# This Week at Derby Cathedral School

# w/c 17 July 2023



#### Hebrews 13:5

Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you."

Dear Parents/Carers,

Welcome to the final newsletter of the school year!

We certainly have finished the year on a high note with a whole range of different, interesting and fun activities for our students. Please do have a read of the newsletter to see a flavour of the activities they have been involved in this week. Our enrichment days have been a new venture this year and we are so delighted with how students responded and engaged with these. We certainly will be looking to repeat this type of experience next academic year.

During this week we have also had 50 Year 10 students go on the Battlefields trip to Belgium. This was such an emotional and thoughtful experience for them all. It is amazing to think that every day, at the Menin Gate, a remembrance service is conducted to think of all those who died in the World Wars. Our students were able to participate and lay a wreath along with the words from our new school prayer. They also were able to visit Bruges, a city in Belgium and experience the delights of a chocolate factory! A big thank you to Mr Adler and the staff team who took the students.

The PE staff also ran a rewards trip to Alton Towers for all those who have supported the school with sporting activities throughout the year.

All of these activities are so important for our students to experience. I am always so grateful to the staff team at DCS who really are very dedicated to providing opportunities for our community. However, my main reflection over the course of this year is how many times our students have been noticed and praised for their conduct and attitude by external people. Every single time we have taken students on a trip or had visitors in school, they have commented on how amazing our students are. We have been told many times that our students have been one of the best groups they have ever experienced. This really is very special. It shows us that our focus on our FAITH values really is making a difference. Our students know how to work and get on with others and how to demonstrate each value in their everyday lives. I am so very proud of them.

The newsletter is quite a full one this week as it contains a lot of information about activities and support for over the summer holidays. Please do have a read of these opportunities and I hope you find them useful.

I would like to thank you all for your care and support over the academic year. Just as our verse of the week reminds us that God will 'never leave or forsake us' our hope is that can see what a strong community we are building together that doesn't leave or forget anybody.

I hope and pray that you have a restful and happy summer.

We look forward to seeing our students back in September (please see dates section for times/dates of the first day back)

Take care

Mrs Brown

### **Sporting Success**

Across the past couple of weeks, Students within all year groups will have been participating in Sports Days, Interhouse Sport and City Sport events.

All years competed in Football, Netball and Athletics as part of the Sports Days. Participation within these events was extremely high and students demonstrated our school FAITH values impeccably.

We had some exceptional performances and new school records were achieved;

1500m: Jake Green (5m 34s) 1500m: Seren Bayuv (7m 31s) 800m: Hugo Dalziel (2m 41s) 400m: Shay Bonner (1.13.57) 100m: Tiarna Desmond Chambers (13.54)

The results from these events will be collated and points will be awarded to each individual house depending on where they placed in the year group.

#### **City Sports**

14 schools from Derby city competed in the city athletics event at Moorways on Wednesday 12th July. DCS had 4 full athletics teams for both boys and girls (82 athletes in total).

Our students competed against a strong field of athletes but we secured the following podium places in a variety of track and field events.

Name	Event	Position
Jamie Kinsey	Year 7 Boys Javelin	1 <sup>st</sup>
Lucy Rowcroft	Year 8 Girls 200m	1 <sup>st</sup>
Chibuike Madiwuagha	Year 7 Boys Long jump	1 <sup>st</sup>
Lily Jones	Year 9 Girls Javelin	1 <sup>st</sup>
Alexandra Kadri	Year 9 Girls High Jump	1 <sup>st</sup>
Shay Bonner	Year 10 Boys Triple jump	2 <sup>nd</sup>
Artin Azimi	Year 8 Boys 1500m	2 <sup>nd</sup>
Finlay Mullen	Year 9 Boys Javelin	2 <sup>nd</sup>
Jitragorn Locking	Year 7 Boys Shot put	2 <sup>nd</sup>
Lucas Manzano	Year 9 Boys 800m	3 <sup>rd</sup>

Well done DCS!!

Well done to all students who were involved and have a great summer!

# Y10 GCSE drama students perform at the Cathedral

Year 10 have been studying Bertolt Brecht's play The Caucasian Chalk Circle, which is their GCSE drama set text. The last scene is set in a court room, and so the students took this scene and used the space at the back of the Cathedral as their set. The grand look with the dark wood panels and lecterns, in the big and impressive space, really helped to bring the scene to life.

