

This Week at Derby Cathedral School

wc 22 January 2024



Proverbs 3: 21-23 says:

“ ... do not let wisdom and understanding out of your sight, preserve sound judgment and discretion; they will be life for you ... Then you will go on your way in safety, and your foot will not stumble.”

This is a reminder for us at DCS that life is a journey and keeping safe requires wisdom, understanding and making good decisions.

Dear Parents/Carers,

This week had a fabulous finale on Friday with a social action event provided by year 10.

We know that times are not always easy for families currently and so it's even more impressive seeing our students spend time and energy thinking of others. As a year group they have identified Cancer Research as their chosen charity. The students had to devise their own ways to fundraise. It was a great sign of our FAITH value: Fellowship, that they pooled their resources together and decided to put on a fundraising fair over lunchtimes for the rest of the school. All students have also been greatly inspired by Mrs Young's pledge to shave her head if they raise £1500. Please do read the article to see whether they managed to meet this target. There are also lots of pictures of some of the activities provided by each year 10 tutor group. I would like to say a huge thank you to all students along with their tutors, Mr Blackwood and Miss Nicholson. They have worked together in such a positive way in order to reach out and help others who have a really difficult experience in life. It's great to see our FAITH values in action.

If you also feel strongly about social action projects or would like to do your bit to help others then please do look at the article about being a 'Good neighbour'. This is a new initiative in Derby and aims to help communities support each other.

Being part of a community is known to help improve our own health and wellbeing. There is a great deal going on in Derby that is easy to take part in. Next month sees the launch of the Derby Book Festival; again, please do have a read at our related article. The writing competition launch applies to both children and adults so do have a go if you've always enjoyed writing.

Our Bible verse of the week highlights the need for wisdom and sound judgement in our lives. Making decisions about how we spend our time and how we treat others is so important. I'm so proud of our students who demonstrate these qualities as they are growing and developing into their communities to be such a positive presence.

I hop you all have a lovely week.

Yours faithfully

Mrs Brown

Year 10 Charity Fundraising

This week, it was the turn of year 10 to raise money for their chosen year group charity. Each tutor group decided to run their own charity stall as part of a big charity event for the whole school.

Over both lunchtimes, the main hall was alive with the buzz of fun, food and activity! Students bought plenty of raffle tickets that gave them the chance to buy home made goodies, play games, solve puzzles, take chances on winning and enter raffles.

The atmosphere was incredible! What a fabulous experience for everyone; they year 10 students showed great maturity and responsibility in leading activities and the other year groups had great fun taking part.

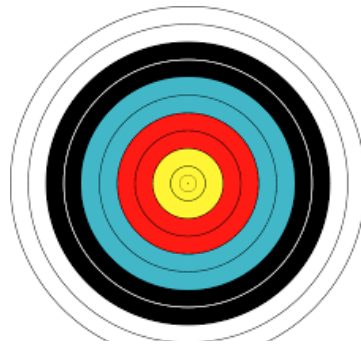
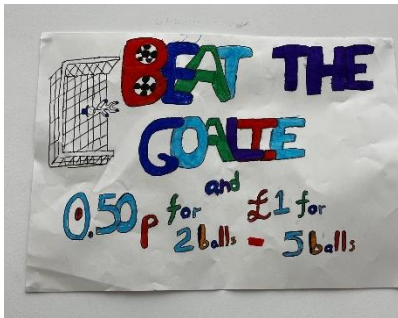
We're all really grateful to the pastoral team of tutors along with Mr Blackwood and Miss Nicholson. They have been an excellent support.

Above all, we must not forget that this was all in aid of cancer research; a charity close to many people's heart. I'm sure most, if not all, of us have been affected at some point by the sadness of a close friend or family member having been diagnosed with cancer. It was a real privilege to see so many young people support such a cause.

On Friday afternoon the year group had managed to raise a whopping **£1094.32!!!!!!!**

They are very hopeful to increase this to £1500. At that point Mrs Young (in Creative Technologies) has offered to shave her head! The has certainly provided a strong incentive to keep giving. Miss Nicholson has emailed out the details of our JustGiving page so please do donate if you are able to. We will keep you posted...





£1500



Year 11 Intervention

This week's intervention sessions are:

Monday - PE and CNAT Sport

Tuesday - Science

Wednesday - Maths

Thursday - English

Friday - Geography 7-9 target

All sessions run from 3:10 until 4:00pm

Mrs Heald has shared the following resource that is focused on Maths, but also has lots of good advice around revision that applies to all subjects: <https://amsp.org.uk/app/uploads/2024/01/Quickmaths-24-yr11.pdf>

Derby Book Festival – Writing Competition

Derby Book Festival launches its annual 50-word Flash Fiction Writing competition on Monday 29 January. Check the website for details of this year's theme or sign up to their newsletter to be one of the first to know. There are three age categories: 11 and under, 12 - 17, 18 and over

The winning stories will be printed on Festival bookmarks to be published in the spring and the winner of each category receives a book token for £50.

