This Week at Derby Cathedral School wc 18 March 2024



In 2 Corinthians 4:8-9, St Paul writes:

"We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed."

For us at DCS this is a valuable lesson, teaching us that even though life can be difficult, with God's help the tough times will not crush us.

Dear Parents/Carers,

This week saw our first ever full school production of The Wizard of Oz. The cast and crew worked extremely hard over the past two terms and created four amazing performances; two matinees for some of our students and our feeder primary schools and two evening performances. Thank you to all students, families and staff who came to see the production. Our students really did us and you, their families, proud. Those who performed showed great courage and confidence, really demonstrating our FAITH values of Aspiration and Tenacity. The crew behind the scenes did a great job in keeping the performances running smoothly, again demonstrating our FAITH values. We know that being part of the arts can also be a great experience and support for mental health and wellbeing and so it was fantastic to see this experience so well supported. A final thank you goes to the staff for their time and dedication, working so hard for our students. We're **elated** it all went so well (see below for the word of the week!)

This final week of the term finishes on Thursday. All students will experience an extended collective worship this week to focus on the message of Easter as well as celebrating their achievements in school. For Christians, Easter is a reminder of Jesus' death and resurrection. It's a reminder of new beginnings and brings hope when we might feel hopeless. Our Bible verse of the week gives us this same reminder. There is hope in a world that can often feel the opposite.

For parents/carers of year 11 students, you will have the information about the invites to the Easter revision sessions. We would really appreciate your support in ensuring your child attends these as they make such a difference. They are all now in their final four weeks before exams; please also see the email from Mr Emberley with details about the focus for this final week before Easter.

We're also looking forward to the Easter service at the Cathedral this week for our Year 7,9 and 12 students. The Cathedral hold many services over this period; please see their website for details of events over Easter: https://derbycathedral.org/

The following link shows all of their services:

https://derbycathedral.org/app/uploads/2024/02/SAMS-MARCH.pdf

Just a reminder to check the term dates at the end of this newsletter as well as all of the information about activities that are on offer for our students and families in Derby over the break and this term. We hope to see many of our students at the sports camp that we are hosting with our mentor Jake from EFD (8 – 11 April).

I wish you all a great week

Mrs Brown

Message from the Bishop of Derby

Dear Children, families, staff and governors:

Through the year the Diocesan Cycle of Prayer encourages us to hold in prayer every congregation and church school, every context, every colleague, and every community across our Diocese: today you are held in prayer.

I want to thank you for the many ways you demonstrate our diocesan values of generous faith, courageous hope, and life-giving love in your ministry as together we seek to be 'good news' of the Kingdom of God in our Diocese.

As you are held in prayer, may you know the grace and mercy of God.

Be assured of my continuing prayers, and not only today,

Yours in Christ,

The Rt Revd Libby Lane

Bishop of Derby

Staying Mentally Healthy During Exam Time

As we head towards the main exam time, it's worth revising how we can support young people at what can be a very stressful time.

Young Minds have a series of support pages aimed to help with exam stress and anxiety. Their advice is available to help parents and carers and, of course, young people themselves. You can find this helpful advice at the links below:

Parents

Young people

These links have also been added to our school website under Information – Exams and Performance.

National Crimebeat Awards

The White Ribbon Campaign is a project brought to Derbyshire's attention in late 2023 and 8 young men from all around Derby, including one of our own Year 12 students, saw this issue and its importance and decided to produce a video and presentation shown to all schools in Derby.

From Kaleb Daborn (Y12):

"The White Ribbon campaign aims to end violence against women and girls through encouraging young men to stand up, speak out and change the story. This campaign allowed me to not only educate myself but also assist in a topic I am passionate about. The group had full creative control and developed my communication and film making skills. Seeing the final video being created in a small timeframe (2 months) fostered a sense of pride and happiness that a topic of such importance was being put to the forefront of Derby. We have come 3rd at the National Crimebeat Awards and were awarded the High Sheriff's Association award. We were able to experience the ceremony as well as doing a presentation about our issue in front of High Sheriffs from each county that attended."

Incredible well-done to Kaleb and the other young men that participated in this campaign! What an incredible achievement and an important cause to raise awareness of!



University of Derby visit

On Friday 15th March a group of 12 students attended the Derbyshire Schools Book Award held at the University of Derby to celebrate a shared love of reading.

The DSBA is in its ninth year of recognising and promoting the year's most promising teenage fiction titles which are voted for by the young people from schools across Derbyshire.

