

What is it like to be a Hindu in Britain today?

What you've learnt already

- Everyone is special in their own right
- Everyone has their own special celebrations in their own faiths
- Hindu beliefs about Brahman and karma.
- The trimurti (Brahma, Vishnu and Shiva) (Y4)
- The story of Rama and Sita (Y4)

Choices?

- What are your 10 duties to live life by?
- Do you think it would be difficult or easy to be a Hindu in today's Britain?
- What is important to you?
- Do you live your life to its best potential?

Key Vocabulary

Aarti	Light, which removes darkness
Bhajans	Hindu worship song
Deities	Word often used for gods and goddesses
Dharma	Describes a Hindu's whole way of life
Diwali	The 5 day 'Festival of Lights'
Mandir	Hindu temple
Murtis	Statues or images of the Hindu deities
Puja tray	Hindu worship tray, including a bell, water and spoon, incense, Kum Kum powder, diva lamp, offerings
Kum Kum powder	Made into a paste to show respect to the deity and on the worshipper to show the god's blessing.
Sanatan dharma	The 'Eternal Way' - often used by Hindus for the religion of Hinduism.
Worship	The feeling or expression of adoration to a deity.

Key figures Rama and Sita



Similarities to other religions

Buddhism - believing in reincarnation
 Sikhism - believe in concepts like Karma
 Christianity - worshipping 'Jesus-like' Ishu as their primary God
 Diwali is a light festival similar to Hannukah and Christmas
 Celebrations involve family, friends, food, presents (Christmas and Eid)

Lesson Sequence

L1	WALT: understand how Hindus show their faith at home.
L2	WALT: understand how Hindus show their faith when they are together.
L3	WALT: Understand temptations and their impact.
L4	WALT: Explore how Hindus celebrate Diwali today and consider what is important at Diwali.
L5	WALT: Consider what it is like to be a Hindu in Britain today.

Artefacts and Symbols



Puja tray



Aarti ceremony

Key Knowledge

- Understand vocabulary 'dharma', 'Sanatan Dharma', and 'Hinduism'
- Recognise and name some of the Hindu deities including the Trimurti (Brahma, Vishnu, Shiva).
- Know that the murti represent different deities and that these represent different aspects of 1 god.
- Know that Hinduism is a whole 'way of life' and how this is shown e.g. correct way to live, many are vegetarian to respect life.
- Know how Hindus show their faith within their families in Britain today e.g. with the family shrine.
- Know how Hindus show their faith within their faith communities in Britain today e.g. offerings, prayer, sing, dance.
- Know what is on a Puja tray and the symbolism of these.
- Know that the aarti ceremony shows that darkness (symbolising ignorance or bad thoughts) is overcome by light (blessings, prayer, worship)
- Be aware of Hindu Bhajans (worship songs) and how these may sound e.g. upbeat and cheerful, calming and peaceful.
- Know the temptations faced by Rama, Sita and Disratha.
- Know that Hindus were amongst those invited to Britain after WW2.
- Have ideas about what is good about being a Hindu in Britain today, e.g. celebrating Diwali, many have professional jobs, food is enjoyed by non Hindus.