The scene focuses on the child, Michael, who was left behind by his mother (she was fleeing from a revolt and managed to take her expensive dresses with her, but not her child!) A servant girl, Grusha, saved Michael during the revolt and has brought him up. His biological mother now wants him back (she cannot access her estates without him). The judge devises the test of the chalk circle – a circle is drawn with chalk in the court room and Michael placed in the middle. The 2 'mothers' stand either side and hold Michael's hand. When the judge says "pull", the 2 women have to try and pull Michael out of the circle. During this test his biological mother wins, as Grusha can't bear to risk harming Michael. And so a decision is reached – Grusha is the rightful mother to Michael, for she is actually the most caring. This echoes the main message of the play – "that what there is shall go to those who are good for it".

The students did a really great job and stepped up to performing in such an inspiring venue, that really did give the final scene the gravitas it is worthy of.

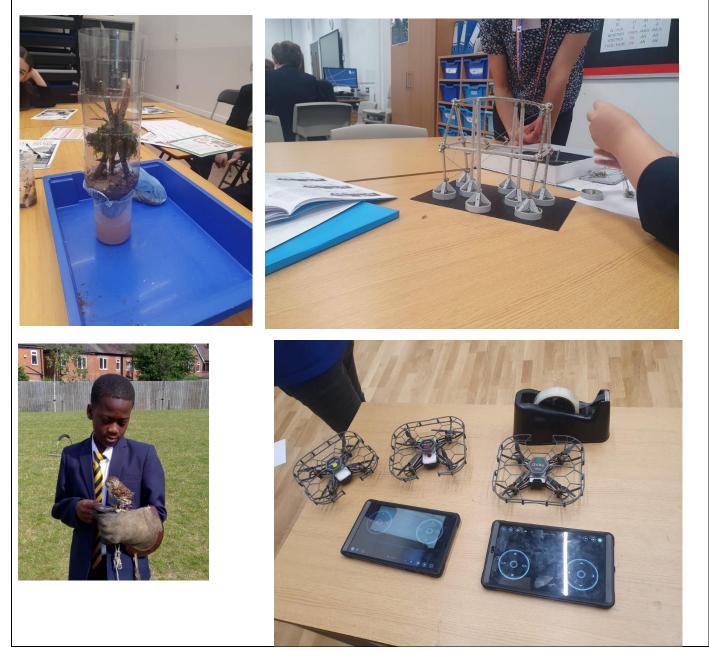




## **STEM Enrichment Day**

Our final two full days of the school year were a chance for students to take part in a variety of enrichment activities.

On Wednesday, all year groups experienced workshops based around the theme of STEM (science, technology, engineering and maths). The workshops were provided by over 40 external providers who very kindly gave up their time to come and deliver these sessions. These included a range of local and national employers as well as universities and other big organisations such as the army and the police. All of our providers are very keen to come back next year. They all commented on how impressed they were with the conduct and respect from all of the students they worked with. A huge well done to everyone and especially Mrs Spencer for coordinating and organising the day.







## **Culture Day**

On Thursday we celebrated 'culture day' at DCS. Many students and staff came dressed in clothes that represented their heritage and culture. It was fantastic to see so many amazing outfits. Students took part in different activities that helped them to experience different aspects of their culture and the heritage of Derby. These included: a trip to the Museum of Making, hearing from a Derby-born poet, following a cookery demonstration in Spanish, making Spanish tapas, creating Gaudi inspired mosaic art, participating in a dance workshop, watching a theatre production, having an inspirational talk from 'The Art of Brilliance' and getting creative with henna patterns.

Needless to say, it was another day where we saw our students participate in such a positive and interested way. We will definitely be having another culture day next year!

Please do talk to your child to hear all about the activities they experienced over these two days.

As part of the culture day, Year 8 had a range of experiences in dance, drama and music as part of the day's activities. In school, students got to see a recording of the National Theatre's production of Treasure Island, and experienced a workshop with a dancer from DEDA (Derby Dance). Students also went out of school and went to a recording studio (Dubrek). Here, they saw a live band perform and were allowed to ask questions about how the band got together and about how the recording studio worked. It was great to pack so much in for the students, and they hopefully found it an enjoyable and enriching experience at the end of the academic year!





