

Anti-Bullying

Information for pupils

What is bullying?

When someone says or does something **unintentionally** hurtful and it happens **once**, this is **rude**.

When someone says or does something **intentionally** hurtful and they do it **once**, that's **mean**.

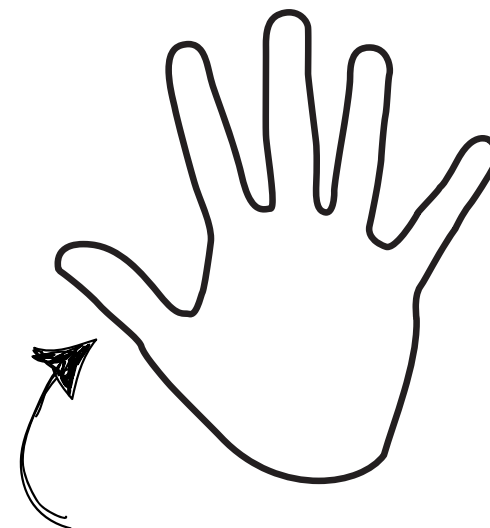
When someone says or does something **intentionally** hurtful and they do it **several times on purpose** to upset you, that is **bullying**.



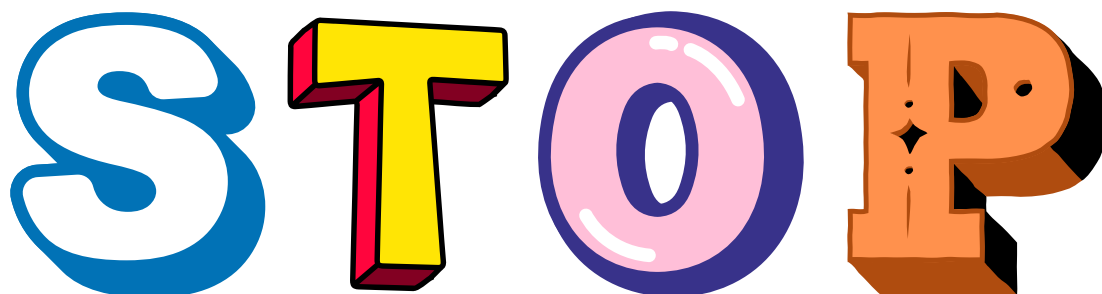
If bullying is happening to you, or one of your friends, you **MUST** tell someone.

Who can I tell?

- Teachers and staff
- Play Leaders
- Peer Mentors
- Friends
- Worry Boxes
- Parents



On each finger, write down the name of a person who you can ask for help if you are being bullied.



Several

Times

On

Purpose