

Apple iPhone & iPad

Controls & Settings guide

You can enable restrictions to stop your children from using specific features and applications on an iPhone or iPad, including blocking access to iTunes, restrict explicit content and in-app purchasing.

You can also limit access to the camera and sharing of photos.



What do I need?

An iPhone or iPad device and account

Restrictions you can apply



Apps Access



Browser Access



In App purchasing



Inappropriate content



Media streaming



Online games



Parental control



Sharing Data



Sharing location



Social networking



Timer

Step by Step instructions

[Enable screen time](#)

[Managing in-app purchases in screen time](#)

[Guided access](#)

[Prevent web content](#)

[Restrict Siri web search](#)

[Restrict game center](#)

[Allow changes to privacy settings](#)

[Allow changes to other settings and features](#)

1. Enable screen time

Using Screen Time to set content privacy restrictions and manage in-app purchases

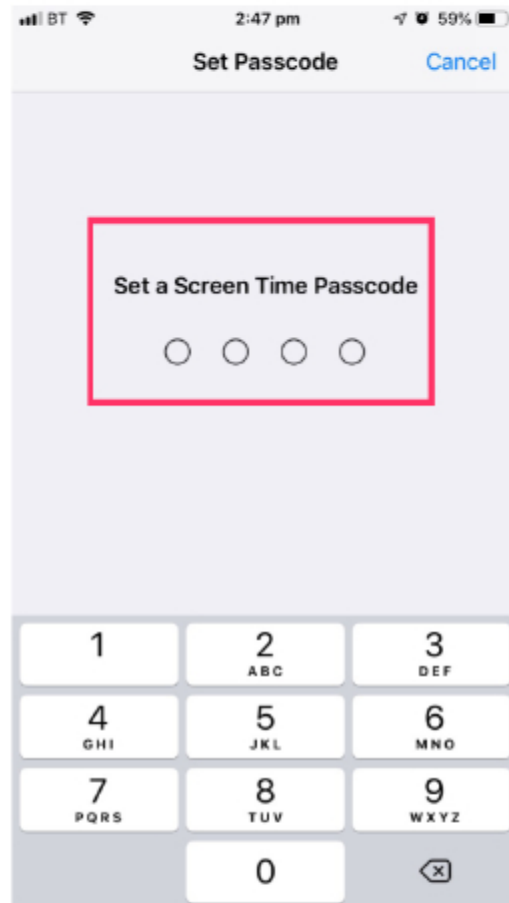
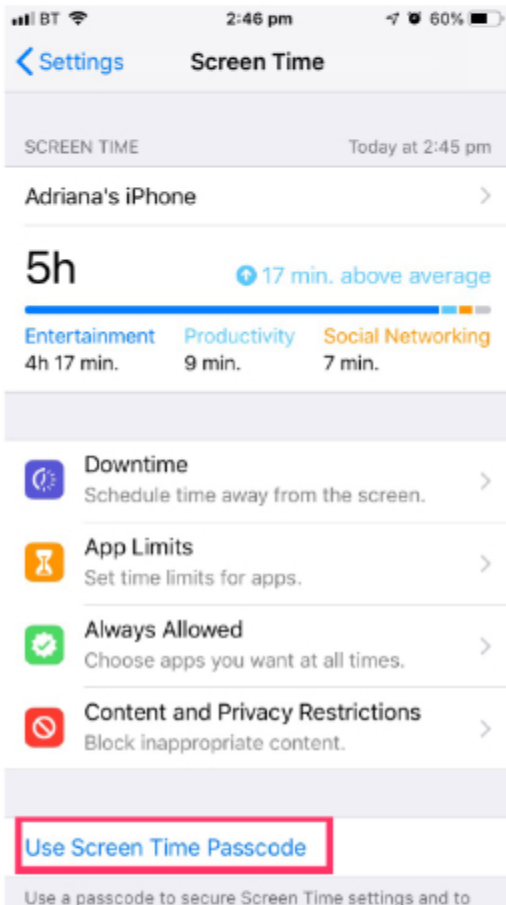
Go to “Settings” and tap “Screen Time”.