Eleven schools participated in an afternoon's fun-filled programme of activities around the short-listed titles and the award itself, including quizzes, presentations and a talk from a previous year's winning author. After a suitable build-up of suspense, the winner was announced as *Always, Clementine* by Carlie Sorosiak who accepted her award by video link as she is the mum of a very new baby – congratulations to Carlie for both achievements!

Our students behaved impeccably and were keen to go back next year with our own presentation of one of the short-listed titles. Just being at the University was inspiring for those who were there for the first time; lots of questions were asked about University life and appreciation expressed for the warm and welcoming feel of the Kedleston Road campus. A big thank you to all involved for a most rewarding afternoon!

Ms Christie LRC Manager



Wizard of Oz

Thank you so much to all the parents, carers, families, friends, students and staff that came to support our school production of Wizard of Oz! The students did an incredible job and we were all extremely proud of everyone that worked together to make this production happen!

Please see our article on Derbyshire Times about the production below including some reflections from the cast and staff who put on the show!

https://www.derbyshiretimes.co.uk/education/a-yellow-brick-road-leads-to-emerald-city-at-a-derby-school-4569069



Meet the Archbishop of Canterbury!

Our Bishops (Bishop Libby & Bishop Malcolm) are delighted to extend an open invitation to our school families to meet the Archbishop of Canterbury, the Most Rev'd Justin Welby on Saturday 13 April at Crich Monument. The site will be open to the public from 11:45 am. Please feel free to bring a picnic!

For further details, see the Eventbrite link below. We encourage any parents/carers who wish to book, to do so directly via the link.

https://www.eventbrite.co.uk/e/844631675077?aff=oddtdtcreator

Word of the Week

Our 'word of the week' this week is: **Elated**

Please do speak to your child/children about this word. Challenge them to use it in a sentence or explain its meaning to you. The information below will hopefully help!

Elated means: Full of high-spirited delight.

Etymology: The study of the origin (beginning) of words:

Late Middle English (as an adjective): from Latin *elat-* 'raised', from the verb *effere*, from *ex-* 'out, from' + *ferre* 'to bear'. The verb dates from the late 16th century.

'Elated' in Spanish - Eufórico

Other similar words are:

Delighted

Ecstatic

Enchanted

Excited

Examples of how to use Devote in a sentence are:

- Thousands of **elated** fans crowded the streets.
- **Elated** by her success, she rushed to phone her mother.
- Dozens of **elated** fans welcomes the champions home.
- After the concert, I felt elated.

Performing Arts Workshops

Freedom Foundation is a local workshop run by the Becket Family Hub that works to improve the mental well-being and resilience of young people using Performing Arts.

They run a series of free workshops every Thursday at the Becket Family Hub and have invited Derby Cathedral School students to attend. These workshops are beneficial for any student who is interested in the performing arts, looking for more experience in the arts industry, struggling with mental wellbeing, looking for new opportunities, interested in music/song writing and wanting to have fun! They are limited to only 20 places from Derby Cathedral School so do get in touch with them if it is something your child may be interested in!





Saturday Workshops

We have been informed of a new Free Saturday workshop available for students ages 13 – 16. Please see poster below and attached, as well as the website at https://saturday-club.org/subject/society-change/

"From climate change and conflict to new technologies and taking action, at the Society & Change Saturday Club you will explore the forces that are shaping the world today and discover how young people have a voice to influence the future. Club members will find out about different cultures and life in other countries, including what it is like to be a young person in other parts of the world, and will also be introduced to a range of jobs and careers from foreign policy and diplomacy to journalistic reporting and international charity work."



EFD Easter Sports Club at DCS

We are really excited to present a new opportunity taking place at Derby Cathedral School over the Easter holiday!

EDF are a Sport and Education Company co-founded by current Premier League Footballer for Sheffield United Ben Osborn and Ex Nottingham Forest Player Jack Andrews. The company will be running Easter Holiday Camps at DCS from Monday 8th April – Thursday 11th April.

The spaces are funded and are FREE for children receiving Free School Meals, and only £20 per day for all other students. Please see poster below and attached.



Cycle Derby Easter Holiday Activities

Only three weeks until the Easter Holidays and Cycle Derby have many activities for children wanting to have fun on two wheels! Please see information on images below and attached as well.









Family Hub Programme: Jan - Mar 2024

Just a reminder that all information about the family hubs in Derby can be found here:

https://www.derby.gov.uk/community-and-living/family-hub-childcare/family-hub/about-family-hub/family-hub-parents/#page-4

The 'What's On' Guide can be found here:

https://www.derby.gov.uk/media/derbycitycouncil/contentassets/documents/communityandliving/familyhubpar ents/family-hub-whats-on-jan-to-mar-2024.pdf

The activities and support for 5 - 19 year olds starts on page 14.

