

Preparing for OCR Advanced National Extended Certificate in Health & Social Care



Summer Work 2025

Welcome to Health and Social Care

Hello and a big warm welcome to the Social Sciences department at Derby Cathedral School! This booklet contains useful tasks for you to complete to prepare your course These tasks have been designed to give you a flavour of what the Health and Social Care course is all about and will introduce you to some core concepts to aid your understanding ready for September. You need to have completed all of the tasks <u>before</u> our first lesson in September. You will need to hand it into your class teacher during your first lesson. Your teacher will be:

Miss Clark - Teacher of PE and Health and Social Care

Miss Sowter – Head of Social Sciences

If you have any questions about the work please email <u>j.sowter@derbycathedralschool.org.uk</u> or <u>v.clark@derbycathedralschool.org.uk</u>

We are looking forward to welcoming you in September!

Key Information

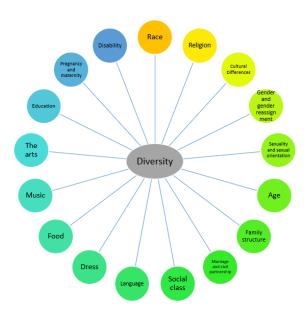
Exam Board	OCR – Cambridge (AAQ) Advanced National In Health and Social Care Extended					
	Certificate					
Specification	n Cambridge Advanced National in Health and Social Care - H025, H125					
Textbooks	We have class copies of the textbook that you are more than welcome to borrow					
and Revision	and return. If you do wish to purchase your own copy, the link is below:					
Guides						
	Cambridge Advanced National (AAQ) in Health and Social Care Student Book					
	Cambridge University Press & Assessment					
Organisation	Organisation is the key to success with this course. When you arrive in September,					
	you will be provided with:					
	A student handbook					
	 An assessment folder (for externally examined units) 					
 Class copies of the textbook and revision guide (these will stay 						
	Online copies of work					
	 Printed worksheets and NEA briefs 					
	You will need to bring the following equipment:					
	 Black pen, purple pen, highlighters and pencil 					
	• Folder					

Task 1 – Diversity

Diversity

Diversity encompasses recongising and valuing that every individual is unique. Valuing diversity involves accepting and respecting individual differences, for example differences in religion, beliefs or race.

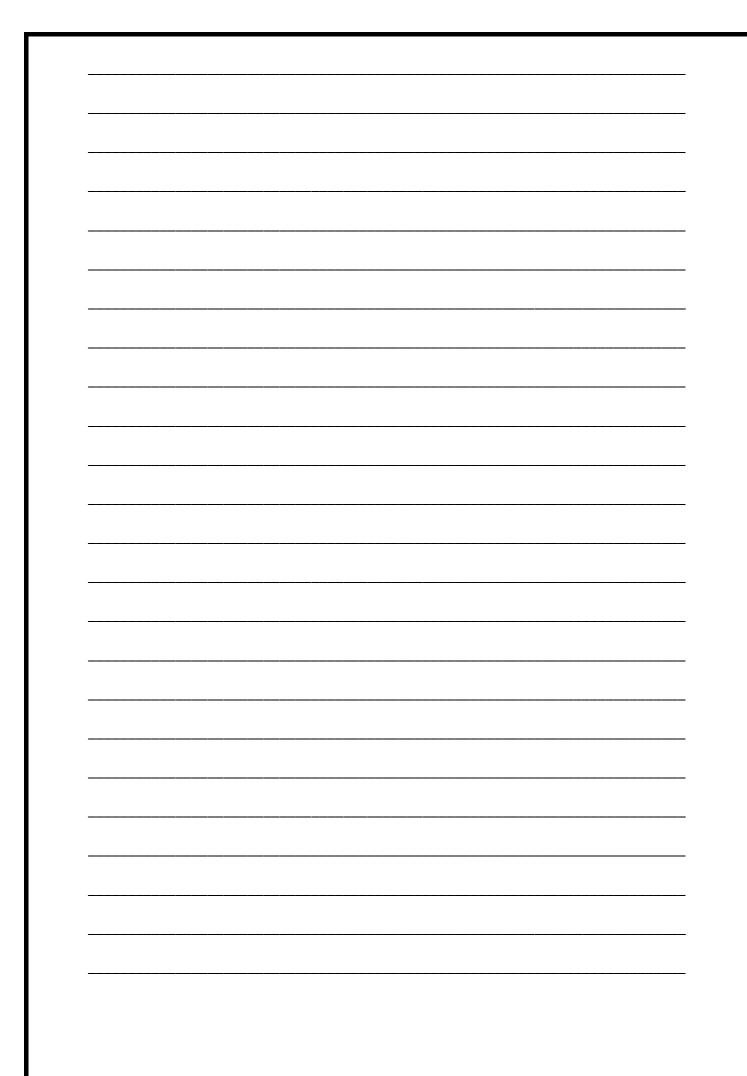
Types of diversity:



- 1. You are going to create a collage that demonstrates change in diversity comparing the UK today and 60 years ago. (please do this on separate paper)
- 2. Once you have created the collage, you then need to write a paragraph explaining the images you have used and what they show about diversity.

3.	Then write a paragraph explaining the benefits of valuing diversity in health, soc and child care environment, include the following key word in your response:
	Empowerment - care workers enabling and supporting individuals to be control of their lives
	 Independence - not relying on others, and having the freedom to make y own decisions
	 Inclusion - ways of working that provide individuals with equal opportun so that they are involved and feel they belong
	Respect - having regard for the feelings, wishes or rights of others
	 Dignity - care that promotes and does not undermine a person's self resp Equal opportunity – treating all people the same
	Access – no barriers in place
	 Participation – a person is involved in all aspects of their care and can actively participate

Task 2	2 - Person Centred Care
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prefer	son-centred approach is used in Adriana's care, meaning that her individual needs, ences, and goals are placed at the heart of planning and decision-making. A range of sionals are involved in supporting her,
Your 1	Task – Part A
Create	e a care plan for Adriana . You must:
	e a care plan for Adriana. You must: Identify and list each professional who is involved in Adriana's care.
1. 2.	Identify and list each professional who is involved in Adriana's care. Describe what each person is responsible for.
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Task 2 - Part B Now imagine Adriana is a 45 years old, living at home with her 2 children under 10 years old. but with the same mobility issues as above.

<u>Task 3 – Enrichment Opportunity</u>

Once you start Health and Social Care, you must actively use it in your everyday life. This includes engaging with wider enrichment opportunities. Each week your teacher will ask you to make a log of something you have listened to (e.g. podcast), watched (e.g. series/YouTube video/film) or read (e.g. article/book) that relates to Health and Social Care. In order to prepare over the summer, we would like you to pick <u>one</u> of the suggested enrichment opportunities below and <u>write a summary paragraph</u> about it (you can pick an alternative source if you discover something interesting and relevant).

Read it	Watch it
 The Fault in Our Stars by John Green This is Going to Hurt by Adam Kay Me Before You by Jojo Moyes Duty of Care by Dr Dominic Pimenta Regeneration by Pat Barker One Flew Over the Cuckoo's Nest by Ken Kesey The Memory of Love by Aminatta Forna The English Patient by Michael Ondaatje The Magic Mountain by Thomas Mann No Child of Mine by Susan Lewis Elizabeth is Missing by Emma Healey Lucy's Story: Autism and Other Adventures by Lucy Blackman 	 24 Hour in A&E One Born Every Minute Emma Willis: Delivering Babies The Beginning of Life Call the Midwife The Secret Life of 4- and 5-Year Olds Old People's Home for 4 Year Olds Born to Be Different Crisis in Care (BBC Panorama) The Nine to Five with Stacey Dooley: Caring and Sharing Still Alice