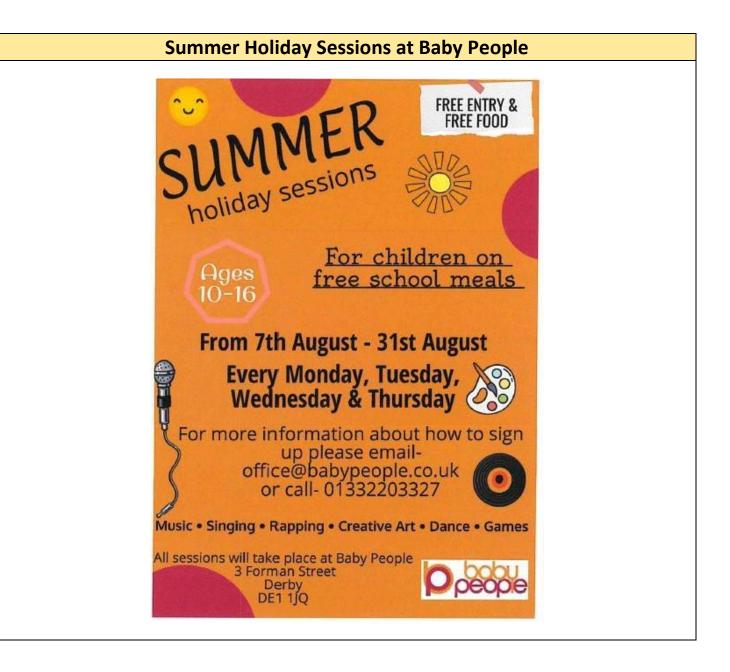
# Holiday Activities & Food (HAF) Programme

The Holiday Activities & Food (HAF) Programme for Derby is now open for summer bookings.

The HAF programme offers a range of FREE clubs over the summer holidays for children and young people who are in receipt of benefits related free school meals.

Sessions are available right across the city and include a wide range of activities from sports to performing arts, and all sessions will include a free nutritious meal.

Parents and carers can view the providers and book onto sessions directly at the following link: <u>www.derby.gov.uk/derbyHAF</u>



## **Summer Events at Derby West Indian Community Association**



# **Summer Holiday Sessions**

Fusion Scape Limited is a local charity that provides growth and development initiatives for children, young people and families.

Images of the activities offered below. Please contact either them directly or school if you would like a consent form for your child to participate.

They are able to offer travel assistance for parents and carers who can't afford travel costs.



# LightZone – HAF

ArtTeach, Dance, Gymnastics Basketball, Kickboxing, & Music Workshops Age 8 - 15

Date: 25<sup>th</sup> – 28<sup>th</sup> July 1<sup>st</sup> – 4<sup>th</sup> , 8<sup>th</sup> – 11<sup>th</sup> , 15<sup>th</sup> – 18<sup>th</sup> August 2023 Time: 10:00 - 14:00

#### Venue: Boulton Lane Park Community Centre Derby DE24 0AS

Contact : Tel: 07535687740 projects@fusionscape.org https://www.fusionscape.org £5/day and bring a pack lunch Free for children on free school meals





FUSIONSCAPE



Derby's Family Hub is here to help you find the right support at the right time for you and your family. We offer a range of activities, sessions, advice and support for families and young people aged from 0-19 years and up to 25 for SEND young people.

#### What is on Offer?

- Fun and interactive groups.
- Learn more about how your child develops during their 0-5 years.
- Infant feeding workshops, breastfeeding clubs, and support for new parents.
- Help with well-being, mental health, and parent-infant relationships.
- Support for children with special educational needs and their families.
- Dads, co-parents, and other care givers activities.
- Targeted youth support work for young people aged 11 to 19.
- Child and family health activities, healthy eating, oral health, and baby clinics.
- Support with managing finances and getting back into work or training.

The Family Hub directory is where you can search for many other services such as housing, school, and colleges as well as fun things to do in Derby.

There are strands in the Family Hub programme that we are focusing on, these include:

https://www.derby.gov.uk/community-and-living/family-hub-childcare/family-hub/



## **Grantham Climate Art Prize 2023**

TAKE PART IN PAINTING A GREENER, CLEANER, COOLER WORLD

The Grantham Climate Art Prize is a **competition** for those aged 11-25 to draw attention to the climate crisis and the need for urgent, positive action.

The Grantham Institute for Climate Change & Environment at Imperial College has identified 9 things that we can all do to help. With our launch partner, Octopus Energy, we are asking young people aged 11-25 to design a mural to convey to your community what we all need to do.

**Three winning designs** will be recreated by professional mural artists in three major cities. **Winners will receive a £500 prize, with 6 runners-up receiving £250.** Their work will also be shown on bus shelters, the tube network and billboards across London to reach politicians, decision makers and millions of people before the 2023 UN Climate Change Conference COP28 starts in November.

You must be 11-25 before the 15 September 2023 to take part.

To find out more visit octopus.energy/grantham-art-prize-2023



Grantham Climate Art Prize 2021 Winner Colin Li (14) from Glasgow

# **Derbyshire Fire and Rescue Service Prevention Team Logo Competition**

#### LOGO DESIGN COMPETITION

We are asking pupils in Year 6 and Years 7-11 in Derby and Derbyshire to take part in a competition to design a Water Safety Partnership Logo.