2. Tap Continue, then choose “This is My [Device]” or “This is My Child’s [Device].”

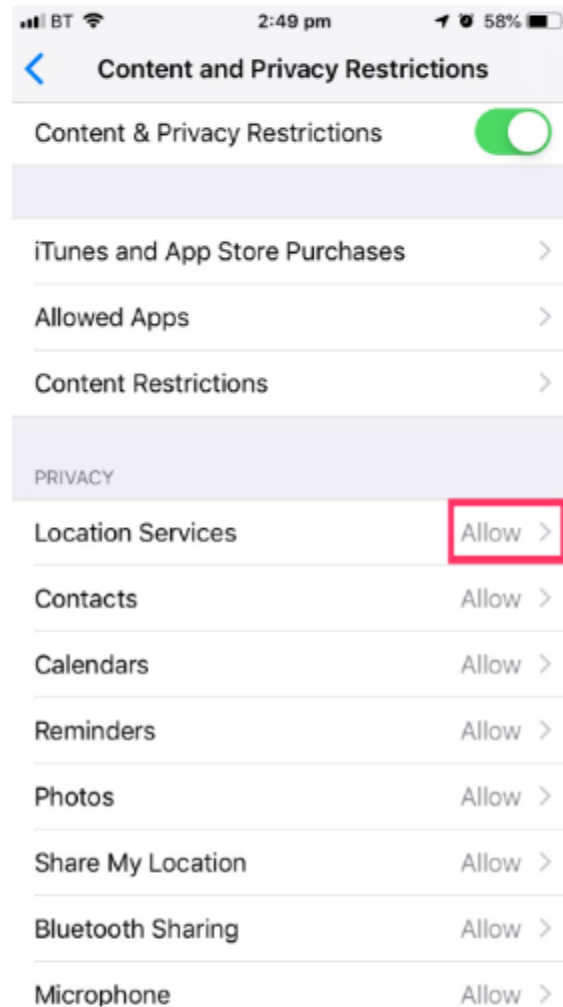
If it's a shared device and you'd like to ensure settings are not changed then tap “Use Screen Time Passcode”.

Then re-enter the passcode to confirm. If it's a child's device, you can follow prompts until you get to Parent Passcode and enter a passcode. Re-enter to confirm.



3. Tap **Content & Privacy Restrictions**". If asked, enter your passcode, then you can turn on **Content & Privacy**.

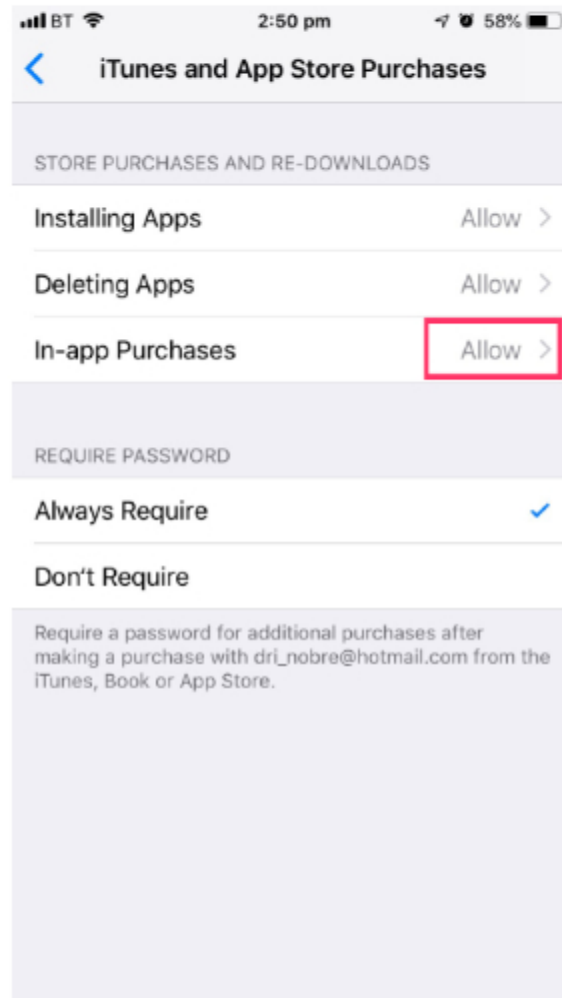
Once you have set up your code, in this section, you can manage in-app purchase, access to apps and automatically filter website content to limit access to adult content in Safari and apps on your device.



4. Managing in-app purchases in screen time

Tap “iTunes & App Store Purchases”. Choose a setting and set it to “Don’t Allow”.

Please note you can also change your password settings for additional purchases from the iTunes & App Store or Book Store. Follow steps 1-3, then choose Always Require or Don’t Require.