The closing date is 17 February.

Derby's annual book festival takes place this year from 29 February to 4 March with lots of different events being hosted across the city.

Their website is being constantly updated: <https://www.derbybookfestival.co.uk/> and you can sign up to receive their newsletter <https://www.derbybookfestival.co.uk/newsletter-subscription>

Could You Be A Good Neighbour?

Good Neighbour volunteers support Derby residents with simple tasks like shopping, or a quick check in and chat.

Just one hour a week can make all the difference to someone in your community.

Get in touch to find out more!



01332 342 272



goodneighbours@communityactionderby.org.uk



Manna (Hot Meals & Fellowship)

Manna (Hot Meals & Fellowship) is a programme run by the parents of two Derby Cathedral School students.

They provide hot meals and food donations to homeless and marginalized people out of the family's own money. They not only provide food for their bodies but also fill their hearts with the word of God and provide a homely atmosphere.

Manna is run at Ozzy Road Church, Charnwood Street, Derby, DE1 2GU every Thursday 12:30 to 2:00pm.

Manna is registered with Derby City Council and all safety measures are followed in accordance with the Food Standard Agency. If you or anyone you know is struggling for food, please share and feel welcome to come and join them on Thursdays!



Love4Life Community Group

The poster below provides information about a community group for girls that runs in the Stockbrook area of Derby. One of our students at DCS currently attends this group and is getting on really well and enjoying their experience.

The group runs from 3.35 – 4.35 every Thursday during term time and is free to attend, and there are drinks and snacks provided.

Please feel free to share with friends in other schools as well, referrals can be made by schools, parents or young people over the age of 16 using the following link: <https://www.tfaforms.com/4950894>



FIND YOUR LOCAL GROUP!



*Love4Life welcomes ALL girls

Who We Are

Love4Life by TwentyTwenty

Love4Life's mission is to give young people aged 11-18 the tools to build confidence and resilience to make positive choices for their health and relationships.

We offer groups and 1-2-1 sessions to young people who are referred to us by professionals, schools and parents. Young people aged 16+ may self-refer.

- ✓ Confidence Building
- ✓ Digital Safety
- ✓ Consent
- ✓ Periods & Puberty
- ✓ Body Positivity
- ✓ Understanding Healthy Relationships
- ✓ Emotional Wellbeing
- ✓ Resilience
- ✓ Growing Self-Esteem
- ✓ Healthy Coping Techniques

"I like how they always include everyone; it feels like a family!"
Past Love4Life Attendee

What We Do

How can Love4Life help?

Our Love4Life girls* groups are safe, creative, and supportive spaces to discuss important topics through fun activities. We aim to build self-esteem, confidence and knowledge of healthy relationships through engaging group sessions which vary week to week.

Our Love4Life groups are led by experienced youth workers and mentors and are completely free to attend.

YOUR LOCAL LOVE4LIFE VENUE:

Boyer Street Community Rooms, Boyer Street,
Derby, DE22 3XD
Thursday evening (term-time only)

Contact Fawn Kitson 07951706036 for more info



← SCAN QR CODE TO REFER NOW!

Love4Life is a registered charity under number 1120694 and a company limited by guarantee registered in England and Wales under number 06245103
love4life@Love4life.charity | Registered office: Unit 15, 30 Meadow Lane, Loughborough, LE11 1JY

Family Hub Programme

Attached as an additional document with this newsletter is the Derby City Family Hub Programme leaflet.

This contains information of lots of different activities and support available for families through the Family Hubs, including support and activities for mums-to-be, families with babies and young children, as well as activities for students up through 19 years old.

The activities and support for 5 – 19 year olds starts on page 14.

Have a look through as there are some wonderful activities and places to go for all kinds of support all year round!



Dates Ahead

Term Dates

Friday 16 February: Break up for Spring half term

Monday 26 February: Return to school

Thursday 28 March: Break up for Easter holiday

Monday 15 April: Return to school

Friday 24 May: Break up for Summer half term

Monday 3 June : Return to school

Tuesday 23 July: Break up for Summer holiday (early finish for all students, exact time tbc)

INSET Days – School closed to all students

Monday 5th February

Friday 28th June

Parents Evenings

Tuesday 13 February: Year 10 Parents' evening (school ends at 2.15pm for all students)

Thursday 7 March: Year 9 Parents' evening (school ends at 2.15pm for all students)

Tuesday 30 April: Year 7 Parents' evening (school ends at 2.15pm for all students)

Tuesday 25 June: Year 8 Parents' evening (school ends at 2.15pm for all students)

Term and key dates can also be found on our calendar and terms dates sections on the school website.