

# Electronic Arts app parental controls

## Controls & Settings guide

Electronic Arts app parental controls can help you manage your teen's screen time and how much they can spend. Learn how to set up family accounts and more with this guide for PC.

## What do I need?

Your child's games system, a parental EA account and an EA account for your teen.

### Restrictions you can apply



In App purchasing



Online games



Parental control



Purchasing



Screen time

## Step by Step instructions

These steps were recreated on the Electronic Arts app available on PC.

[Set up a family account](#)

[Create a child account](#)

[Add teen account](#)

[Manage screen time with playtime tracking](#)

[How to set spending limits](#)

[Upgrade a child account to a teen account](#)

## 1. Set up a family account

To manage your children's screen time and spending, set up a family account with the Electronic Arts app.

### To set up a family account:

Step 1 – Create your own account on the EA app before creating your children's. Use your own email and a password different from what your children or teens use.

Step 2 – From the Electronic Arts app home screen, click on your profile in the top right corner. Click settings.

Step 3 – From here, you can manage your own account. Go to the Family playtime tab at the top of the screen to **add users to your family**.

1

EA

EA

Sign in to your EA Account

Google Facebook Apple Twitter Xbox PlayStation

or

PHONE OR EMAIL

Enter your phone or email

PASSWORD

Enter your password

Keep me signed in ⓘ

Sign in as invisible ⓘ

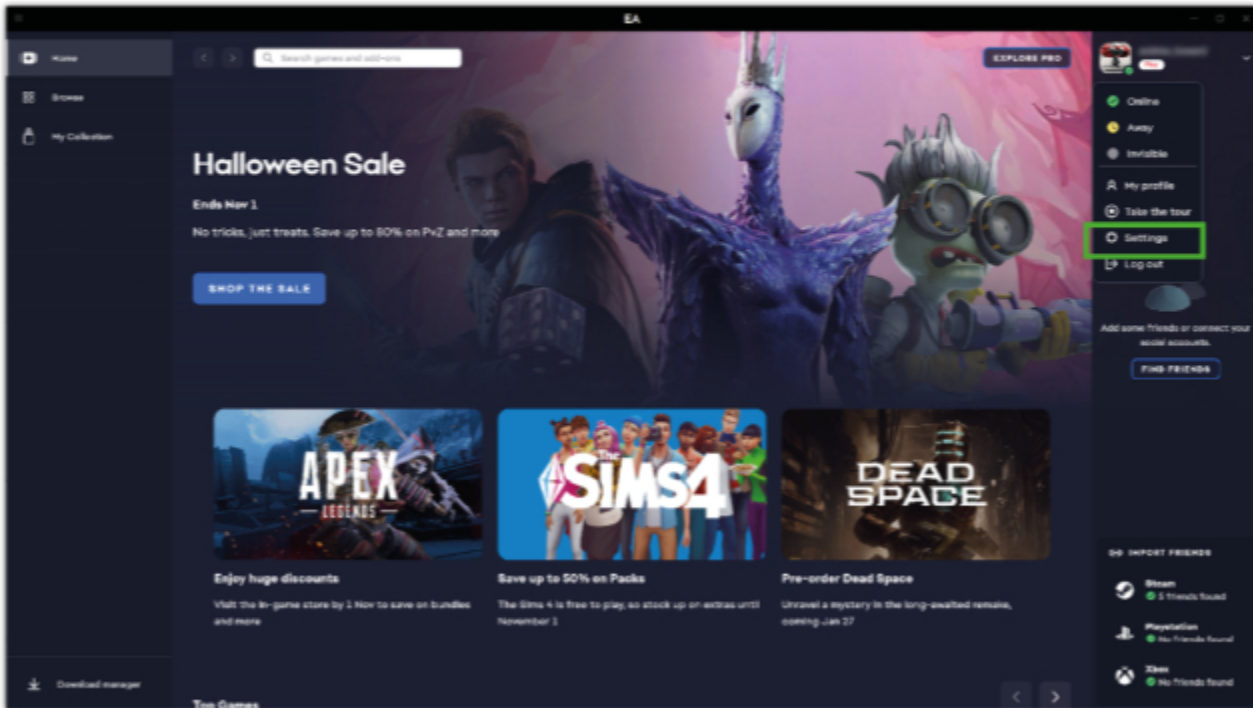
SIGN IN

Sign in with EA ID

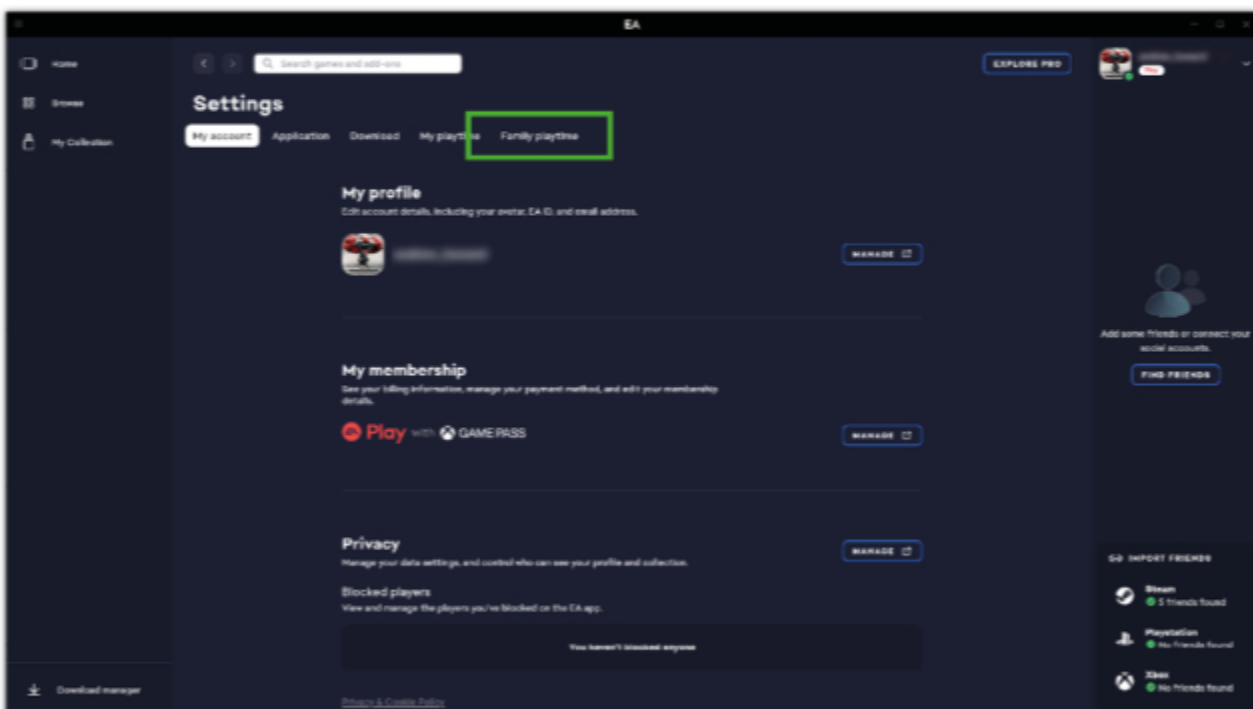
Forgot your password?

CREATE ACCOUNT

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## 2. Set up a child account

The Electronic Arts app gives parents the option to set up child accounts or teen accounts.

EA child accounts do not allow access to online play and requires parental verification. You can monitor their playtime and must add games for them.

### To set up a child account:

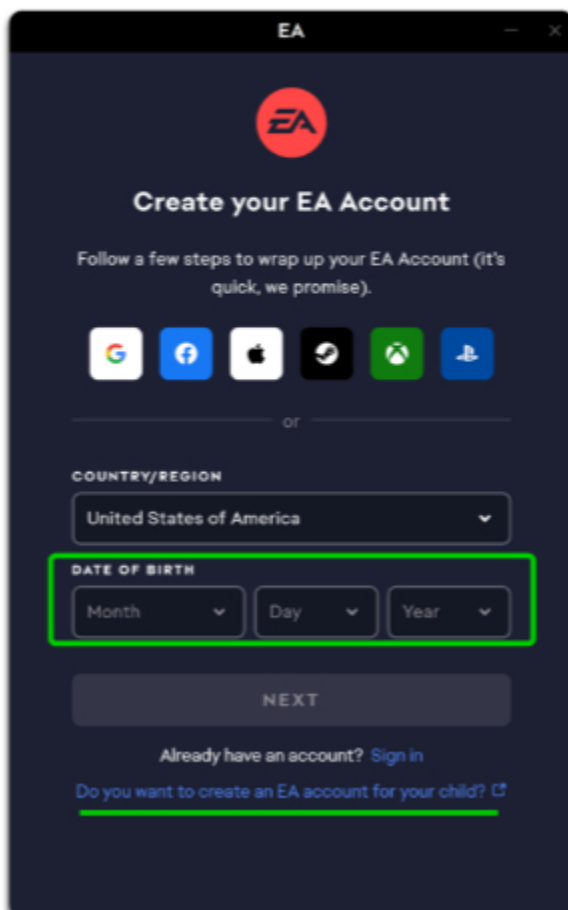
**Step 1** – Create a new account. Enter your child’s birthday accurately along with your country. In the United Kingdom, any child under 13 will automatically receive a child account. Click NEXT.