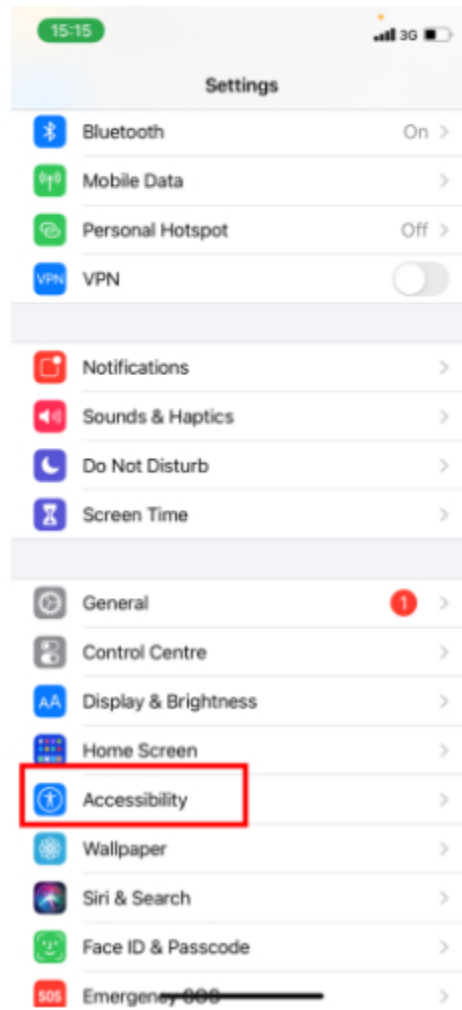


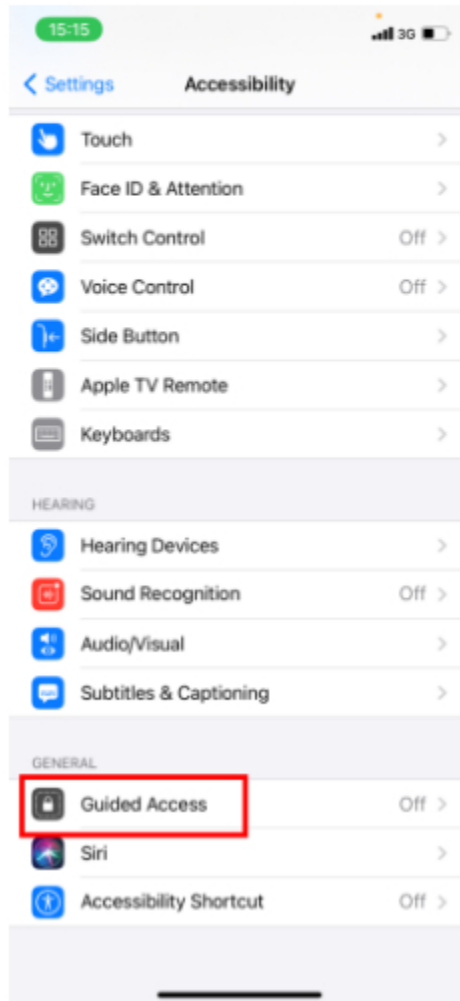
5. Guided Access

Guided Access allows you to lock your iPhone or iPad when in an app. This may be useful for children as they won't be able to come out of that particular app and will stop them from accessing other apps and settings.

To enable:

Go to your “Settings” tap “Accessibility” then scroll down and tap “Guided Access”.





6. Tap the Guided Access toggle so it turns green.

Then to start the Guided Access, tap the side (power) button three times. When enabled, the buttons and touchscreen will be disabled.

In this section, you can also set a passcode, time limit and enable auto-lock features.

To turn it off, tap the side button three times.



7. You can change the options which will appear in the bottom left of your screen which will allow the configure the settings for the app you or your child is on.

Tip: Alternatively, you can easily turn on Guided Access by giving the command to Siri which Siri will automatically do for you.

8. Prevent web content

iOS can automatically filter website content to limit access to adult content in Safari and apps on your device. You can also add specific websites to an approved or blocked list, or you can limit access to only approved websites. Follow these steps:

Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' and enter your Screen Time passcode. Then, tap 'Content Restrictions', then tap 'Web Content'.

Choose Unrestricted Access, Limit Adult Websites, or Allowed Websites Only.

