

What is bullying?

What Is Bullying?

The pupils of the school have agreed the following definition through work completed in assemblies, Circle Time and lessons:

Bullying is intentional hurting of one person by another.

Bullying is Several Times On Purpose (STOP)

It is an act of aggression causing embarrassment, pain, or discomfort to someone.

It can be carried out physically, verbally, emotionally or through Cyberspace. It can be an abuse of power. It can be planned and organised, or it may be unintentional. It may be perpetrated by individuals or by groups of pupils.

Some pupils are in some way more vulnerable to bullying, such as pupils who have **specific abilities, disabilities or special educational needs** (including behaviour), **pupils new to the school, pupils who fall into specific social groups due to their family status or those with English as an Additional Language**. School is highly aware of these pupils and takes additional care to meet their needs.



Forms of Bullying

Physical (e.g. pushing, kicking, hitting, punching or any use of violence towards a person or their property).

Verbal – direct or indirect (e.g. name calling, sarcasm, spreading rumours, teasing with reference to somebody being different. Involves speaking to a person or about a person. This also includes phone calls).

Emotional (e.g. staring, glaring, exclusion from activities or friends, tormenting, threatening, made up stories, spreading rumours).

Online (e.g. using technology to hurt someone through a variety of media such as text messages, the internet, social networks, video hosting sites etc. Misuse of associated technology such as camera and video facilities including those on mobile phones).



is a NO
BULLYING
ZONE!

Parent and Carer Information November 2021

For further information, please see our website or ask at the office to speak with :

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The role of parents/carers

Parents/carers who are concerned that their child might be being bullied, or who suspect that their child may be the perpetrator of bullying, should contact their child's class teacher immediately who will follow the school's policy and procedures. If they are not satisfied with the response, they should contact the head teacher. If they remain dissatisfied, they should follow the school's complaints procedure, which is available from the school office.

Parents/carers have a responsibility to support the school's anti-bullying policy, actively encouraging their child to be a positive member of the school.

Parents are discouraged from trying to deal with any incidents of bullying themselves, by approaching either the child involved or their parents.



Several Times On Purpose



We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere.

Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils and adults within our school family should be able to report it with the confidence that incidents will be dealt with promptly and effectively.

We are a TELLING school. This means that anyone who knows that bullying is happening to one of our pupils is expected to report it.

The school will seek ways to counter the effects of bullying that may occur within school or the local community, and will provide activities within the curriculum to minimise the likelihood of bullying taking place.

Our school has high expectations for behaviour and we will challenge any behaviour that falls below these.

We aim to ensure that all pupils feel secure, are able to trust without fear, and can expect protection from adults in positions of care and responsibility.

How school actively works to prevent bullying:

Staff use the following methods to attempt to prevent bullying from happening at our school.

As and when appropriate, these include:

- Creating a positive school ethos
- Providing a high quality learning environment
- Signing a behaviour contract in each class
- Displaying our Anti-Bullying rules
- Teaching high quality PSHE lessons
- Reading stories about bullying
- Anti-Bullying assemblies
- Year 5 Play Leaders
- Year 5 and 6 Peer Mentors trained in Restorative Justice techniques
- Zoning areas of the playground to increase the range of activities available
- Class discussions about bullying
- Encourage the children to share feelings
- Having an open door policy
- Outside agencies provide workshops for children e.g. NSPCC, FortAlice
- Four 'Speak Out. Stay Safe.' boxes
- Online Safety Week