to your child/children about this word. Challenge them to use it in a sentence or explain its meaning to you. The information below will hopefully help!

Discrete means: (adjective) individually separate and distinct.

Etymology: The study of the origin (beginning) of words:

Late Middle English: from Latin *discretus* 'separate'; compare with discreet

'**Discrete in Spanish** – Discreto

Other similar words are:

Single
Separate
Detached
Unconnected

Examples of how to use Devote in a sentence are:

- Remember that a word can have several discrete meanings.
- The atoms in iron, in contrast, do not cluster into discrete molecules.
- Income for tax purposes was divided into discrete categories.

Performing Arts Workshops

Freedom Foundation is a local workshop run by the Becket Family Hub that works to improve the mental well-being and resilience of young people using Performing Arts.

They run a series of free workshops every Thursday at the Becket Family Hub and have invited Derby Cathedral School students to attend. These workshops are beneficial for any student who is interested in the performing arts, looking for more experience in the arts industry, struggling with mental wellbeing, looking for new opportunities, interested in music/song writing and wanting to have fun! They are limited to only 20 places from Derby Cathedral School so do get in touch with them if it is something your child may be interested in!



FREEDOM FACTORY SENIORS AGES 11-16

HIP-HOP STREET DANCE SINGING SONG WRITING

THURSDAYS STARTING 25.01.24 **4.30 - 6PM**

BECKET FAMILY HUB
35 Stockbrook St
DERBY
DE22 3WR

FREE EVENT

(TERM TIME ONLY)

JANUARY - MAY 2024

f freedomfoundationuk @freedomfoundation_uk freedomfdn_uk

FREEDOM FOUNDATION **BOOK TODAY 0115 993 2370**
info@freedomfoundationuk.org



FREEDOM FACTORY SENIORS



FREE EVENT

BOOK HERE

Derby City Council FREEDOM FOUNDATION Family111 Derby Community Action

f freedomfoundationuk @freedomfoundation_uk freedomfdn_uk

FREEDOM FOUNDATION **BOOK TODAY 0115 993 2370**
info@freedomfoundationuk.org

Saturday Workshops

We have been informed of a new Free Saturday workshop available for students ages 13 – 16. Please see poster below and attached, as well as the website at <https://saturday-club.org/subject/society-change/>

“From climate change and conflict to new technologies and taking action, at the Society & Change Saturday Club you will explore the forces that are shaping the world today and discover how young people have a voice to influence the future. Club members will find out about different cultures and life in other countries, including what it is like to be a young person in other parts of the world, and will also be introduced to a range of jobs and careers from foreign policy and diplomacy to journalistic reporting and international charity work.”

NATIONAL SATURDAY CLUB

Society & Change

I'M GOING TO
TALK ABOUT WHAT REALLY MATTERS

IT STARTS ON SATURDAY

Free local Saturday Clubs for 13–16 year olds

Find your Club
@natsatclub
saturday-club.org/join

Supported using public funding by
Department for Education | Lottery Funded | **ARTS COUNCIL ENGLAND**

EFD Easter Sports Club at DCS

We are really excited to present a new opportunity taking place at Derby Cathedral School over the Easter holiday!

EDF are a Sport and Education Company co-founded by current Premier League Footballer for Sheffield United Ben Osborn and Ex Nottingham Forest Player Jack Andrews. The company will be running Easter Holiday Camps at DCS from Monday 8th April – Thursday 11th April.

The spaces are funded and are FREE for children receiving Free School Meals, and only £20 per day for all other students. Please see poster below and attached.

EFD
SPORT & EDUCATION

Derby
CATHEDRAL
SCHOOL

ABOUT US

We are a Sport and Education Company
Co-Founded by **current Premier League Footballer for Sheffield United**, Ben Osborn
and **Ex Nottingham Forest Player**, Jack Andrews.

