



Did you know?
All the food in our menus comes from a 30 miles radius of Blackpool

Lunch Time Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	(V) Pasta in a Tomato & Basil sauce with Homemade Herby Bread - (V) Cook's Homemade Choice Pizza Oven Baked Diced Potatoes & Salad - Jacket Potato with Beans - Tuna Sandwich	Roast British Chicken with Roast Potatoes, Stuffing, Seasonal Veg and Gravy - (V) Quorn Roast with Roast Potatoes, Stuffing, Seasonal Veg and Gravy - Jacket Potato with Tuna - Cheese Sandwich	Mexican Beef Chilli & Beans with Rainbow Rice & Salad - (V) Loaded Vegetable Quesadillas with Rainbow Rice & Salad - Jacket Potato with Cheese - Turkey Sandwich	Chicken Curry with Mixed Rice & Naan Bread - (V) Vegetarian Curry with Mixed Rice & Naan Bread - Jacket Potato with Tuna - Ham Sandwich	Crispy Salmon Fish Fingers with Oven Baked Chips & Baked Beans - (V) Protein Powered Crispy Nuggets with Oven Baked Chips & Baked Beans - Jacket Potato with Cheese - Tuna Sandwich
Week Two	(V) Cook's Homemade Choice Pizza with Herby Diced Potatoes & Baked Beans - (V) Puff Pastry Cheese Whirl with Oven Baked Herby Diced Potatoes & Baked Beans - Jacket Potato with Beans - Tuna Sandwich	BBQ Pulled Pork Wrap with Sweetcorn & Homemade Coleslaw - (V) Vegetarian Lasagne with Wholemeal Bread & Salad - Jacket Potato with Tuna - Turkey Sandwich	Chicken Tikka Curry with Mixed Rice & Naan Bread - (V) Pasta in a Spicy Tomato Sauce with Homemade Dough Balls - Jacket Potato with Cheese - Ham Sandwich	British Beef Dinner with Mash Potatoes, Yorkshire Pudding, Seasonal Veg & Gravy - (V) Roast Quorn Fillet with Mash Potatoes, Yorkshire Pudding, Seasonal Veg & Gravy - Jacket Potato with Tuna - Cheese Sandwich	Harry Ramsden's Crispy Fillet Of Fish with Oven Baked Chips & Baked Beans - (V) Quorn Dippers with Oven Baked Chips & Baked Beans - Jacket Potato with Beans - Tuna Sandwich
Week Three	(V) Plant Powered Meatballs with Pasta & Wholemeal Bread - (V) Cook's Homemade Choice Pizza with Oven Baked Herby Diced & Baked Beans - Jacket Potato with Cheese - Tuna Sandwich	Roast Chicken with Roast Potatoes, Seasonal Veg & Gravy - (V) Pasta in a Tomato Sauce with Homemade Dough Balls - Jacket Potato with Beans - Cheese Sandwich	Mini Brunch: Pork Sausage, Omelette, Hash Brown, Baked Beans & Tomato - (V) Mini Brunch: Vegetarian Sausage, Omelette, Hash Brown, Baked Beans & Tomato - Jacket Potato with Tuna - Ham Sandwich	Chicken & Vegetable Pie with Roast Potatoes - (V) Cheese & Baked Bean Puff Pastry Parcel with Mash Potatoes & Seasonal Veg - Jacket Potato with Cheese - Turkey Sandwich	Young's Fish Fingers with Oven Baked Chips & Baked Beans - (V) Crispy Vegetable Burger with Oven Baked Chips & Baked Beans - Jacket Potato with Beans - Tuna Sandwich

Available daily: bread basket, salad bar, main pudding, yogurt and a freshly prepared selection of fruit and water.

All our menus are compliant with the School Food Standards - we only serve farm assured meat MCS fish and free range eggs. Lo-Salt is always used as well as low fat milk and yogurts - we have reduced our sugar by 10% in our recipes. If you do require advice regarding allergens, please contact the Unit Catering Manager.

