

**Preparing
for OCR Level 3 Cambridge
Technical Extended
Certificate in Health & Social
Care**

Summer Work 2024



Welcome to Health and Social Care

Hello and a big warm welcome to the Social Sciences department at Derby Cathedral School! This booklet contains useful tasks for you to complete to prepare you for Level 3 course. These tasks have been designed to give you a flavour of what the Health and Social Care course is all about and will introduce you to some core concepts to aid your understanding ready for September. You need to have completed all of the tasks before our first lesson in September. You will need to hand it into your class teacher during your first lesson. Your teacher will be:

Miss Sowter - Head of Social Sciences (Teacher of Psychology, Sociology & Health and Social Care)

Miss Piliero – Teacher of PE and Health and Social Care

If you have any questions about the work please email j.sowter@derbycathedralschool.org.uk

We are looking forward to welcoming you in September!

Key Information

Exam Board	OCR
Specification Exam Past Papers and Mark Schemes	https://www.ocr.org.uk/qualifications/cambridge-technical/health-and-social-care/#level-3 https://www.ocr.org.uk/qualifications/cambridge-technical/health-and-social-care/assessment/#level-3
Textbooks	We have class copies of the textbook that you are more than welcome to borrow and return. If you do wish to purchase your own copy, the links are below: Year 12 & 13: https://amzn.eu/d/fucuX4c
Revision Guides	We have class copies of the revision guides that you are more than welcome to borrow and return. If you do wish to purchase your own copy, the link is below: Year 12 & 13: https://amzn.eu/d/ff6yhUU
Organisation	Organisation is the key to success with this course. When you arrive in September , you will be provided with: <ul style="list-style-type: none">• A student handbook• An assessment folder (for externally examined units)• Class copies of the textbook and revision guide (these will stay at school)• Online copies of work• Printed worksheets and coursework briefs• An exercise book for examined units You will need to bring the following equipment: <ul style="list-style-type: none">• Black pen, purple pen, highlighters and pencil

Task 1 – Diversity

Diversity	Diversity encompasses recognising and valuing that every individual is unique. Valuing diversity involves accepting and respecting individual differences, for example differences in religion, beliefs or race.
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Types of diversity:



1. You are going to create a collage that demonstrates change in diversity comparing the UK today and 60 years ago.
2. Once you have created the collage, you then need to write a paragraph explaining the images you have used and what they show about diversity.
3. Then write a paragraph explaining the benefits of valuing diversity in health, social and child care environment, include the following key word in your response:
 - **Empowerment** - care workers enabling and supporting individuals to be in control of their lives
 - **Independence** - not relying on others, and having the freedom to make your own decisions
 - **Inclusion** - ways of working that provide individuals with equal opportunities so that they are involved and feel they belong
 - **Respect** - having regard for the feelings, wishes or rights of others
 - **Dignity** - care that promotes and does not undermine a person's self respect
 - **Equal opportunity** – treating all people the same
 - **Access** – no barriers in place
 - **Participation** – a person is involved in all aspects of their care and can actively participate

Task 2 – Enrichment Opportunity

Once you start Health and Social Care, you must actively use it in your everyday life. This includes engaging with wider enrichment opportunities. Each week your teacher will ask you to make a log of something you have listened to (e.g. podcast), watched (e.g. series/YouTube video/film) or read (e.g. article/book) that relates to Health and Social Care. In order to prepare over the summer, we would like you to pick **one** of the suggested enrichment opportunities below and **write a summary paragraph** about it (you can pick an alternative source if you discover something interesting and relevant).

Read it	Watch it
<ul style="list-style-type: none">• The Fault in Our Stars by John Green• This is Going to Hurt by Adam Kay• Me Before You by Jojo Moyes• Duty of Care by Dr Dominic Pimenta• Regeneration by Pat Barker• One Flew Over the Cuckoo’s Nest by Ken Kesey• The Memory of Love by Aminatta Forna• The English Patient by Michael Ondaatje• The Magic Mountain by Thomas Mann• No Child of Mine by Susan Lewis• Elizabeth is Missing by Emma Healey• Lucy’s Story: Autism and Other Adventures by Lucy Blackman	<ul style="list-style-type: none">• 24 Hour in A&E• One Born Every Minute• Emma Willis: Delivering Babies• The Beginning of Life• Call the Midwife• The Secret Life of 4- and 5-Year Olds• Old People’s Home for 4 Year Olds• Born to Be Different• Crisis in Care (BBC Panorama)• The Nine to Five with Stacey Dooley: Caring and Sharing• Still Alice

Task Checklist

Task	Description	✓
1	Diversity Task	
2	Enrichment task	