

*The Best That You Can Be...*

# Devonshire Primary Academy's



## Personal Development Offer

### 2024 - 2025



The Best That You Can Be...

**Devonshire Primary Academy**

**Devonshire's Personal Development Offer**



<b>EYFS: Personal Development</b>					
<b>Experiences</b>	<b>Skills</b>	<b>Events</b>	<b>First aid</b>	<b>Road Safety</b>	<b>Visits/ Visitors</b>
<p><b><u>Pre-School</u></b></p> <ul style="list-style-type: none"> <li>✓ Feed the birds</li> <li>✓ Watch tadpoles</li> <li>✓ Life cycles</li> <li>✓ Splash in puddles</li> <li>✓ Make a tent/den</li> </ul> <p><b><u>Reception</u></b></p> <ul style="list-style-type: none"> <li>✓ Make a mud pie</li> <li>✓ Make a wood creature</li> <li>✓ Splash in the puddles</li> <li>✓ Catch a falling leaf</li> <li>✓ Make a tent/ den</li> <li>✓ Spend all day in the allotment</li> <li>✓ Grow potatoes</li> <li>✓ Hatch butterflies</li> </ul>	<p><b><u>Pre-School</u></b></p> <ul style="list-style-type: none"> <li>✓ Eat a meal with table etiquette.</li> <li>✓ Clean teeth</li> <li>✓ Use balance bikes</li> <li>✓ Baking/ cooking</li> <li>✓ Zip and unzip coats</li> <li>✓ Take shoes on and off</li> </ul> <p>✓ Use Google Earth to find house</p> <p>✓ Toileting and washing hands independently</p> <p><b><u>Reception</u></b></p> <ul style="list-style-type: none"> <li>✓ Do buttons up</li> <li>✓ Take shoes on and off</li> <li>✓ Use Google Earth to find house number and street name</li> <li>✓ Toileting and washing hands independently</li> </ul> <p><b>Manners focus:</b></p> <p>please and thank you</p>	<p><b><u>Pre School</u></b></p> <ul style="list-style-type: none"> <li>✓ Mother's/ Father's/ Parent's day</li> <li>✓ Christmas, Halloween and Valentine's Parties</li> <li>✓ Rhymecital</li> <li>✓ Story stay and play</li> <li>✓ Christmas Cheer</li> </ul> <p><b><u>Reception</u></b></p> <ul style="list-style-type: none"> <li>✓ Easter Eggstravaganza</li> <li>✓ Nativity</li> <li>✓ Christmas, Halloween and Valentine's Parties</li> <li>✓ Stay and Play</li> </ul>	<p><b><u>Pre School</u></b></p> <p>Use plasters, wipes and bandages</p> <p>Sun safety activities.</p> <p><b><u>Reception</u></b></p> <p>The children need to know that if there is an emergency and their parent/ carer is unwell, they must get help.</p> <p>The children need to learn their address:</p> <p>Phone 999</p> <p>Tell the operator:</p> <ul style="list-style-type: none"> <li>- where you are</li> <li>- who is hurt</li> <li>- What has happened</li> </ul> <p>Use plasters, wipes and bandages</p> <p>Sun safety activities.</p>	<p><b><u>Pre-School and Reception</u></b></p> <p><b>The children should learn that they must:</b></p> <ul style="list-style-type: none"> <li>✓ Hold the hand of an adult.</li> <li>✓ Walk on the side of the pavement away from the traffic</li> <li>✓ Be aware that cars do appear from driveways and other hidden entrances so they must be careful even on the pavements.</li> <li>✓ Emergency Vehicles</li> </ul>	<p><b><u>Pre-School</u></b></p> <p>Farm Visit</p> <p>Local area walk</p> <p>Lidl shopping</p> <p>Christmas Pantomime</p> <p><b><u>Reception</u></b></p> <p>Nicky Nook- Rec</p> <p>Parkview</p> <p>Christmas Pantomime</p>



