

This Week at Derby Cathedral School

wc 25 March 2024



In Matthew Chapter 6, Jesus teaches his followers:

“Do not store up for yourselves treasures on earth ... but store up for yourselves treasures in heaven ... for where your treasure is, there your heart will be also.”

For us at DCS this shows that things like money, and possessions are only temporary and real wealth comes from having things like love, friendships and faith – which can last forever.

Dear Parents/Carers,

This has been a very short half term with a great deal of activity packed into it. This week, we've been so proud of our year 10 students who have had a fantastic week on work experience. We're delighted that we are able to offer this opportunity to our students as we know the value that it has for them. It only happens because of the numbers of people who support this event. Our Careers Lead, Miss O'Loughlin, along with the year 10 pastoral team, work so hard to help secure placements. We also appreciate the support from so many parents/carers with this too and, of course, we are incredibly grateful to the employers who offer these placements.

We have a similar week planned for our year 12 students (wc 20 May), as the article below states, if you know of any organisations/businesses that would be prepared to take a student on placement, please do let us know. So many schools/colleges have had to offer virtual opportunities for work experience since Covid and we are determined to have as many students as possible on an actual placement. However, we do need your help to be able to do this so please do use the email address stated in the article to get in touch.

This week, two groups of students: year 10 and year 12 also experienced a fantastic two days at Oxford University in our twin College: St Edmunds Hall. They got a taste of university life in this prestigious university and beautiful city. We will give more details about their experience in a future newsletter but we're delighted they have this aspiration and demonstrated our FAITH values in action. A big thank you to the staff who organised and supported these trips. Our students were an absolute credit to themselves and our whole community.

All year 11 parents/carers have had emails with the individual invitations to the Easter intervention/revision sessions. As stated before, please do ensure your child attends these sessions as they make a big difference to their final grades. They know only have 3 school weeks until the exams begin (8 May) and every bit of revision is critical!

Finally, I would like to wish you all a very happy Easter break. This is a really important celebration in the Christian calendar that reminds us of the gift of life that Jesus gives. We also wish those participating in Ramadan: Eid Mubarak for next week. We hope that whatever your belief, you can have a refreshing break that gives you the chance to reflect on what is important in your lives and what 'treasures' you are focusing on and storing up (as in the verse of the week above).

Many thanks for your support over this past term and we look forward to seeing our students back on Monday 15 April.

Yours faithfully

Mrs Brown

Y10 Work Experience

This week our Year 10 students were all off timetable as they ventured into the community on a large variety of work experience placements.

We have had some lovely feedback from and about our students, including the feedback below received today for Alvaston Infant and Junior School, where 3 of our students worked together on a placement.

“I just wanted to let you know how wonderful Eli, Jasmia and Alex have been and what a joy it’s been to have them in school, we’ll miss them all. They are an absolute credit to themselves and have been fabulous ambassadors for Derby Cathedral School. They have all demonstrated such maturity and have fully engaged with all of our school activities, we’ve loved having them around.”

There was a small number of Year 10 students who, for various reasons, were not able to secure a placement or a place fell through at the last minute. These students stayed in school and worked with staff in various departments throughout the week on ad hoc work experience tasks including making calls and visits, developing lesson activities and much more!

A huge thank you to all the staff who made this possible and supported students, both in school and on their placements, and a huge thank you to parents for supporting your children and helping them get to their various placements!

As Year 12 Work Experience approaches, we are eager to hear from anyone who may be interested in supporting a student in a placement. If you know anyone who would like to have a Year 12 student on work experience, please e-mail us at careers@derbycathedralschool.org.uk.

Staying Mentally Healthy During Exam Time

As we head towards the main exam time, it’s worth revising how we can support young people at what can be a very stressful time.

Young Minds have a series of support pages aimed to help with exam stress and anxiety. Their advice is available to help parents and carers and, of course, young people themselves. You can find this helpful advice at the links below:

[Parents](#)

[Young people](#)

These links have also been added to our school website under Information – Exams and Performance.

Craft Club

Our craft club students made a beautiful selection of Spring wreaths this week using recycled egg boxes.



Meet the Archbishop of Canterbury!

Our Bishops (Bishop Libby & Bishop Malcolm) are delighted to extend an open invitation to our school families to meet the Archbishop of Canterbury, the Most Rev'd Justin Welby on Saturday 13 April at Crich Monument. The site will be open to the public from 11:45 am. Please feel free to bring a picnic!

For further details, see the Eventbrite link below. We encourage any parents/carers who wish to book, to do so directly via the link.

