

What is cyber bullying?

Cyber bullying is bullying online. It can be done on a lot of online games with chat, Instagram, Twitter, Facebook, YouTube and many more sites. Check with an adult at home as you may not be old enough to use some of these sites.

Cyber-bullying is where someone is always upsetting you but you may not know who they are because it is online.

Cyber bullying could include sending emails, photos and messages that upset you. If this happens to you, you must tell your parents/carers immediately.

You must not use a social media website that you are not allowed to use. For example, it is illegal to use Instagram if you are in Year 7 and you must be 16 to use WhatsApp.

The websites below can help you if you are experiencing anything concerning online, whether it is bullying or otherwise.



Worried about something
you've seen online?

CLICK TO REPORT IT!



Who to contact at school

You can contact any member of staff to report bullying at DCS, however the Pastoral Team are best placed to support.

They are made up of:

- Form Tutors
- Head of Year 7 Mr Marshall
- Head of Year 8 Miss Amiss
- Head of Year 9 Mr Capon
- Learning Mentor Mrs Defreitas
- Pastoral Support Mrs Nethercott
- Behaviour Support Officer Ms Kang
- Assistant Headteacher Mr Hoy
- AP Manager Mrs Lucas

The quickest way to contact them is by emailing info@derbycathedralschool.org.uk

Derby Cathedral School
Midland House, Nelson Street, Derby DE1 2SA
Tel: 01332 325710

info@derbycathedralschool.org.uk
www.derbycathedralschool.org.uk

DDAT
Derby Diocesan Academy Trust

We are proud to be part of
Derby Diocesan Academy Trust.

Anti-Bullying

Information for
parents/carers
and students



Introduction

Derby Cathedral School does not accept bullying or intimidation in any form. This leaflet aims to ensure that all stakeholders have an awareness of what is and is not bullying, how to spot the signs of bullying and crucially, how to ensure bullying is reported and stopped.

Our FAITH values promote tolerance and equality and no student at our school should ever feel they have to put up with persistent intimidation.

Our Pastoral Team is always on hand to support when students report bullying to us and we will always deal with this in a timely fashion.

Bullying has no part of our FAITH culture

Derby Cathedral School is a Christian community that welcomes students, families and visitors of all faiths and none. The diversity and richness of such a family brings depth and a vibrancy to our core. Students of Derby Cathedral School are given every opportunity and challenged to be the best that they can be, demonstrating FAITH in all they do.

- Fellowship
- Aspiration
- Integrity
- Tenacity



What is Bullying?

Bullying is:

Several
Times
On
Purpose

Bullying can take many forms and can be online, emotional, physical, mental or sexual.

Bullying is often not obvious or easy to spot, especially when it takes place on social media.

Bullying can take the form of verbal comments, physical actions, threats, blackmail, racist or homophobic language or otherwise. What makes it bullying is the fact it is repeated and designed to intimidate consistently.

Bullying is NOT:

- A one-off argument
- A friend being nasty
- A dirty look in the corridor or playground
- Falling out with your friends in school or online. This might be selfish but it is not bullying.

We want to ensure our students know the difference between what is and isn't bullying, however our Pastoral Team deals with any and all negative behaviours, whether they are bullying or not.

Signs someone is being bullied

- Not joining in with activities or games
- Not wanting to interact with peers, friends or others
- Sitting alone at lunch or break time
- Not wanting to work with anyone in class
- Hiding or traunting because of bullying
- Being much quieter than usual
- Not wanting to go anywhere on their own

How to put a stop to Bullying

Tell a member of the school staff immediately.

Never keep it a secret, always tell someone so we can put a stop to it. If you are being bullied don't try to deal with it yourself. You have got to tell your teachers, parents/carers or friends in school so they can help you straightaway.

We must know what is happening so we can help you.

Don't be a bystander

Report it

Stand up

Speak out

Speak up

Stop bullying