Have a look through as there are some wonderful activities and places to go for all kinds of support all year round!

Here are some examples of the free activities on offer:

What's on for: 5 - 19 year olds

Premier Education | Age 11+



Activities such as fencing, handball, lacrosse, tchoukball as well as character building skills. Booking required, please contact James jjennison@premier-education.com or 07980276488.

Engineered Learning | 11 - 16s



Active Hands: Supporting Nature – Engineered Learning empowers you to achieve through engineering. Make friends whilst creating items in wood that support wildlife in our authentic workshop. **Booking required please contact Carol Phillips carol@engineeredlearning.co.uk.**

School holiday delivery:

Monday 1 April 2024 Tuesday 2 April 2024 Wednesday 3 April 2024 Wednesday 10 April 2024 Thursday 11 April 2024 Friday 12 April 2024

Derwent Workshop, Unit 8, Racecourse Industrial Estate, Mansfield Road, Derby DE21 4SX.

Tackle it! | For boys age 12-14



Tackle It is Derby County Community Trust's wellbeing programme (early-intervention) for young males aged 12-14 who are struggling with their mental wellbeing. The sessions aim to give participants a 'safe space' to chat, socialise and take part in fun activities. The aim is to keep a relaxed atmosphere where people can meet others who may be experiencing similar challenges. Tackle It is part of our wider Winning Minds project, supporting youth mental health and social action. Contact Morgan Stanley for more information - Morgan.stanley@dcct.co.uk or 07494 517324 or Matt Deacon matt.deacon@dcct.co.uk. No booking required, just turn up!

Mondays 6–7:30pm Osmaston Allenton

Tuesdays 6-7:30pm Derwent

Community One | 12-16s



GROWTH Programme – Sport, music, arts, social affairs, health, and wellbeing activities every week. No need to book – just turn up! **Contact info@communityone.org.uk or 01332 891444.**

Mondays 5-7pm Rosehill

Tuesdays 5-7pm Arboretum Park

GREAT Girls Hub | For girls age 12-17



The GREAT Hubs aims to support young females with their wellbeing. Sessions are based on the GREAT values of Gratitude, Resilience, Empathy, Authenticity, Teamwork. A GREAT session is one hour each week focusing on wellbeing for mind and body through lots of fun activities. Most importantly these sessions offer a place to come along and talk openly to other females in a community that is supportive, positive and compassionate to each other. Contact Claire Clark for more information - Claire.clark@dcct.co.uk or 07783 283981.

Mondays 4:45–6pm Osmaston Allenton

Tuesdays 4:45-5:45pm Derwent

Sporting Communities | 13 - 16's



Get involved in activities such as art, virtual reality (VR), sports, health, fitness, cooking and more. Sessions will be tailored around individual needs to support emotional health and well-being either one-to-one or in groups. For more information on how to get involved in the programme, contact info@supportingcommunitiescio.co.uk or call 07841026335.

Baby People | Music sessions | For 13-19 year olds

Music studio sessions covering MCing, singing and music production. No experience needed, come and learn some studio skills and improve your craft. Open for free to all young people aged between 13 and 19 years. **No booking needed, just turn up.**

Tuesdays5-7pmSinfinWednesdays5-7pmRosehillThursdays5-7pmDerwent

Fridays 4:30-6:30pm Osmaston Allenton

Youth Matters | 14+



Get focused and fit with Youth Matters Boxing programme including pad work and circuit training. Supported and encouraged throughout the session by a Mentor as well as the Coach. Booking required please contact Danny danny.youthmattersnewmills@gmail.com.

Thursdays 4pm Derwent

Dates Ahead

Term Dates

Thursday 28 March: Break up for Easter holiday

Monday 15 April: Return to school

Friday 24 May: Break up for Summer half term

Monday 3 June: Return to school

Tuesday 23 July: Break up for Summer holiday (early finish for all students, exact time tbc)

INSET Days – School closed to all students

Friday 28th June

Parents Evenings

Tuesday 30 April: Year 7 Parents' evening (school ends at 2.15pm for all students) Tuesday 25 June: Year 8 Parents' evening (school ends at 2.15pm for all students)

Other Key Dates

Wednesday 8 May: GCSE written exams start

Term and key dates can also be found on our calendar and terms dates sections on the school website.