

What is it like to be a Hindu in Britain today?

What you've learnt already

- Everyone is special in their own right
- Everyone has their own special celebrations in their own faiths
- Hindu beliefs about Brahman and karma.
- The trimurti (Brahma, Vishnu and Shiva) (Y4)
- The story of Rama and Sita (Y4)

Choices?

- What are your 10 duties to live life by?
- Do you think it would be difficult or easy to be a Hindu in today's Britain?
- What is important to you?
- Do you live your life to its best potential ?

Key Vocabulary

Aarti	Light, which removes darkness
Bhajans	Hindu worship song
Deities	Word often used for gods and goddesses
Dharma	Describes a Hindu's whole way of life
Diwali	The 5 day 'Festival of Lights'
Mandir	Hindu temple
Murtis	Statues or images of the Hindu deities
Puja tray	Hindu worship tray, including a bell, water and spoon, incense, Kum Kum powder, diva lamp, offerings
Kum Kum powder	Made into a paste to show respect to the deity and on the worshipper to show the god's blessing.
Sanatan dharma	The 'Eternal Way' - often used by Hindus for the religion of Hinduism.
Worship	The feeling or expression of adoration to a deity.

Key figures Rama and Sita



Similarities to other religions

Buddhism - believing in reincarnation
 Sikhism - believe in concepts like Karma
 Christianity - worshipping 'Jesus-like' Ishu as their primary God
 Diwali is a light festival similar to Hannukah and Christmas
 Celebrations involve family, friends, food, presents (Christmas and Eid)

Lesson Sequence

L1	WALT: understand how Hindus show their faith at home.
L2	WALT: understand how Hindus show their faith when they are together.
L3	WALT: Understand temptations and their impact.
L4	WALT: Explore how Hindus celebrate Diwali today and consider what is important at Diwali.
L5	WALT: Consider what it is like to be a Hindu in Britain today.

Artefacts and Symbols



Puja tray



Aarti ceremony

Key Knowledge

- Understand vocabulary 'dharma', 'Sanatan Dharma', and 'Hinduism'
- Recognise and name some of the Hindu deities including the Trimurti (Brahma, Vishnu, Shiva).
- Know that the murti represent different deities and that these represent different aspects of 1 god.
- Know that Hinduism is a whole 'way of life' and how this is shown e.g. correct way to live, many are vegetarian to respect life.
- Know how Hindus show their faith within their families in Britain today e.g. with the family shrine.
- Know how Hindus show their faith within their faith communities in Britain today e.g. offerings, prayer, sing, dance.
- Know what is on a Puja tray and the symbolism of these.
- Know that the aarti ceremony shows that darkness (symbolising ignorance or bad thoughts) is overcome by light (blessings, prayer, worship)
- Be aware of Hindu Bhajans (worship songs) and how these may sound e.g. upbeat and cheerful, calming and peaceful.
- Know the temptations faced by Rama, Sita and Disratha.
- Know that Hindus were amongst those invited to Britain after WW2.
- Have ideas about what is good about being a Hindu in Britain today, e.g. celebrating Diwali, many have professional jobs, food is enjoyed by non Hindus.

What is it like to be a Hindu in Britain today?

Who are Rama and Sita?	Where do Hindus go to come together as a community?	What does 'dharma' mean?	Why were people from India and Pakistan invited to Britain in the past?
What is on the puja tray?	What are Bhanjans and why are they used?	What % of the UK population are Hindu? How does this compare to Bolton?	What does the tealight/candle represent when worshipping for Hindus?
What is the Diwali celebration like in the UK and in India?	Explain how Hindus celebrate and worship at home.	What happens in the Aarti ceremony?	Who are the 3 main deities in Hinduism?
Do you think it is difficult or easy to be a Hindu in modern Britain today? Why?	How can the story of Diwali help Hindus?	What does 'Sanatan dharma' mean? How is it different to 'dharma'?	What do the items on the puja tray symbolise?

One Point

Two Points

Three Points

Four Points