The Derbyshire Water Safety Partnership is made up of various stakeholders including the Canal and River Trust, Severn Trent Water, Derbyshire Constabulary and the RNLI. The Partnership aims to maximise water safety, reduce cases of drowning and water related injuries through prevention, education and awareness. We are looking for a logo that embodies this message for us to use.

A winner and two runners up will be chosen by Mr and Mrs Ndlovu; the parents of Thando Ndlovu who sadly passed away in the River Trent in 2021 at the age of 15.

The prizes will include:

- A seasonal parking permit for use at Carsington, Tittesworth Water, Draycote Water, Linacre Reservoir and Shustoke.
- A Markeaton Park voucher booklets giving access to the Mundy Play Centre where equipment includes bouncy castle, mini-golf and canoes (age restrictions may apply).
- A days' free cycle hire for a family from the visitor's centre at Middleton Top, High Peak Trail
- A bug hotel from the environment agency
- A £25 Waterstones gift card.

The winner will also be **invited to their local fire station** for a tour of the station and meet and greet with the crew.

We hope that taking part in this competition over the summer will keep water safety at the forefront of people's minds.

All entries should be emailed to competition@derbys-fire.gov.uk. Full terms and conditions as well as our privacy notice can be found on our website.

Kind Regards,



Derbyshire Fire & Rescue Service

## **Cheap Eats During Summer Holidays**



# PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

#### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

#### **TESCO**

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

#### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

#### **BEEFEATER & BREWERS FAYRE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

#### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

#### TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

#### **PREMIER INN**

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

#### IKEA

Kids get a meal from 95p daily from 11am

#### MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

#### **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

#### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

#### BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

#### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

#### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

#### SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

#### **FUTURE INNS**

Under 12's eat for free with any adult meal. During the school holidays

#### **PAUSA CAFE @ DUNELM**

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

#### YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED... M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL

# **Keeping Safe in the Holidays**

#### Safeguarding concerns

If you have any concerns related to safeguarding then please do contact either social services or the police. If you feel that a child is in immediate danger then call 999.

**Derby City Children's Social Care First Contact Team:** 9am to 5pm 01332 641172 or out of hours 01332 956606 You can also report non-urgent concerns online <u>https://myaccount.derby.gov.uk/en/service/report\_concerns\_about\_a\_child</u>

If you believe that a child is at immediate risk and in need of protection then you should **call the police on 999 or if less urgent 101**.

Alternatively if you want advice from the police and the child is not in immediate need of protection, you can call them on 0845 123 33 33

You can also keep the safeguarding team informed of any concerns or issues. However, please note that they are not in work so should not be used to report safeguarding concerns to over the holidays. Please feel welcome to email just to keep them informed of any situations but be aware that they may not respond until school begins again on 17 April. <u>safeguarding@derbycathedralschool.org.uk</u>

The following helplines give support and advice on a number of issues including personal safety, mental health and well-being.

Childline: 0800 1111 www.childline.org.uk

NSPCC - 0800 028 3550 <u>www.nspcc.org.uk</u>

**Samaritans** – 116 123

**Shout** – <u>www.giveusashout.org</u> Text Shout to 85258 This is a text helpline for anyone feeling anxious, worried or stressed and needing to talk to someone about it.

Kooth – <u>www.kooth.com</u> This is an online counselling service for young people

**Relate counselling** – 0808 178 9363 (free helpline for couples, children and those affected by Autistic Spectrum Condition. Available: Monday, Tuesdays and Thursdays from 10.00am – 1.00pm. The helpline gives people the opportunity to speak directly to an experienced Relate trained counsellor, without having to make an appointment. For further information contact 01332 349177 or 07741193484 or email info@relatederby.org.uk www.relatederby.org.uk

Online Safety Parent Support <u>www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/11-13s/</u>

**ChatHealth** – For students aged 11-19 needing advice around emotional health, contact ChatHealth on 07507327104

# Summer Holidays...what are they up to?

Vaping, energy drinks, cannabis , ketamine? Lots of children decide to start experimenting during the summer holidays.



Get easy to understand, relevant facts, so you can have an informed conversation with your child.

A one -off two hour online talk delivered by Jane Keyworth, Lead Facilitator at FACE (facefamilyadvice.co.uk) on Thursday 3rd August 2023 (6:30pm to 8:30pm)

Available to Book Now online

# **Keeping Safe in the Holidays**



# JULY 2023 Newsletter

# EXTRA SUMMER SESSIONS

Thursday 20th July 18:00 - 20:00



# Supporting a Child with ADHD

interactive session explaining what ADHD is and offering a range of interventions that can make lasting differences.