**Step 2** – Enter your EA app account email. Then, create a username and password for your child. Their password should be different from yours. Confirm that you give permission and click CREATE ACCOUNT.

**Step 3** – Follow the instructions in your email to activate their account. You can access their account to monitor playtime settings and add games.

When they reach 13, you can upgrade their account to a teen account.

### To set up a teen account:



EA

**Create your EA Account**

Follow a few steps to wrap up your EA Account (it's quick, we promise).

or

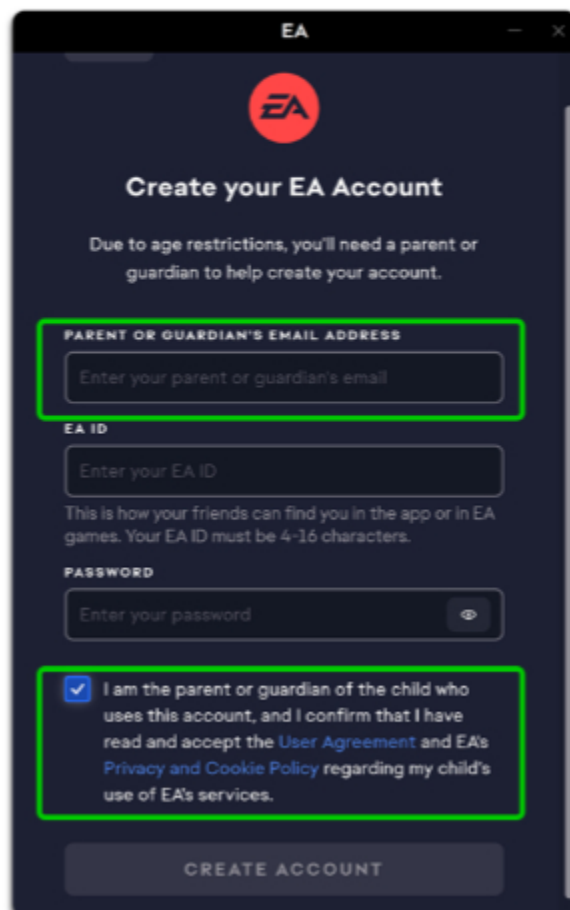
COUNTRY/REGION  
United States of America

DATE OF BIRTH  
Month Day Year

NEXT

Already have an account? [Sign in](#)

[Do you want to create an EA account for your child?](#)



EA

**Create your EA Account**

Due to age restrictions, you'll need a parent or guardian to help create your account.

PARENT OR GUARDIAN'S EMAIL ADDRESS  
Enter your parent or guardian's email

EA ID  
Enter your EA ID

This is how your friends can find you in the app or in EA games. Your EA ID must be 4-16 characters.

PASSWORD  
Enter your password

I am the parent or guardian of the child who uses this account, and I confirm that I have read and accept the [User Agreement](#) and EA's [Privacy and Cookie Policy](#) regarding my child's use of EA's services.

CREATE ACCOUNT

### 3. Add a teen account

EA app teen accounts allow online play and do not require parental verification. However, you can set spending limits for children aged 13-17 and can manage their screen time.

