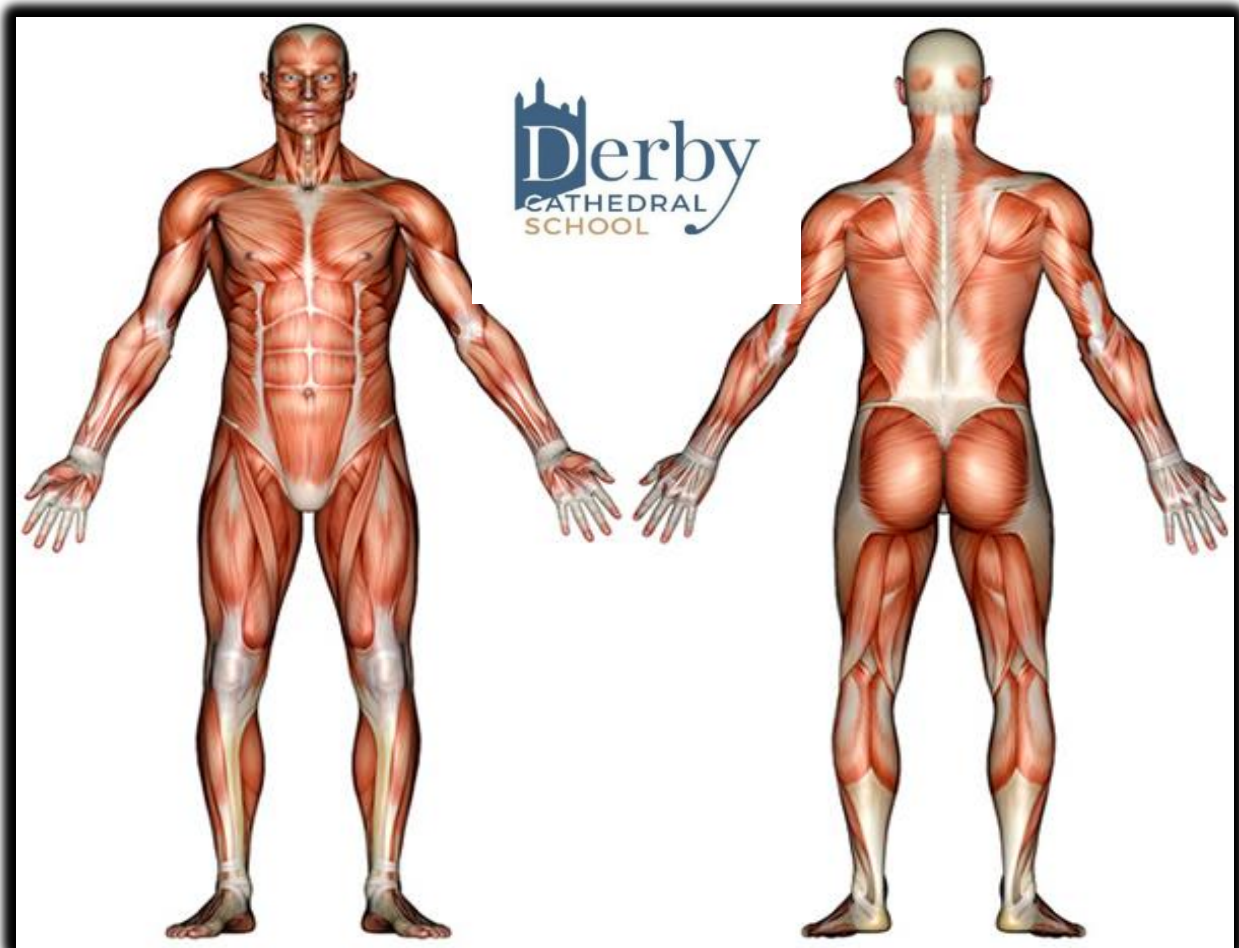


BTEC Level 3 Sport Nationals Certificate



Summer work 2026

Welcome to the BTEC Level 3 in Sport

A really warm welcome from the Physical Education Department at Derby Cathedral School, this booklet is to help prepare you for the start of the course in September.

Your teachers will be:

Ms Woodward and **Ms Bird**

If you have any questions about the course or the Summer work set please email sixthform@derbycathedralschool.org.uk or v.woodward@derbycathedralschool.org.uk

Exam board	Pearsons
Specific ation	https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/btec-13-national-cert-in-sport-spec.pdf
Exam paper example	https://qualifications.pearson.com/en/support/support-topics/exams/past-papers.html?Qualification-Family=BTEC-Nationals https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/2016/External-assessments/31524-2206-unit1-gp.pdf
Revision guide	https://derbycathedralschool.sharepoint.com/:w:/r/_layouts/15/Doc.aspx?sourcedoc=%7B19446076-20B2-47E0-9F5C-0E56EC6DC68F%7D&file=BTEC-A1-Revision%20Sheet.docx&action=default&mobileredirect=true&wdsle=0
Organis- ation	When you start in September you will be provided with • A student exercise book • An assessment folder • Revision guide for Unit 1 • Log in to the online learning tool (Everlearner)

	Please make sure you have the following equipment with you every lesson: • Black pen, purple pen, highlighters and pencil
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Summer Case Study:

Task 1: Anatomy and physiology

A1: Using the link below to access the anatomy and physiology power-point follow the slides **(up to slide 25)** and makes notes on the following:

https://derbycathedralschool.sharepoint.com/:p:/r/_layouts/15/Doc.aspx?sourcedoc=%7B97674205-43DA-4F2D-A6FB-237FFFCBED0A%7D&file=Learning%20Aim%20A%20-%20The%20effect%20of%20exercise%20on%20the%20skeletal%20system.pptx&action=edit&mobileredirect=true&wdsle=0

- **Structure of skeletal system**
- **Major bones**
- **Type of bones**
- **Areas of the skeleton**

Task 2: Exam questions

Have a look at the attached exam paper and the questions for unit 1 on the skeletal system using your notes and the power-point slides complete the questions from **Section A** only.

<https://www.hgss.co.uk/attachments/download.asp?file=646&type=pdf>