

Devizes School
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4th July 2025

Dear Parent/Carer,

We are writing to let you know that on Monday 14th July all students will follow an alternative curriculum as we take part our PSHE Day.

We promote the personal wellbeing and development of our students through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education gives young people the knowledge, understanding, attitudes and practical skills to live safe healthy lives and meet their full potential. Students get a chance to study the PSHE education programme one lesson a week, but this day gives us an opportunity to cover relevant material in more depth, and ensure we are supporting them holistically in all aspects of education.

Each year group has a different focus for their day, tailored to the point in their own educational journey:

- Year 7 Will be focusing on a range of topics around their personal skills, including bullying vs banter and positive mental resilience training. They will be working with their tutor to develop their understanding of healthy eating and the Outdoor team to develop their orienteering, tent building skills. This is an outside session, they will need PE kit plus a raincoat or sun hat, sun cream (as appropriate) and refillable water bottle to use throughout the day.
- Year 8 Have a day focused on developing extra-curricular life skills that can have an impact on themselves and their community, including First Aid, learning, and practicing CPR, knife crime and understanding careers and bereavement. Two of the slots are practical sessions so they will need to have suitable PE kit to take part in the PE healthy active lifestyle activities and complete the CPR session. They should bring a refillable water bottle to use through the day.
- **Year 9** There will be several different sessions reflecting key elements that the students need to add to their PSHE knowledge including careers, Drugs and substance misuse and first aid. There will be a short session about Female Genital Mutilation as per national requirements. This will be sensitively delivered and the information used can be seen here.

https://intranet.devizes.wilts.sch.uk/download/pshe/ppt-KEG.pdf

In the PE sessions there will be a focus on trying different activities to support a healthy lifestyle. Students will need to be in suitable PE kit. They should bring a refillable water bottle to use through the day.



- **Year 10** The focus will be Crime Scene Investigation, to support their science GCSE curriculum, completing practical experiments. To complete their PSHE curriculum they will be learning about Stem Cell donations, and first aid, developing knowledge from previous years.
- **Year 12** Will be completing several tasks and challenges in tutor groups including ready steady cook, listening to an outside speaker and a Treasure hunt.

Students are all expected to arrive at school at normal time. Year 7, 8 & 9 are expected to be in Devizes school PE kit or navy/black plain unbranded clothing. Year 10 should be in School Uniform. As students won't have a timetable, they will be directed by their tutors and should be prompt at meeting them on Monday morning for roll call.

We are looking forward to an inspiring and informative day for all our students.

Yours sincerely,

NSmakland

Nancy Strickland Deputy of PE and Health