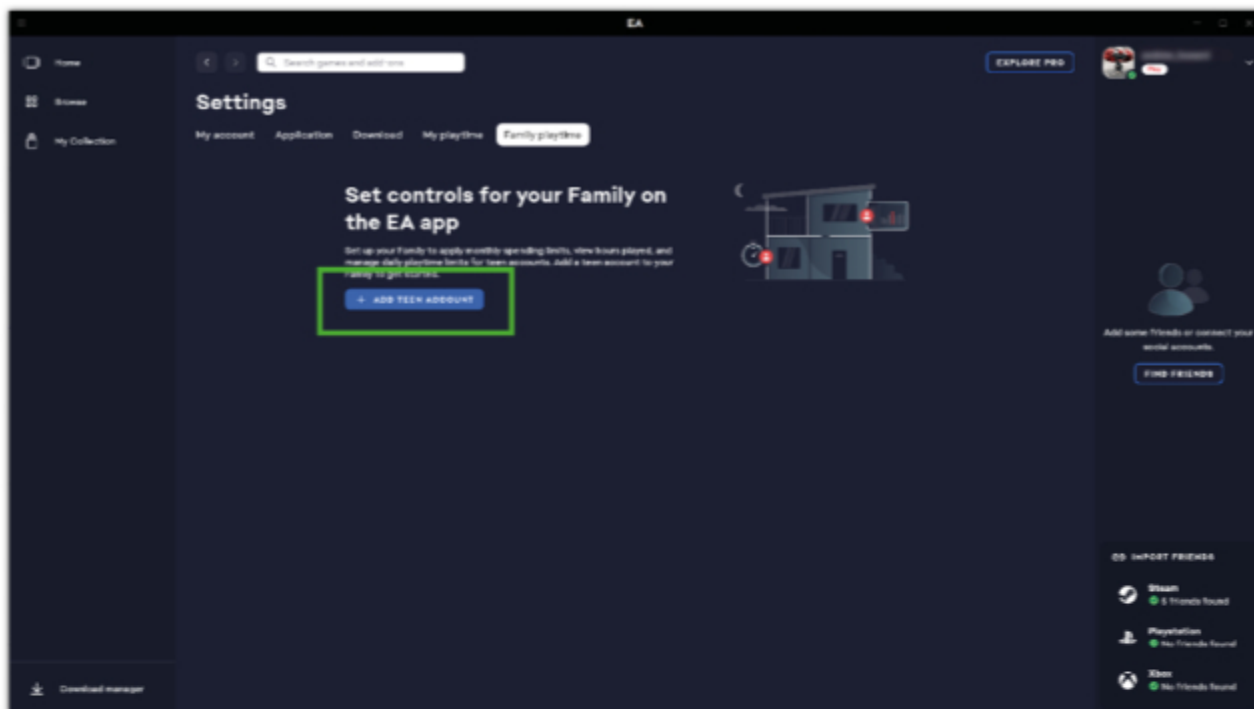
#### To add a teen account:

Step 1 – From your account settings, click Family playtime and +ADD TEEN ACCOUNT.

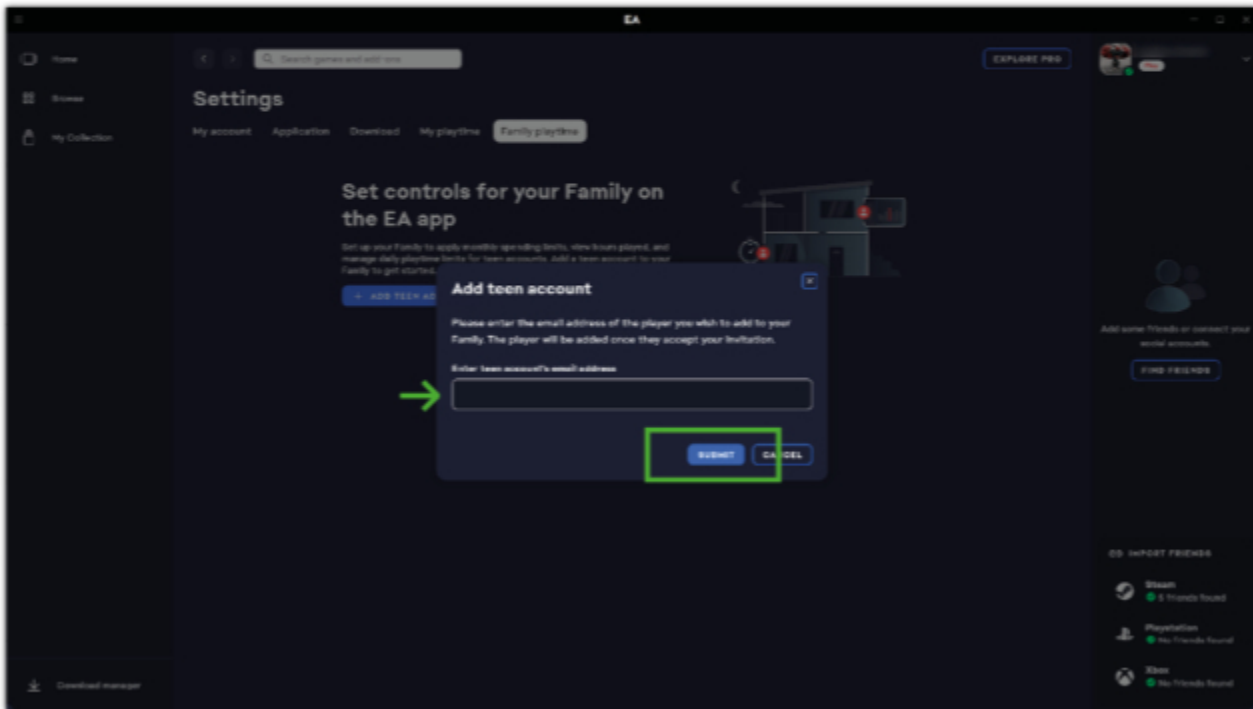
Step 2 – If they have not yet created account, do this with them first. Otherwise, enter their EA app account email and click SUBMIT.

