

## Parent/Carer Information Sheet

*For parents/carers of children and young people*

### What is happening?

Your child's school is taking part in Wiltshire's Children and Young People's Health and Wellbeing Survey 2026. The survey helps schools and the Local Authority understand the needs, experiences, and wellbeing of children and young people across Wiltshire.

### When is this happening?

Your child will complete the survey once, on a day chosen by their school, within the window of 5<sup>th</sup> January 2026 to 6<sup>th</sup> February 2026.

### Why is the survey important?

Hearing directly from children and young people helps shape local services and school support. Schools also receive a summary of their own results to help improve curriculum planning, pupil support, and wellbeing provision.

### Who takes part?

All schools, colleges, and alternative settings in Wiltshire have been invited to take part.

The survey is for:

- Primary: Years 4–6 (ages 8–11)
- Secondary: Years 8, 10, 12 (ages 12–18)
- Further Education students (ages 16-18)

### Will my child be identified?

No. Your child cannot be identified. The survey is completely anonymous, and children are not asked for any personal details such as name, date of birth, or anything that could identify them.

### What will my child do?

Pupils will be asked to complete the online survey during a lesson using an individual school device. They will not be able to complete the survey on a mobile phone. Teaching staff will explain the survey and be available to support any child who needs help. The survey takes around 30 - 45 minutes. Children can skip any question they do not want to answer.

### **What are the questions about?**

Questions will cover topics including; school experience and support, health behaviours (e.g., toothbrushing, activity, eating), lifestyle (sleep, screentime), friendships, bullying, safety, and age-appropriate questions about alcohol and smoking.

### **What do I need to do?**

If you are happy for your child to take part, nothing is required.

If you do not want your child to participate, please let the school know as soon as possible.

### **Why do I need to inform the school if opting out?**

Because the survey is anonymous, individual responses cannot be removed afterwards.

If your child completes the survey, there is no way to identify their data later.

### **What if I have any questions?**

Please contact the school directly if you have any specific queries about the survey and engagement.