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KS1: Personal Development						
Experiences	Skills	Events	First aid	Road Safety	Visits/ Visitors	DWC
<p><b>Year 1</b></p> <p>Seed bombs Grow a sunflower</p> <p><b>Year 2</b></p>	<p><b>Year 1</b></p> <p>Sort recycling Know the months of the year song. Cutting fruit</p> <p><b>Year 2</b></p> <p>Tie shoelaces</p> <p><b>Manners focus:</b></p> <p>please and thank you Turn taking Saying 'Good Morning'</p>	<p><b>Year 1</b></p> <p>Nativity play</p> <p><b>Year 2</b></p> <p><b>Both</b></p> <p>Christmas Parties Visit with Father Christmas Easter Bonnet Parade World Book Day Health and wellbeing week Mental health day/ week</p>	<p>Whole school delivery of basic first aid training during health week.</p> <p>The children need to know that if there is an emergency and their parent/ carer is unwell, they must get help. The children need to learn their address:</p> <p>Phone 999 Tell the operator: - where you are - who is hurt - What has happened</p> <p>If they have a nosebleed, they must:</p> <p>-Sit up straight -Tilt their head forwards -Pinch the soft part of their nose for 10 minutes - If it doesn't stop, call 999</p> <p>Sun safety training in health and wellbeing week.</p>	<p>Children are to learn how to cross a road safely. <b>They should:</b></p> <ul style="list-style-type: none"> <li>✓ Always cross the road with an adult.</li> <li>✓ Choose a safe place to cross and explain why it is safe.</li> <li>✓ Always try to use a pedestrian crossing or a crossing patrol.</li> <li>✓ Never cross between parked cars</li> <li>✓ Remind their parents about the Green Cross Code. (stop at the kerb, look both ways, listen for traffic before crossing)</li> </ul>	<p><b>Year 1</b></p> <p>Dental Nurse to visit Visit to a Library (get a library card) Along the prom on a tram Ribby Hall Wild Discovery</p> <p><b>Year 2</b></p> <p>Visit to a Library Fire safety talk/visit Church visit Stanley Park Living things and their habitats talk (zoo)</p> <p>Christmas Pantomime</p>	<p><b>Year 1:</b></p> <p><b>Me and my wonderful brain:</b> parts of the Brain and Hippocampus <b>My Feelings:</b> label feelings inside and out <b>My happiness:</b> appreciation <b>My character:</b> Understanding Characteristic traits <b>My relationships:</b> Understanding differences.</p> <p><b>Year 2</b></p> <p><b>Growth Mindset:</b> Positive internal dialogue and language <b>Bouncebackability:</b> How to be resilient <b>Gratitude:</b> How can we show gratitude <b>Empathy:</b> How can we show empathy</p>