Step 3 – From their account, go to Family playtime and click APPROVE. You will now be able to monitor their activity from your own account.

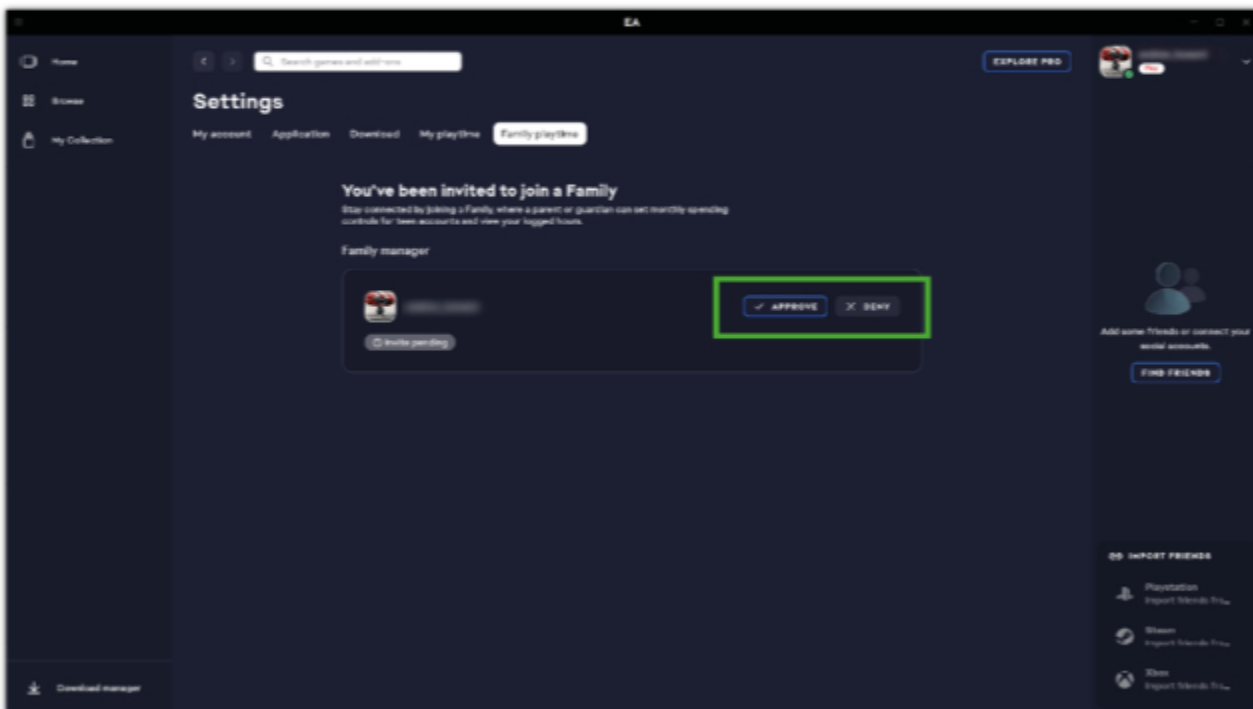
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## 4. Manage screen time with playtime tracking

You can help manage your children's screen time by setting limits on the Electronic Arts app.