FUNDED EASTER HOLIDAY CAMPS

Monday 8th April- Thursday 11th April
Derby Cathedral School, Great Northern Rd, Derby DE1 1LR

**Does your child love nothing more than to play sports?
Come along to our Easter camps for action-packed days of
games, sports, and non-stop fun!**

10-3pm | Ages 11-16 yrs
Free for children receiving benefit related free school meals.

HOW TO BOOK?

For more information and to book, visit our [website](#) and
complete the form at the bottom of the page.
Alternatively, you can e-mail:
info@efdsportandeducation.co.uk

  ← Interested in finding out more about us? Click
on the Social Media logos and hit follow!

Cycle Derby Easter Holiday Activities

Only three weeks until the Easter Holidays and Cycle Derby have many activities for children wanting to have fun on two wheels! Please see information on images below and attached as well.

cyclederby
ACTIVITIES
EASTER 2024

Trackdays
Day Session at Derby Arena **9-16 Years**

You need:

- To be a competent cyclist
- Appropriate clothing
- A packed lunch & drink

2nd and 11th April **£35**
10am - 3pm



All activities must be booked in advance
To book call 07827 879647 or email cyclederby@derby.gov.uk

www.cyclederby.co.uk

Derby City Council

cyclederby
ACTIVITIES
EASTER 2024

Holiday Club **£25**
at Derby Arena **6-12 Years**

You need:

- Your own bike & helmet
- To be able to ride unaided
- Backpack with snacks & drink

30 minute skills and confidence session followed by a 120 minute ride

Wednesday 3rd April
10.30am - 1pm

New to two wheels
at Derby Arena **4-8 Years**

Mini cycling club for those new to two wheels! You will need:

- Your own bike, helmet and drink
- To be able to ride unaided

£10
Wednesday 3rd April
10am - 11am



All activities must be booked in advance
To book call 07827 879647 or email cyclederby@derby.gov.uk

www.cyclederby.co.uk

Derby City Council

cyclederby
ACTIVITIES
EASTER 2024

Holiday Club **£25**
Markeaton Park **6-12 Years**

You need:

- Your own bike & helmet
- To be able to ride unaided
- Backpack with snacks & drink

30 minute skills and confidence session followed by a 120 minute ride

Wednesday 10th April
10.30am - 1pm

New to two wheels
Markeaton Park **4-8 Years**

Mini cycling club for those new to two wheels! You will need:

- Your own bike, helmet and drink
- To be able to ride unaided

£10
Wednesday 10th April
10am - 11am



All activities must be booked in advance
To book call 07827 879647 or email cyclederby@derby.gov.uk

www.cyclederby.co.uk

Derby City Council

cyclederby
ACTIVITIES
EASTER 2024

Learn to Ride
at Markeaton Park

For children getting onto two wheels for the first time or those who have *almost* mastered it. Own bike preferred but not essential. **£20**

50 Minute Sessions available

3rd, 4th, 5th, 9th & 12th April 2024
10am, 11am, 12noon
1.30pm & 2.30pm



All activities must be booked in advance
To book sessions please email cyclederby@derby.gov.uk or call 07972 268171

www.cyclederby.co.uk

Derby City Council

Family Hub Programme: Jan – Mar 2024

Just a reminder that all information about the family hubs in Derby can be found here:

<https://www.derby.gov.uk/community-and-living/family-hub-childcare/family-hub/about-family-hub/family-hub-parents/#page-4>

The 'What's On' Guide can be found here:

<https://www.derby.gov.uk/media/derbycitycouncil/contentassets/documents/communityandliving/familyhubparents/family-hub-whats-on-jan-to-mar-2024.pdf>

The activities and support for 5 – 19 year olds starts on page 14.

Have a look through as there are some wonderful activities and places to go for all kinds of support all year round!

Here are some examples of the free activities on offer:

What's on for: 5 – 19 year olds

Premier Education | Age 11+



Activities such as fencing, handball, lacrosse, tchoukball as well as character building skills. Booking required, please contact James jjennison@premier-education.com or 07980276488.