# Anxiety Explained

Thursday 27th July

18:30 - 20:30

Whether it is your anxiety or your children's, what exactly is it and how do we manage it?

Thursday 3rd August

18:30 - 20:30



# Drug Awareness talk for Parents

Cannabis, vaping, ketamine, energry drinks? How much do you know? what are the risks? Increase your knowledge and awareness of the issues.

Videos to rent for £5 Understanding the Teenage brain Cannabis Awareness Introduction to ADHD

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk

#### All parents have recently been e-mailed with information about the Derby Food 4 Thought Alliance School Uniform help scheme and an application for it. Please see posters with support available and use the application form attached in the e-mail if you would like to apply. Please also forward to any families you know who may be struggling and in need of assistance. DF4TA Uniform Drop, swap & pick up Think food EOOD Think support HOUGH Think change Are you struggling to access school uniform for your children? The Derby Food 4 Thought Alliance supports people in Free nearly new uniform support available via DF4TA Derby who are experiencing food insecurity, through food provision, signposting, support and advice. -0 DF4TA drop, swap & pick up will be open on: Friday 11th Aug 10am-12pm Need support? Friday 18th Aug 1pm-3pm If you need assistance please call 01332 346266 - we can provide Friday 25th Aug 1pm-3pm Friday 1st Sept 10am-12pm you with a range of support including an emergency food provision. at the Derbion Community Hub Place your school uniform opposite Iceland request via email: You can still bring unwanted uniform Want to donate? info@df4ta.onmicrosoft.com & pick up this years sizes Stating clearly We rely on food and monetary donations from businesses and Name, address and contact number individuals. For enquiries or to donate, please email us. each child's sizes for Jumpers/polo shirts/trousers/skirts/PEkit Interested in volunteering? We're always looking for volunteers to help with all kinds of tasks. Please note we will help as much as we For more information, please visit our website or email us. can dependant on donations received. Website: www.derbyfood4thoughtalliance.org.uk Email: info@df4ta.onmicrosoft.com The Derby Food 4 Thought Alliance is proud to be part of The Derby Community Hub - a multi-sector partnership, led by Community Action Derby. DF4TA is a registered charity (no. 1198665). Derby Food 4 Thought Alliance is a registered charity number 1198665. Registered office: 30 Charnwood St, DERBION Derby, DE1 2GU @DerbyFood4TA PDF4TA O @DF4TA https://w w.derbyfood4thoughtalliance.org.uk

**Derby Food 4 Thought Alliance School Uniform Help** 

# Food Banks and 0-16yr old Clothes Banks

0-16 Clothes Bank – TOGS – Tel Anthea on 07989 117929. TOGS is situated at 11-12 Friargate (opposite the Smith Partnership Offices) DE1 1BU.

Food Banks – Derby City Mission, 10 Normanton Road, Derby DE1 2GW.

Community Shop (no money needed) and Café on - Tuesday, Wednesday, Thursday 10am to midday.

Food Bank and Debt advice (no appointment needed):

Tuesday 10 to middaySt Peters Church, DE1 1NNWednesday 10am – middaySt. Augustine's Church, Normanton, DE23 8BPWednesday 10am – middayWest End Community Centre, Mackworth Road (next to Britannia Mill). DE22 3BLThursday 11am - 1pmSt Phillips Church, Taddington Road, Chaddesden, DE21 4JUThursday 11:30am – 1:30pmOsmaston/ Allenton Children's Centre, 60 Cockayne St N, Allenton, DE24 8XB(2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month only)Bramblebrook Community Centre, Stockbrook St, Derby, DE22 3WHDerby Food 4 Thought Alliance – Tel 01332 346266 – Emergency Food AssistanceDerby City Life Links - Tel 0800 0322202

Springwater Charity Chellaston – Tel 07832 653255 / 07311 465841

## **Dates Ahead**

For all key dates please see the calendar on the school website under the information tab: <u>https://www.derbycathedralschool.org.uk/calendar</u>

Holiday & term dates

School closes for summer holiday: Friday 21 July (early lunchtime finish of 12pm)

The first day of the new school year:

Wednesday 6 September: 8.40am Year 7, 11 Wednesday 6 September: 12.30pm Year 12 Thursday 7 September: All year groups – normal start time of 8.40am. Students should be onsite by 8.35am at the latest.

The term dates for next academic year are now available on the school website on the 'Term Dates' page.