For a child account, login to their account to monitor playtime. For teen accounts, follow the instructions below.

### To track playtime:

Step 1 – From your account's Family playtime screen, scroll down to your teen's account and click **MANAGE**.

Step 2 – Next to **Enable playtime tracking**, select **ENABLE**. On the Playtime dashboard, go to **Playtime controls** and click **MANAGE**.

Step 3 – Under **Playtime controls**, click the **Manage player controls** toggle to blue to turn it on. Then, customise your teen's weekday and weekend limits to encourage balanced screen use. This can be the same every day or different depending on the day.

Step 4 – Scroll down to **Playtime notifications** and click the relevant toggles to blue to turn them on.

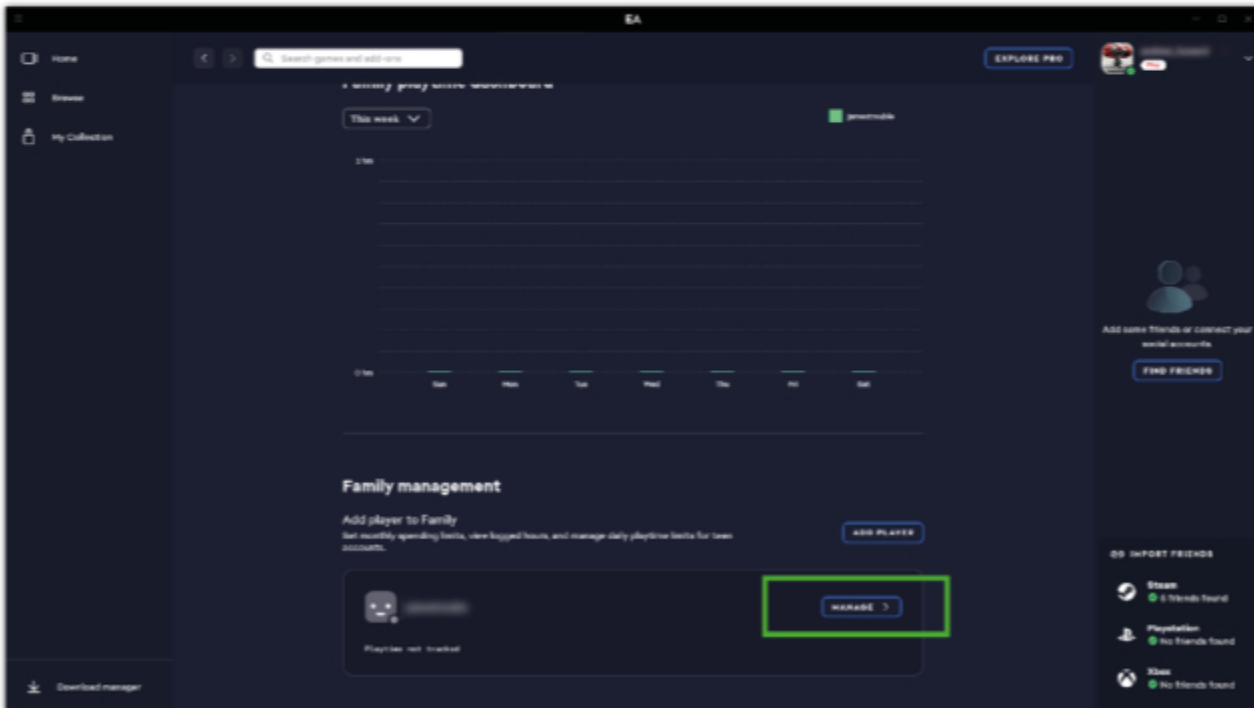
**Early warning:** You receive email alerts to let you know when your child has 15 minutes left in their time allowance.