<https://www.eventbrite.co.uk/e/844631675077?aff=oddtcreator>

Word of the Week

Our 'word of the week' this week is: **Empathy**

Please do speak to your child/children about this word. Challenge them to use it in a sentence or explain its meaning to you. The information below will hopefully help!

Empathy means: The ability to understand other people's feelings and problems.

Etymology: The study of the origin (beginning) of words:

Early 20th century: from Greek *empathēia* (from *em-* 'in' + *pathos* 'feeling') translating German *Einführung*

'Empathy' in Spanish – Empatía

Other similar words are:

Affinity
Appreciation
Compassion
Rapport

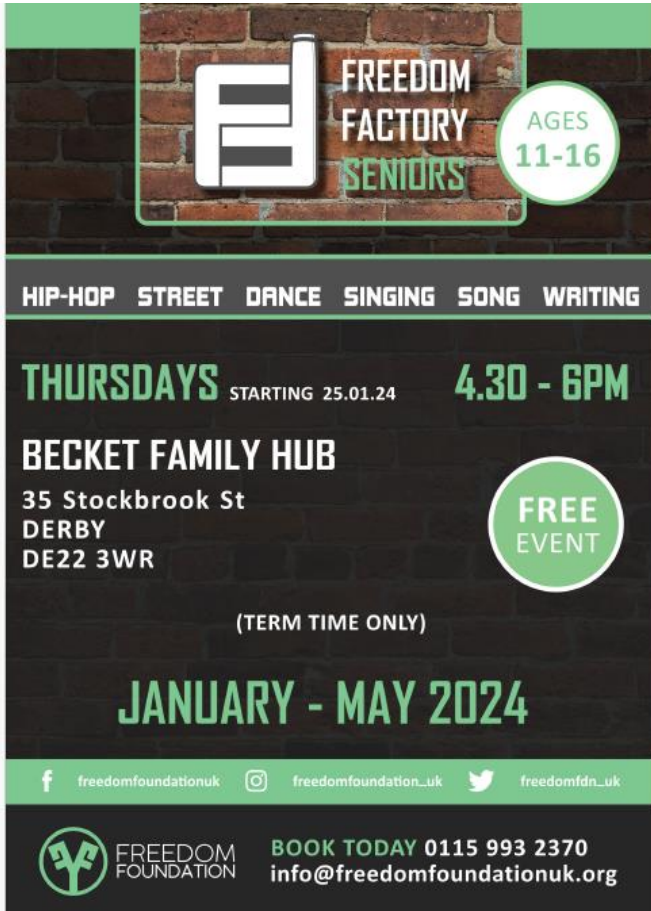
Examples of how to use Devote in a sentence are:

- I feel a degree of empathy for the man held hostage, and for his family.
- I feel empathy with the main character.
- He has a total lack of empathy for anybody.
- The critic develops an empathy with the artist.

Performing Arts Workshops

Freedom Foundation is a local workshop run by the Becket Family Hub that works to improve the mental well-being and resilience of young people using Performing Arts.

They run a series of free workshops every Thursday at the Becket Family Hub and have invited Derby Cathedral School students to attend. These workshops are beneficial for any student who is interested in the performing arts, looking for more experience in the arts industry, struggling with mental wellbeing, looking for new opportunities, interested in music/song writing and wanting to have fun! They are limited to only 20 places from Derby Cathedral School so do get in touch with them if it is something your child may be interested in!



FREEDOM FACTORY SENIORS AGES 11-16

HIP-HOP STREET DANCE SINGING SONG WRITING

THURSDAYS STARTING 25.01.24 **4.30 - 6PM**

BECKET FAMILY HUB
35 Stockbrook St
DERBY
DE22 3WR

FREE EVENT

(TERM TIME ONLY)

JANUARY - MAY 2024

f freedomfoundationuk i freedomfoundation_uk t freedomfdn_uk

FREEDOM FOUNDATION **BOOK TODAY 0115 993 2370**
info@freedomfoundationuk.org



FREEDOM FACTORY SENIORS

BOOK HERE

FREE EVENT

Derby City Council FREEDOM FOUNDATION Family First Derby Community Action

f freedomfoundationuk i freedomfoundation_uk t freedomfdn_uk

FREEDOM FOUNDATION **BOOK TODAY 0115 993 2370**
info@freedomfoundationuk.org

Saturday Workshops

We have been informed of a new Free Saturday workshop available for students ages 13 – 16. Please see poster below and attached, as well as the website at <https://saturday-club.org/subject/society-change/>

“From climate change and conflict to new technologies and taking action, at the Society & Change Saturday Club you will explore the forces that are shaping the world today and discover how young people have a voice to influence the future. Club members will find out about different cultures and life in other countries, including what it is like to be a young person in other parts of the world, and will also be introduced to a range of jobs and careers from foreign policy and diplomacy to journalistic reporting and international charity work.”