1



15:21 📶 🔋

[Settings](#) **Screen Time**

ALL DEVICES

Daily Average
5h 49m 📉 22% from last week

Day	Screen Time
M	3h
T	0h
W	0h
T	0h
F	0h
S	0h
S	0h

[See All Activity](#) >

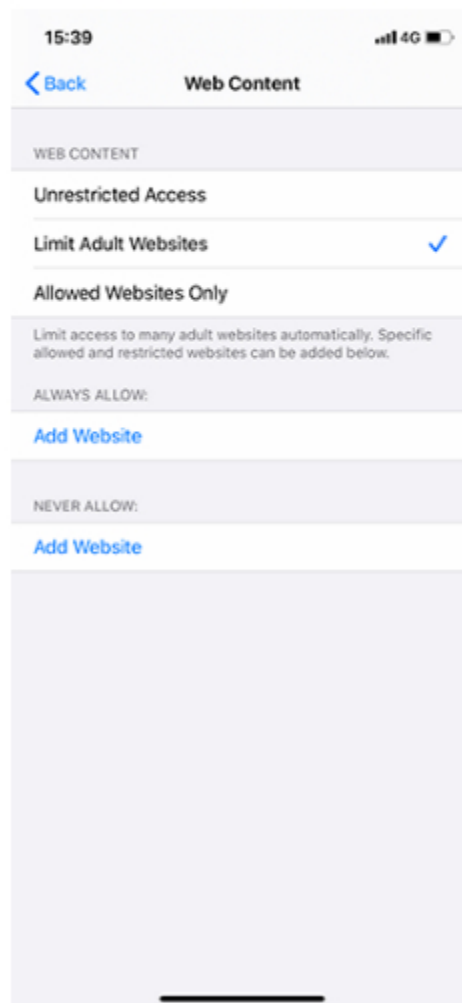
Updated today at 15:21

- Downtime**
Schedule time away from the screen. >
- App Limits**
Set time limits for apps. >
- Communication Limits**
Set limits based on your contacts. >
- Always Allowed**
Choose apps you want at all times. >
- Content & Privacy Restrictions**
Block inappropriate content. >

FAMILY

- Johnny Appleseed** >

3

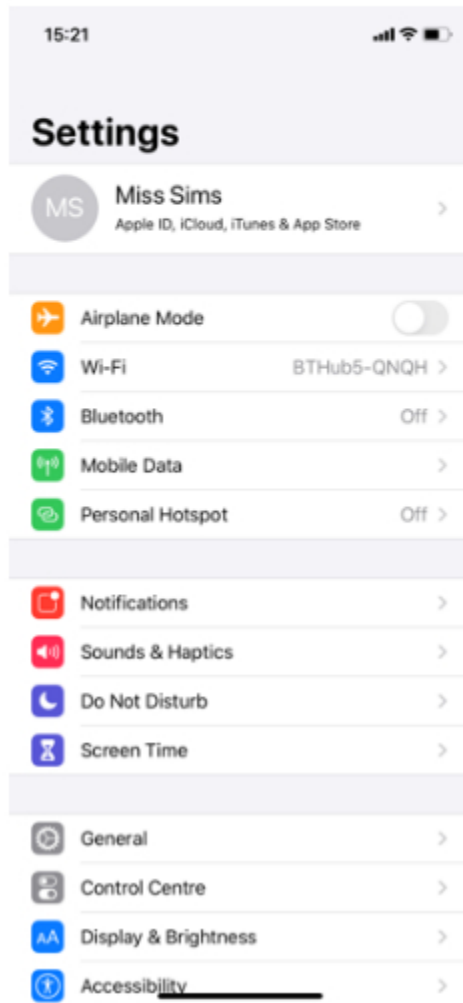


9. Restrict Siri web search

Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Then, tap 'Content Restrictions'. Scroll down to Siri, then choose your settings.

You can restrict these Siri features:

- Web Search Content: Prevent Siri from searching the web when you ask a question
- Explicit Language: Prevent Siri from displaying explicit language



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S	0h

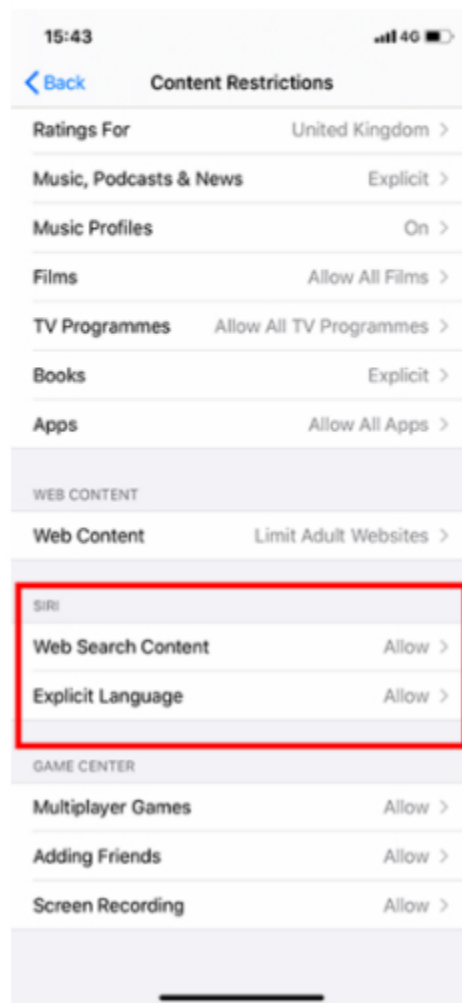
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10. Restrict game center

Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' and enter your Screen Time passcode. Then, tap 'Content Restrictions' Scroll down to Game Center, then choose your settings.

You can restrict these Game Center features:

- Multiplayer Games: Prevent the ability to play multiplayer games
- Adding Friends: Prevent the ability to add friends to Game Center
- Screen Recording: Prevent the ability to capture the screen and sound



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Settings



Miss Sims

Apple ID, iCloud, iTunes & App Store



Airplane Mode



Wi-Fi

BTHub5-QNQH >



Bluetooth

Off >



Mobile Data



Personal Hotspot

Off >



Notifications



Sounds & Haptics



Do Not Disturb



Screen Time



General



Control Centre



Display & Brightness



Accessibility





15:21 📶 🔋

[Settings](#) **Screen Time**

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5h 49m 📉 22% from last week

Day	Screen Time (approx.)
M	5h 49m
T	0h
W	0h
T	0h
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S	0h
S	0h

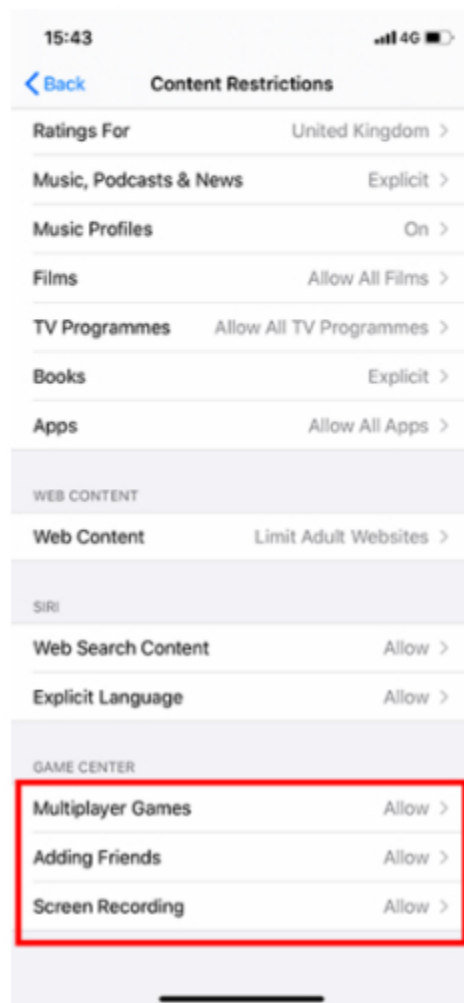
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11. Allow changes to privacy settings

If you have the iOS 14.5 update or above, the App Tracking Transparency feature lets you decide if you want apps to track your activity for advertising purposes. This may not be suitable for children as it may encourage in-app spending.

To disable:

Go to Settings, then 'Privacy'. Tap 'Tracking'. The toggle button should be grey – this means the feature is disabled. Green means enabled.


















Important: If you allow apps to ask to track you, you'll start to see prompts when you launch updated apps requesting permission to track your activity. If you don't allow apps to ask you for permission, all apps will automatically be blocked from tracking your activity.