**LKS2: Personal Development**



Experiences	Skills	Events	First aid	Road Safety	Visits/ Visitors	DWC
<p><b>Year 3</b> Go bird watching Make a fairy garden</p> <p><b>Year 4</b> Use glass paint to decorate the deck</p>	<p><b>Year 3</b> Washing up</p> <p><b>Year 4</b> Setting a table</p> <p><b>Manners focus:</b>  Holding doors  Turn taking- conversations (listening and responding)  Saying good morning</p>	<p><b>Year 3</b></p> <p><b>Year 4</b> Swimming</p> <p><b>Both</b> Christmas Parties Easter Bonnet Parade World Book Day Health and wellbeing week Mental health day/ week# Carols by candlelight Service Older literature play (Hobbit)</p>	<p>Whole school delivery of basic first aid training during health week.</p> <p>The children need to know that if there is an emergency and their parent/ carer is unwell, they must get help: Phone 999 Tell the operator where you are, who is hurt, what has happened</p> <p><b>Year 3</b> An unresponsive person does not move or answer you. If someone is unresponsive, to check they are breathing you must: -Send someone for help -Gently tilt the person's head back to open their airway -Look, listen and feel for breaths -If they are not breathing tell an adult and call 999</p> <p>If someone is unresponsive and breathing -Send someone for help -Turn them on their side -Tip their head back -Tell an adult and call 999</p> <p><b>Year 4</b> If someone is having an asthma attack: -send for help -Get the person to sit comfortably Encourage them to use inhaler</p> <p>Sun safety</p>	<p>The children must be taught how to cross the road safely. <b>They must:</b></p> <ul style="list-style-type: none"> <li>✓ Always use the Green Cross Code</li> <li>✓ Wait at the kerb by the crossing so that drivers know they want to cross</li> <li>✓ At a signal crossing, press the button and wait for the green man to light up and never walk out while the red man is showing, even if the cars have stopped or other people are crossing</li> <li>✓ Always walk over the actual black and white stripes of a crossing - many accidents happen around crossings</li> <li>✓ Never cross the road while using their mobile phone or while listening to music on headphones</li> <li>✓ Stay alert at all times, remember cyclists and motorcyclists use the roads as well as drivers</li> </ul>	<p>Regular visits to a library</p> <p><b>Year 3</b>  Synagogue visit Windermere  Ribble Explorers- Stanley Park  Humph's Histories- Egyptians</p> <p><b>Year 4</b>  Martin Mere Humph's Histories- Saxons Puberty Talk from SCARF educator  Christmas Pantomime</p>	<p><b>Year 3:</b> <b>Me and my wonderful brain:</b> parts of the Brain and Hippocampus <b>My Feelings:</b> label feelings inside and out <b>My happiness:</b> appreciation <b>My character:</b> Understanding Characteristic traits <b>My relationships:</b> Understanding differences.</p> <p><b>Year 4</b> <b>Growth Mindset:</b> Positive internal dialogue and language <b>Bouncebackability:</b> How to be resilient <b>Gratitude:</b> How can we show gratitude <b>Empathy:</b> How can we show empathy</p>

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#### UKS2: Personal Development

