



Lunch Time Menu

Did you know?
All the food in our menus comes from a 30 miles radius of Blackpool

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 08/06 29/06	Pasta in a Tomato & Basil Sauce (v), Homemade Herby Bread & Mixed Salad - Cook's Choice Homemade Pizza (v) Oven Baked Diced Potatoes & Mixed Salad - Jacket Potato with Beans	Pork Sausage Yorkshire Pudding, Mash Potato, Seasonal Vegetables & Gravy - Veggie Sausage (v) Yorkshire Pudding, Mash Potato, Seasonal Vegetables & Gravy - Jacket Potato with Tuna	Chicken Curry with Mixed Rice & Naan Bread - Veggie Curry (v) with Mixed Rice & Naan Bread - Jacket Potato with Cheese	Crispy Chicken, Lettuce & Mayo Wrap, Rainbow Rice, Sweetcorn & Mixed Salad - Tomato & Vegetable Pasta Bake (v), Wholemeal Crusty Bread - Jacket Potato with Tuna	Crispy Salmon Fish Fingers, Oven Baked Chips, Peas or Baked Beans - Protein Powered Crispy Nuggets (v), Oven Baked Chips, Peas or Baked Beans - Jacket Potato with Cheese
Week Two 15/06 06/07	Cook's Choice Homemade Pizza (v), Herby Diced Potatoes, Peas or Baked Beans - Cheese Puff Pastry Whirl (v), Oven Baked Herby Potatoes, Peas or Baked Beans - Jacket Potato with Beans	Roast Chicken, Mash Potato, Sage & Onion Stuffing, Seasonal Vegetables & Gravy - Roast Quorn Fillet (v), Mash Potato, Sage & Onion Stuffing, Seasonal Vegetables & Gravy - Jacket Potato with Tuna	Chicken Tikka Curry, Mixed Rice & Naan Bread - Pasta in a Spicy Tomato Sauce (v), Homemade Dough Balls & Mixed Salad - Jacket Potato with Cheese	British Beef Burger with Tortilla Chips, Vegetable Sticks & Mixed Salad - Veggie Burger (v), Tortilla Chips, Vegetable Sticks & Mixed Salad - Jacket Potato with Tuna	Crispy Coated Fillet of Fish, Oven Baked Chips, Peas or Baked Beans - Quorn Dippers (v), Oven Baked Chips, Peas or Baked Beans - Jacket Potato with Beans
Week Three 22/06 13/07	Cook's Choice Homemade Pizza(v), Oven Baked Herby Potatoes, Peas or Baked Beans - Vegetarian Sausage & Pastry Twists (v), Oven Baked Herby Potatoes & Baked Beans - Jacket Potato with Cheese	Roast Beef, Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy - Roast Fillet of Quorn (v), Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy - Jacket Potato with Beans	Mini Brunch: Pork Sausage, Omelette, Hash Brown, Baked Beans, Grilled Tomato & Mushrooms - Mini Brunch: Vegetarian Sausage (v), Omelette, Hash Brown, Baked Beans, Grilled Tomato & Mushrooms - Jacket Potato with Tuna	Cheese & BBQ Chicken, Oven Baked Potato Wedges, Sweetcorn or Mixed Salad - Pasta & Tomato Sauce (v), Homemade Dough Balls & Mixed Salad - Jacket Potato with Cheese	Youngs Fish Fingers, Oven Baked Chips, Peas or Baked Beans - Crispy Vegetable Burger (v), Oven Baked Chips, Peas or Baked Beans - Jacket Potato with Beans

Available daily: bread basket, salad bar, main pudding, yogurt and a freshly prepared selection of fruit and water.

All our menus are compliant with the School Food Standards - we only serve farm assured meat MCS fish and free range eggs. Lo-Salt is always used as well as low fat milk and yogurts - we have reduced our sugar by 10% in our recipes. If you do require advice regarding allergens, please contact the Unit Catering Manager.

