

# WEEK ONE

# MENU KEY



- IM VEGAN!



- ADDED PLANT POWER

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN #1



Macaroni Cheese with Roasted Veg or Crunchy Crouton Topping

**NEW** Chicken Katsu Curry with Noodles



Sausage & Mash with Onion Gravy



Chicken Korma with Rice & Sambals



Battered Fillet of Fish served with Chips, Peas & Tartare Sauce

### MAIN #2



Vegetarian Spaghetti Bolognese with Garlic Bread & Salad

Roasted Vegetable Stir Fry with Noodles



Veggie Sausage & Mash with Onion Gravy



Sweet Potato, Chickpea & Spinach Tikka with Rice & Sambals

**NEW** Feta & Spinach Quiche with Chips & Peas

### HAND HELD

Hot Filled Baguette

Chicken Wrap

Cheese & Onion Panini

Jumbo Hotdog

Pepperoni Pizza

### BOWLED OVER

Loaded Nachos

Herby Tomato Pasta

Loaded Wedges

Street Chicken Noodles

Tomato Meatball Pasta

### MODERN BAKERY

Bake of the Day

Bake of the Day

Apple & Cherry Oaty Crumble with Custard

Bake of the Day

Bake of the Day

### SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPING'S FOR YOU TO CHOOSE FROM!

### SOUP STATION

COME AND TRY OUR HOMEMADE SOUPS, AVAILABLE DAILY!

### ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

# WEEK TWO

# MENU KEY



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THURSDAY

FRIDAY

## MAIN #1



Vegan Cottage Pie with Broccoli, Peas & Gravy



Peri Peri Chicken Burger with Super Grains and Slaw



Roast Gammon, Roast Potatoes, Seasonal Vegetables & Gravy



Chicken Tikka Masala served with Rice & Sambals



Salmon Fishcakes with Chips & Peas

## MAIN #2

Roasted Potato & Winter Veg Medley with Broccoli, Peas & Gravy



Roasted Chickpea and Bean Burger with Super Grains and Slaw

Potato Layer Bake with Roast Potatoes, Seasonal Vegetables & Gravy



Vegetable Korma served with Rice & Sambals



Posh Dog with Tater Tots

## HAND HELD

Authentic Pizza Slice

Half Cheese & Tomato Bagel

Hot Filled Baguette

Cheese & Tomato Panini

Chicken Folded Naan

## BOWLED OVER

Herby Tomato Pasta

Vegetable Chilli & Rice

Sweet Chilli Noodles

Loaded Nachos

Cheesy Pasta

## MODERN BAKERY

Bake of the Day

Bake of the Day

Mixed Fruit Crumble with Custard

Bake of the Day

Bake of the Day

## SUPER SPUDS

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# WEEK THREE

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### MAIN #1

12 OF NATION'S FAVOURITES

Spaghetti & Meatballs with Garlic Bread

THE MEXICAN KITCHEN

Beef Chilli with Rice or Soft Tacos

Chicken Pie with Roasted New Potatoes, Broccoli & Gravy

LEBANESE STREET FOOD

Lemon & Herb Chicken with Flatbread & Salads



Breaded Fish Fingers with Chips, Peas or Beans, & Tartare Sauce

### MAIN #2

Cheese & Potato Pinwheel with Jacket Wedges & Beans

THE MEXICAN KITCHEN

Mexican Vegetables with Rice or Soft Tacos

Vegetarian Wellington with Roast Potatoes, Broccoli & Gravy

LEBANESE STREET FOOD

Houmous & Falafel Flatbread with Salads

Bean Burger with Chips & Peas

### HAND HELD

BBQ Chicken Wrap

Chicken Burger

Tomato & Cheese Panini

Authentic Pizza Slice

Hot Filled Baguette

### BOWLED OVER

Noodle Bowl

Loaded Nachos

Sausage & Chips

Rice Bowl

Tomato & Mascarpone Pasta

### MODERN BAKERY

Bake of the Day

Bake of the Day

Sticky Toffee Apple Crumble with Custard

Bake of the Day

Bake of the Day

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