NATIONAL SATURDAY CLUB

Society & Change

I'M GOING TO TALK ABOUT WHAT REALLY MATTERS

IT STARTS ON SATURDAY

Free local Saturday Clubs for 13-16 year olds

Find your Club
@natsatclub
saturday-club.org/join

Supported using public funding by
Department for Education | **ARTS COUNCIL ENGLAND**

EFD Easter Sports Club at DCS

We are really excited to present a new opportunity taking place at Derby Cathedral School over the Easter holiday!

EDF are a Sport and Education Company co-founded by current Premier League Footballer for Sheffield United Ben Osborn and Ex Nottingham Forest Player Jack Andrews. The company will be running Easter Holiday Camps at DCS from Monday 8th April – Thursday 11th April.

The spaces are funded and are FREE for children receiving Free School Meals, and only £20 per day for all other students. Please see poster below and attached.

EFD
SPORT & EDUCATION

Derby
CATHEDRAL
SCHOOL

ABOUT US

We are a Sport and Education Company
Co-Founded by **current Premier League Footballer for Sheffield United**, Ben Osborn
and **EX Nottingham Forest Player**,
Jack Andrews.

FUNDED EASTER HOLIDAY CAMPS

Monday 8th April- Thursday 11th April
Derby Cathedral School, Great Northern Rd, Derby DE1 1LR

**Does your child love nothing more than to play sports?
Come along to our Easter camps for action-packed days of
games, sports, and non-stop fun!**

10-3pm | Ages 11-16 yrs
Free for children receiving benefit related free school meals.

HOW TO BOOK?

For more information and to book, visit our [website](#) and
complete the form at the bottom of the page.
Alternatively, you can e-mail:
info@efdsportandeducation.co.uk

  ← Interested in finding out more about us? Click
on the Social Media logos and hit follow!

Cycle Derby Easter Holiday Activities

Only three weeks until the Easter Holidays and Cycle Derby have many activities for children wanting to have fun on two wheels! Please see information on images below and attached as well.



cyclederby
ACTIVITIES
EASTER 2024

Trackdays
Day Session at Derby Arena **9-16 Years**

You need:

- To be a competent cyclist
- Appropriate clothing
- A packed lunch & drink

2nd and 11th April **£35**
10am - 3pm

All activities must be booked in advance
To book call 07827 879647 or email cyclederby@derby.gov.uk

www.cyclederby.co.uk Derby City Council



cyclederby
ACTIVITIES
EASTER 2024

Holiday Club **£25**
at Derby Arena **6-12 Years**

You need:

- Your own bike & helmet
- To be able to ride unaided
- Backpack with snacks & drink

30 minute skills and confidence session followed by a 120 minute ride

Wednesday 3rd April
10.30am - 1pm

New to two wheels
at Derby Arena **4-8 Years**

Mini cycling club for those new to two wheels! You will need:

- Your own bike, helmet and drink
- To be able to ride unaided

£10
Wednesday 3rd April
10am - 11am

All activities must be booked in advance
To book call 07827 879647 or email cyclederby@derby.gov.uk

www.cyclederby.co.uk Derby City Council



cyclederby
ACTIVITIES
EASTER 2024

Holiday Club **£25**
Markeaton Park **6-12 Years**

You need:

- Your own bike & helmet
- To be able to ride unaided
- Backpack with snacks & drink

30 minute skills and confidence session followed by a 120 minute ride

Wednesday 10th April
10.30am - 1pm

New to two wheels
Markeaton Park **4-8 Years**

Mini cycling club for those new to two wheels! You will need:

- Your own bike, helmet and drink
- To be able to ride unaided

£10
Wednesday 10th April
10am - 11am

All activities must be booked in advance
To book call 07827 879647 or email cyclederby@derby.gov.uk

www.cyclederby.co.uk Derby City Council



cyclederby
ACTIVITIES
EASTER 2024

Learn to Ride
at Markeaton Park

For children getting onto two wheels for the first time or those who have *almost* mastered it. Own bike preferred but not essential.

£20

50 Minute Sessions available

3rd, 4th, 5th, 9th & 12th April 2024
10am, 11am, 12noon
1.30pm & 2.30pm

All activities must be booked in advance
To book sessions please email cyclederby@derby.gov.uk or call 07972 268171

www.cyclederby.co.uk Derby City Council

Family Hub Programme: Jan – Mar 2024

Just a reminder that all information about the family hubs in Derby can be found here:

<https://www.derby.gov.uk/community-and-living/family-hub-childcare/family-hub/about-family-hub/family-hub-parents/#page-4>

The 'What's On' Guide can be found here:

<https://www.derby.gov.uk/media/derbycitycouncil/contentassets/documents/communityandliving/familyhubparents/family-hub-whats-on-jan-to-mar-2024.pdf>

The activities and support for 5 – 19 year olds starts on page 14.