Experiences	Skills	Events	First aid	Road Safety	Visits/ Visitors	DWC
<p><b>Year 5</b></p> <p>Board Game/Card Games Day – Snap! Monopoly, Guess Who</p> <p><b>Year 6</b></p> <p>Bag shopping in Lidl</p> <p>Gaze at the stars-spot constellations (Rossall School)</p> <p>Entertaining the elderly</p>	<p><b>Year 5</b></p> <p>Plant it, grow it, eat it.</p> <p><b>Year 6</b></p> <p>Hair and beauty student (JE) from Blackpool and the Fylde college to demonstrate skills to ensure hair hygiene-washing hair.</p> <p>Keeping clean (washing etc...)</p> <p>Reading timetables (bus/school lessons)</p> <p>Tying a tie</p> <p>Catching buses and trains</p> <p><b>Manners focus:</b></p> <p>Saying 'Sorry to disturb you/Excuse me'</p> <p>Holding doors</p>	<p><b>Year 5</b></p> <p>Pamper party 'Prom'</p> <p>Production</p> <p>Transition days</p> <p>Shakespeare Day</p> <p><b>Both</b></p> <p>TTRS launch</p> <p>Christmas Parties</p> <p>Carols by candlelight Service</p> <p>Easter Bonnet Parade</p> <p>World Book Day</p> <p>Health and wellbeing week</p> <p>Mental health day/ week</p> <p>Older literature play</p> <p>History Day</p> <p>Number Day</p> <p>Science Day with Mad Science Assembly</p>	<p>Whole school delivery of basic first aid training during health week.</p> <p>Red Cross deliver lessons to Y5 and Y6 in Health and Wellbeing week.</p> <p><b>Year 5</b></p> <p>If someone is bleeding:</p> <ul style="list-style-type: none"> <li>-Put on gloves</li> <li>-Apply pressure</li> <li>-Apply a dressing</li> <li>-Do not remove the object</li> </ul> <p><b>Year 6</b></p> <p>If someone is choking:</p> <ul style="list-style-type: none"> <li>-send someone for help</li> <li>-Hit the person firmly in the back up to 5 times</li> <li>- check their mouth</li> <li>-if the object does not come out, tell an adult and phone 999</li> </ul> <p>Recap on calling for help</p> <p>CPR- defibrillator training</p> <p><b>Both</b></p> <p>Sun safety.</p> <p>Water safety</p> <p>Hygiene</p> <p>Fire safety</p>	<p>The children should revisit all of the above, in addition to ensuring that the children have a good understanding of how to behave around buses in preparation for high school.</p> <p><b>They should:</b></p> <ul style="list-style-type: none"> <li>✓ Stop, look and listen before they cross any road</li> <li>✓ Ensure that they should stay on the footpath or the verge until the bus has moved far away</li> <li>✓ Act sensibly on and around school buses</li> <li>✓ Be aware of the dangers of traffic being hidden from their view by the school bus</li> <li>✓ Never cross the road in front of the bus</li> </ul> <p>Ensure that children are aware of the safety advice around cycling to and from school.</p> <p><a href="https://www.nidirect.gov.uk/articles/cycling-safety">https://www.nidirect.gov.uk/articles/cycling-safety</a></p>	<p><b>Year 5</b></p> <p>Humph's Histories-Victorians</p> <p>Orchestra visit at The Tower Ballroom</p> <p>Show Town</p> <p>Visit a stately home – Abbeystead Country Manor</p> <p>Puberty Talk from SCARF educator</p> <p>Forest of Bowland</p> <p><b>Year 6</b></p> <p>Grundy Art Gallery</p> <p>Shakespeare Play at Grand Theatre</p> <p>High ropes</p> <p>Residential Trip</p> <p>Seaside + ice cream</p> <p>Police/PCSO visit – drugs, vaping and bullying</p> <p>Puberty Talk from SCARF educator</p> <p>Fire and road safety talks</p> <p><b>Both</b></p> <p>Visit the library</p>	<p><b>Year 5:</b></p> <p><b>Me and my wonderful brain:</b> parts of the Brain and Hippocampus</p> <p><b>My Feelings:</b> label feelings inside and out</p> <p><b>My happiness:</b> appreciation</p> <p><b>My character:</b> Understanding Characteristic traits</p> <p><b>My relationships:</b> Understanding differences.</p> <p><b>Year 6</b></p> <p><b>BREATHE:</b> How to deal with stress</p> <p><b>Bouncebackability:</b> How to understand mine and others' emotions</p> <p><b>Connections:</b> How to connect with others and recap on all previous learning - transition to high school</p>

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**Devonshire's Personal Development Offer - Visit overview**



<b><u>YEAR GROUP</u></b>	<b><u>EDUCATIONAL VISIT /ACTIVITY</u></b>	<b><u>ENRICHMENT VISIT /ACTIVITY</u></b>	<b><u>PLACES OF WORSHIP</u></b>
<b>PRE-SCHOOL</b>	Hands on animals	Trips in the local community – Costa/Lidl	
<b>RECEPTION</b>	Nicky Nook and café experience	Park View	
<b>YEAR 1</b>	Blackpool tram experience	Ribby Hall Petting Zoo	
<b>YEAR 2</b>	Blackpool Zoo	Stanley Park (park)	
<b>YEAR 3</b>	Lake Windermere	Blackpool Beach	St. Thomas Church
<b>YEAR 4</b>	Martin Mere	Stanley Park (walk)	Sikh Gurdwara OR Hindu Temple
<b>YEAR 5</b>	Humphrey's Histories	Blackpool Illuminations	Shul By the Sea Synagogue
<b>YEAR 6</b>	Borwick Residential	Brockholes	Blackpool Central Mosque