**Time limit reached:** You receive email alerts to let you know when your child has reached their time allowance.

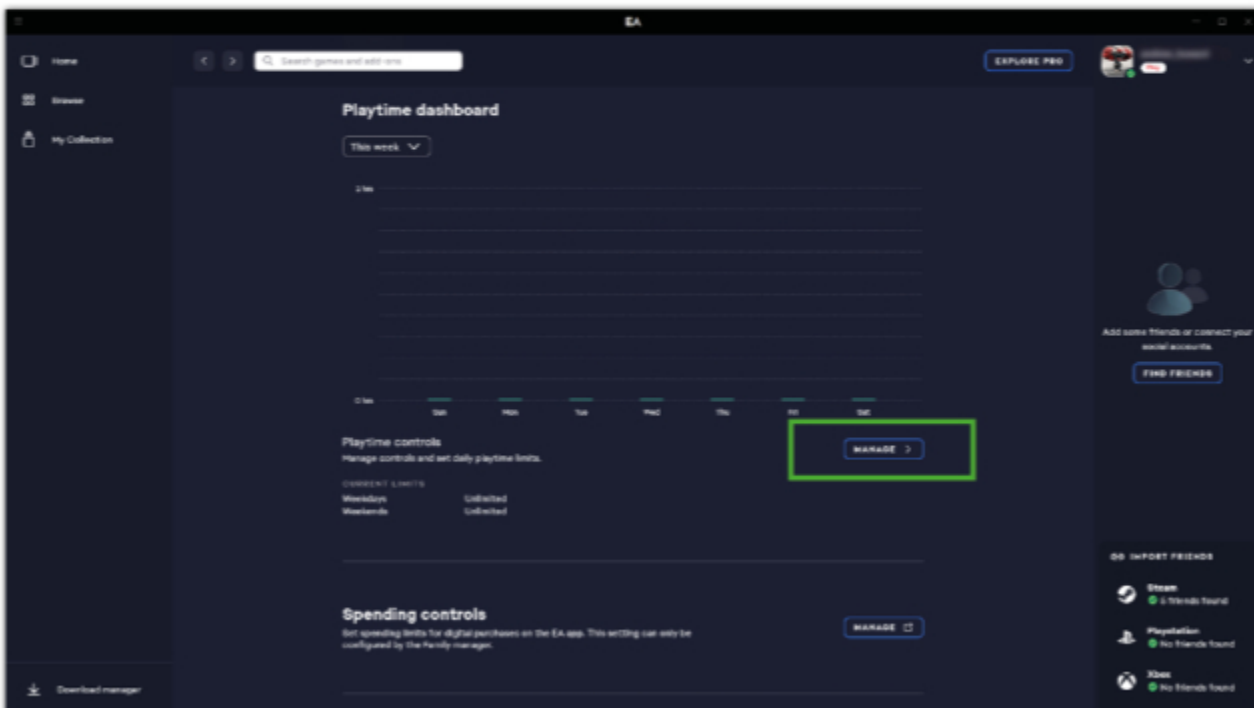
**Time limit exceeded:** If your child exceeds the time limit, you will receive hourly email alerts for up to 3 hours.