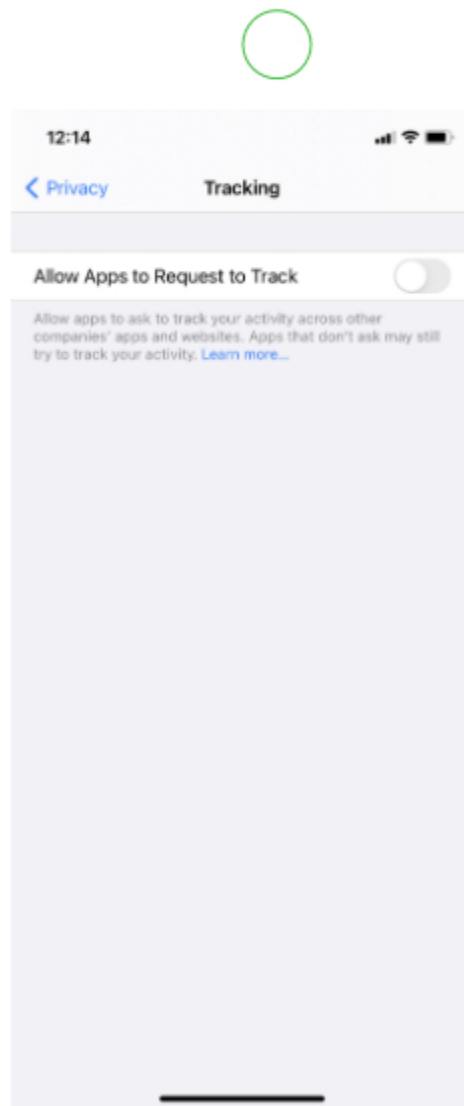
12:14



< Settings

Privacy

-  Location Services On >
-  Tracking >
-  Contacts >
-  Calendars >
-  Reminders >
-  Photos >
-  Bluetooth >
-  Local Network >
-  Microphone >
-  Speech Recognition >
-  Camera >
-  Health >
-  Research Sensor & Usage Data >
-  HomeKit >
-  Media & Apple Music >
-  Files and Folders >
-  Motion & Fitness >



12. Allow changes to privacy settings

The privacy settings on your device give you control over which apps have access to information stored on your device or the hardware features

Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Tap 'Privacy', then choose the settings you want to restrict



15:21



Settings



Miss Sims

Apple ID, iCloud, iTunes & App Store



Airplane Mode



Wi-Fi

BTHub5-QNQH >



Bluetooth

Off >



Mobile Data



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Notifications



Sounds & Haptics



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Display & Brightness



Accessibility





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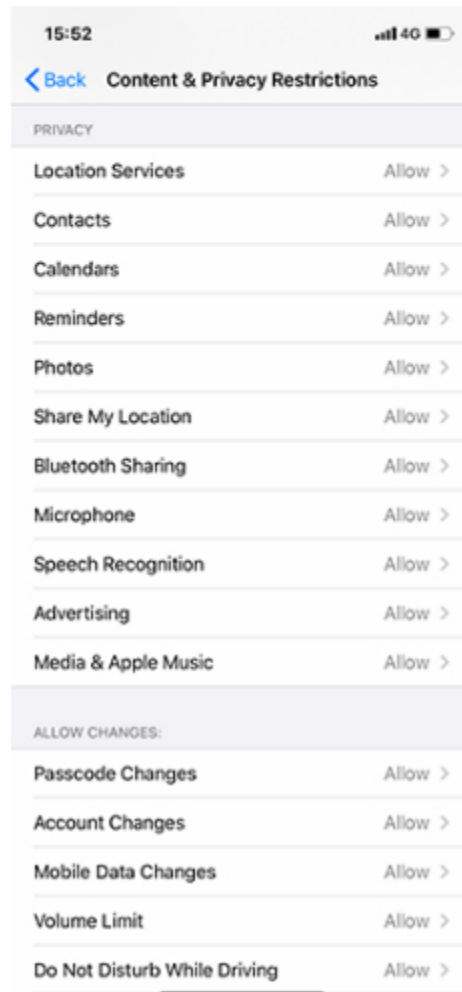
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13. Allow changes to other settings and features

You can allow changes to other settings and features, the same way you can allow changes to privacy settings.

Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Always Allowed, select the features or settings you want to allow changes to and choose Allow or Don't Allow.



15:21



Settings



Miss Sims

Apple ID, iCloud, iTunes & App Store



Airplane Mode



Wi-Fi

BTHub5-QNQH >



Bluetooth

Off >



Mobile Data



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Off >



Notifications



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15:54 4G


[Screen Time](#) Always Allowed


ALLOWED CONTACTS
Limit who you can communicate with during downtime. Limits apply to Phone, FaceTime and Messages.


Contacts Everyone >

ALLOWED APPS
Always-allowed apps are available during downtime or if you selected the "All Apps & Categories" app limit.


-  Phone


-  Messages


-  FaceTime


-  Maps


CHOOSE APPS:


-  9 Cut


-  Acrobat


-  AdBlock for Safari

-  Adobe Acrobat Reader DC

-  Adobe Bridge CS6

-  Adobe Flash Player Install Manager

-  Adobe Illustrator CC 2015

-  Alibaba.com