Engineered Learning | 11 – 16s



Active Hands: Supporting Nature – Engineered Learning empowers you to achieve through engineering. Make friends whilst creating items in wood that support wildlife in our authentic workshop. Booking required please contact Carol Phillips carol@engineeredlearning.co.uk.

School holiday delivery:

Monday 1 April 2024

Tuesday 2 April 2024

Wednesday 3 April 2024

Wednesday 10 April 2024

Thursday 11 April 2024

Friday 12 April 2024

Derwent Workshop, Unit 8, Racecourse Industrial Estate, Mansfield Road, Derby DE21 4SX.

Tackle it! | For boys age 12-14



Tackle It is Derby County Community Trust's wellbeing programme (early-intervention) for young males aged 12-14 who are struggling with their mental wellbeing. The sessions aim to give participants a 'safe space' to chat, socialise and take part in fun activities. The aim is to keep a relaxed atmosphere where people can meet others who may be experiencing similar challenges. Tackle It is part of our wider Winning Minds project, supporting youth mental health and social action. Contact Morgan Stanley for more information - Morgan.stanley@dcct.co.uk or 07494 517324 or Matt Deacon matt.deacon@dcct.co.uk. No booking required, just turn up!

Mondays 6-7:30pm Osmaston Allenton

Tuesdays 6-7:30pm Derwent

Community One | 12-16s



GROWTH Programme – Sport, music, arts, social affairs, health, and wellbeing activities every week. No need to book – just turn up! Contact info@communityone.org.uk or 01332 891444.

Mondays 5-7pm Rosehill

Tuesdays 5-7pm Arboretum Park

GREAT Girls Hub | For girls age 12-17



The GREAT Hubs aims to support young females with their wellbeing. Sessions are based on the GREAT values of Gratitude, Resilience, Empathy, Authenticity, Teamwork. A GREAT session is one hour each week focusing on wellbeing for mind and body through lots of fun activities. Most importantly these sessions offer a place to come along and talk openly to other females in a community that is supportive, positive and compassionate to each other. **Contact Claire Clark for more information - Claire.clark@dcct.co.uk or 07783 283981.**

Mondays 4:45-6pm Osmaston Allenton

Tuesdays 4:45-5:45pm Derwent

Sporting Communities | 13 – 16's



Get involved in activities such as art, virtual reality (VR), sports, health, fitness, cooking and more. Sessions will be tailored around individual needs to support emotional health and well-being either one-to-one or in groups. For more information on how to get involved in the programme, **contact info@supportingcommunitiescio.co.uk or call 07841026335.**

Baby People | Music sessions | For 13-19 year olds

Music studio sessions covering MCing, singing and music production. No experience needed, come and learn some studio skills and improve your craft. Open for free to all young people aged between 13 and 19 years. **No booking needed, just turn up.**

Tuesdays 5-7pm Sinfin

Wednesdays 5-7pm Rosehill

Thursdays 5-7pm Derwent

Fridays 4:30-6:30pm Osmaston Allenton

Youth Matters | 14+



Get focused and fit with Youth Matters Boxing programme including pad work and circuit training. Supported and encouraged throughout the session by a Mentor as well as the Coach. **Booking required please contact Danny danny.youthmattersnewmills@gmail.com.**

Thursdays 4pm Derwent

Dates Ahead

Term Dates

Thursday 28 March: Break up for Easter holiday

Monday 15 April: Return to school

Friday 24 May: Break up for Summer half term

Monday 3 June : Return to school

Tuesday 23 July: Break up for Summer holiday (early finish for all students, exact time tbc)

INSET Days – School closed to all students

Friday 28th June

Parents Evenings

Tuesday 30 April: Year 7 Parents' evening (school ends at 2.15pm for all students)

Tuesday 25 June: Year 8 Parents' evening (school ends at 2.15pm for all students)

Other Key Dates

20 & 21 March: Wizard of Oz school production 7pm

Term and key dates can also be found on our calendar and terms dates sections on the school website.