Have a look through as there are some wonderful activities and places to go for all kinds of support all year round!

Here are some examples of the free activities on offer:

What's on for: 5 - 19 year olds

Premier Education | Age 11+



Activities such as fencing, handball, lacrosse, tchoukball as well as character building skills. Booking required, please contact James jjennison@premier-education.com or 07980276488.

Engineered Learning | 11 – 16s



Active Hands: Supporting Nature – Engineered Learning empowers you to achieve through engineering. Make friends whilst creating items in wood that support wildlife in our authentic workshop. **Booking required please contact Carol Phillips** carol@engineeredlearning.co.uk.

School holiday delivery:

Monday 1 April 2024
Tuesday 2 April 2024
Wednesday 3 April 2024
Wednesday 10 April 2024
Thursday 11 April 2024
Friday 12 April 2024

Derwent Workshop, Unit 8, Racecourse Industrial Estate, Mansfield Road, Derby DE21 4SX.

Tackle It! | For boys age 12-14



Tackle It is Derby County Community Trust's wellbeing programme (early-intervention) for young males aged 12-14 who are struggling with their mental wellbeing. The sessions aim to give participants a 'safe space' to chat, socialise and take part in fun activities. The aim is to keep a relaxed atmosphere where people can meet others who may be experiencing similar challenges. Tackle It is part of our wider Winning Minds project, supporting youth mental health and social action. **Contact Morgan Stanley for more information -** Morgan.stanley@dccct.co.uk or 07494 517324 or **Matt Deacon** matt.deacon@dccct.co.uk. No booking required, just turn up!

Mondays	6-7:30pm	Osmaston Allenton
Tuesdays	6-7:30pm	Derwent

Community One | 12-16s



GROWTH Programme – Sport, music, arts, social affairs, health, and wellbeing activities every week. No need to book – just turn up! **Contact** info@communityone.org.uk or 01332 891444.

Mondays	5-7pm	Rosehill
Tuesdays	5-7pm	Arboretum Park

GREAT Girls Hub | For girls age 12-17



The GREAT Hubs aims to support young females with their wellbeing. Sessions are based on the GREAT values of Gratitude, Resilience, Empathy, Authenticity, Teamwork. A GREAT session is one hour each week focusing on wellbeing for mind and body through lots of fun activities. Most importantly these sessions offer a place to come along and talk openly to other females in a community that is supportive, positive and compassionate to each other. **Contact Claire Clark for more information -** Claire.clark@dccct.co.uk or 07783 283981.

Mondays	4:45-6pm	Osmaston Allenton
Tuesdays	4:45-5:45pm	Derwent

Sporting Communities | 13 – 16's



Get involved in activities such as art, virtual reality (VR), sports, health, fitness, cooking and more. Sessions will be tailored around individual needs to support emotional health and well-being either one-to-one or in groups. For more information on how to get involved in the programme, **contact** info@supportingcommunitiescio.co.uk or call 07841026335.

Baby People | Music sessions | For 13-19 year olds

Music studio sessions covering MCing, singing and music production. No experience needed, come and learn some studio skills and improve your craft. Open for free to all young people aged between 13 and 19 years. **No booking needed, just turn up.**

Tuesdays	5-7pm	Sinfin
Wednesdays	5-7pm	Rosehill
Thursdays	5-7pm	Derwent
Fridays	4:30-6:30pm	Osmaston Allenton

Youth Matters | 14+



Get focused and fit with Youth Matters Boxing programme including pad work and circuit training. Supported and encouraged throughout the session by a Mentor as well as the Coach. **Booking required please contact Danny** danny.youthmattersnewmills@gmail.com.

Thursdays	4pm	Derwent
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Dates Ahead

Term Dates

Thursday 28 March: Break up for Easter holiday

Monday 15 April: Return to school

Friday 24 May: Break up for Summer half term

Monday 3 June : Return to school

Tuesday 23 July: Break up for Summer holiday (early finish for all students, exact time tbc)

INSET Days – School closed to all students

Friday 28th June

Parents Evenings

Tuesday 30 April: Year 7 Parents' evening (school ends at 2.15pm for all students)

Tuesday 25 June: Year 8 Parents' evening (school ends at 2.15pm for all students)

Other Key Dates

Wednesday 8 May: GCSE written exams start

Term and key dates can also be found on our calendar and terms dates sections on the school website.