

**Preparing
for OCR Level 3 Cambridge
Technical Extended
Certificate in Health & Social
Care**

Summer Work 2023



Welcome to Health and Social Care

Hello and a big warm welcome to the Social Sciences department at Derby Cathedral School! This booklet contains useful tasks for you to complete to prepare you for Level 3 course. These tasks have been designed to give you a flavour of what the Health and Social Care course is all about and will introduce you to some core concepts to aid your understanding ready for September. You need to have completed all of the tasks before our first lesson in September. You will need to hand it into your class teacher during your first lesson. Your teacher will be:

Miss Sowter - Head of Social Sciences (Teacher of Psychology, Sociology & Health and Social Care)

If you have any questions about the work please email sixthform@derbycathedralschool.org.uk and they will be forwarded on to us.

We are looking forward to welcoming you in September!

Key Information

Exam Board	OCR
Specification Exam Past Papers and Mark Schemes	https://www.ocr.org.uk/qualifications/cambridge-technical/health-and-social-care/#level-3 https://www.ocr.org.uk/qualifications/cambridge-technical/health-and-social-care/assessment/#level-3
Textbooks	We have class copies of the textbook that you are more than welcome to borrow and return. If you do wish to purchase your own copy, the links are below: Year 12 & 13: https://amzn.eu/d/fucuX4c
Revision Guides	We have class copies of the revision guides that you are more than welcome to borrow and return. If you do wish to purchase your own copy, the link is below: Year 12 & 13: https://amzn.eu/d/ff6yhuv
Organisation	Organisation is the key to success with this course. When you arrive in September , you will be provided with: <ul style="list-style-type: none">• A student handbook• An assessment folder (for externally examined units)• Class copies of the textbook and revision guide (these will stay at school)• Online copies of work• Printed worksheets and coursework briefs• An exercise book for examined units You will need to bring the following equipment: <ul style="list-style-type: none">• Black pen, purple pen, highlighters and pencil

Task 1 – Understand Relationships in Health Social Care or Child Care Environment

Following our induction session, you are going to be completing a coursework style task to prepare you for September.

Unit 1 - P1: Explain different types of relationships that can be built in health, social care or child care environments

Specification Says: Learners will need to consider and explain the range of relationships that can be built in health, social care and child care environments including with other members of staff, senior managers, individuals that require care and support and their families and advocates.

Step one: First you need to add the following in the header of your document: unit and assignment title (above) and your name.

Step two: Then you need to use the subheadings below

1. Individuals who require care and support
2. Families/advocates of individuals who require care and support
3. Colleagues/peers
4. Senior workers/managers
5. Health and social care professionals/practitioners

Step three: Under each subheading you need to pick two contrasting settings to explain the relationships and give examples of how this relationship would be built positively in that specific setting. You MUST refer to health care environments, social care environments and child care environments throughout. Be EXPLICIT when referring to each. i.e. a GP in a Doctors Surgery; a Nursery, etc.

Task 2 – Enrichment Opportunity

Once you start Health and Social Care, you must actively use it in your everyday life. This includes engaging with wider enrichment opportunities. Each week your teacher will ask you to make a log of something you have listened to (e.g. podcast), watched (e.g. series/YouTube video/film) or read (e.g. article/book) that relates to Health and Social Care. In order to prepare over the summer, we would like you to pick one of the suggested enrichment opportunities below and write a summary paragraph about it (you can pick an alternative source if you discover something interesting and relevant).

Read it	Watch it
<ul style="list-style-type: none"> • The Fault in Our Stars by John Green • This is Going to Hurt by Adam Kay • Me Before You by Jojo Moyes • Duty of Care by Dr Dominic Pimenta • Regeneration by Pat Barker • One Flew Over the Cuckoo’s Nest by Ken Kesey • The Memory of Love by Aminatta Forna • The English Patient by Michael Ondaatje • The Magic Mountain by Thomas Mann • No Child of Mine by Susan Lewis • Elizabeth is Missing by Emma Healey • Lucy’s Story: Autism and Other Adventures by Lucy Blackman 	<ul style="list-style-type: none"> • 24 Hour in A&E • One Born Every Minute • Emma Willis: Delivering Babies • The Beginning of Life • Call the Midwife • The Secret Life of 4- and 5-Year Olds • Old People’s Home for 4 Year Olds • Born to Be Different • Crisis in Care (BBC Panorama) • The Nine to Five with Stacey Dooley: Caring and Sharing • Still Alice

Task Checklist

Task	Description	✓
1	P1 coursework style task	
2	Enrichment task	