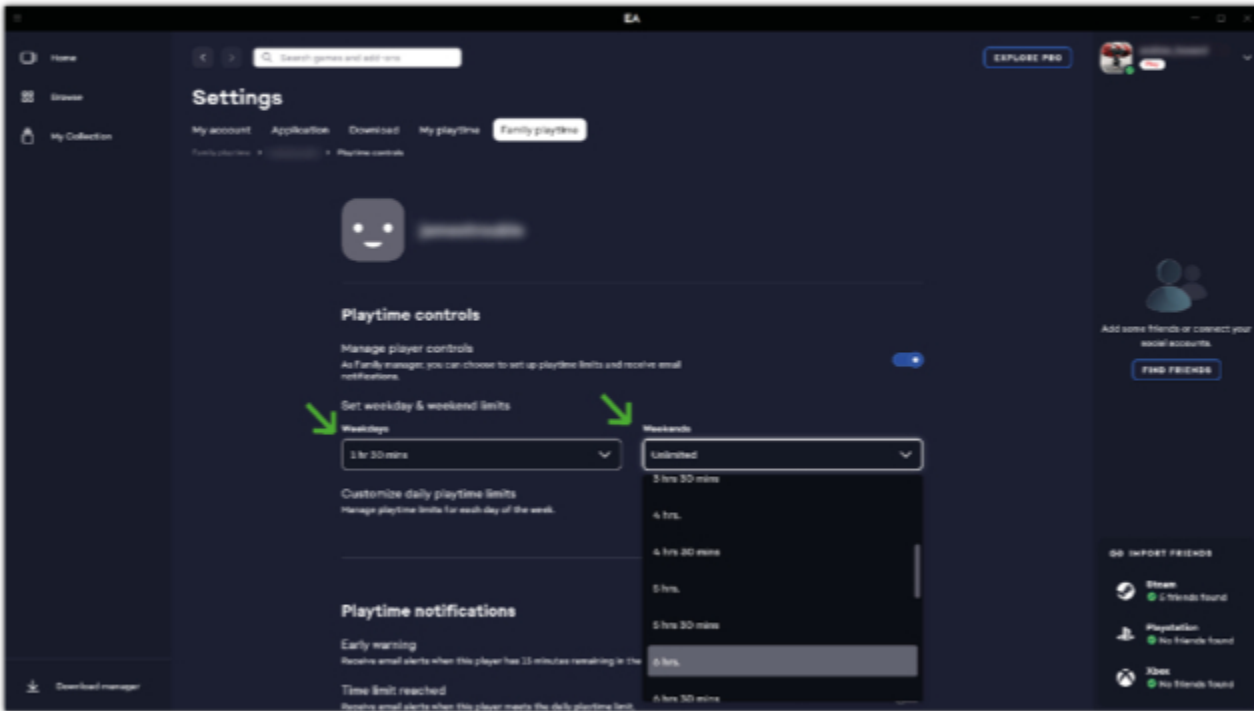
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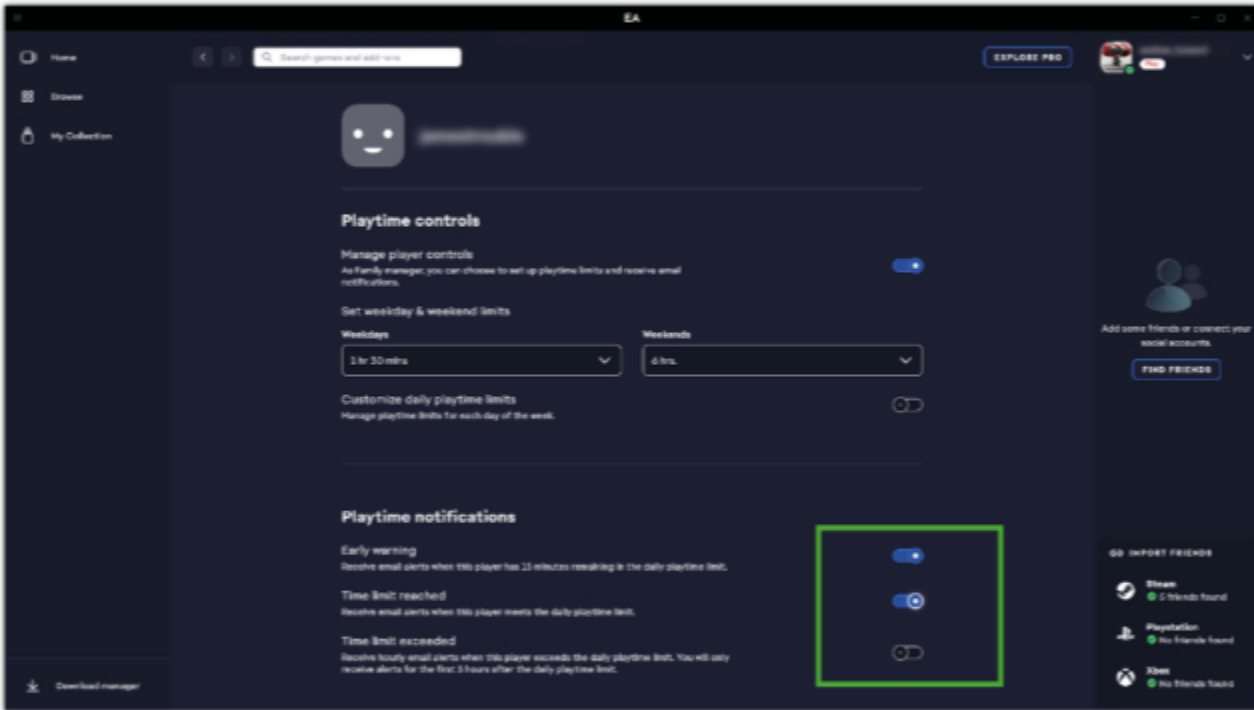
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## 5. How to set spending limits

Child accounts cannot make purchases or access online play. However, EA app teen accounts can. So, set spending limits to help them manage their finances.

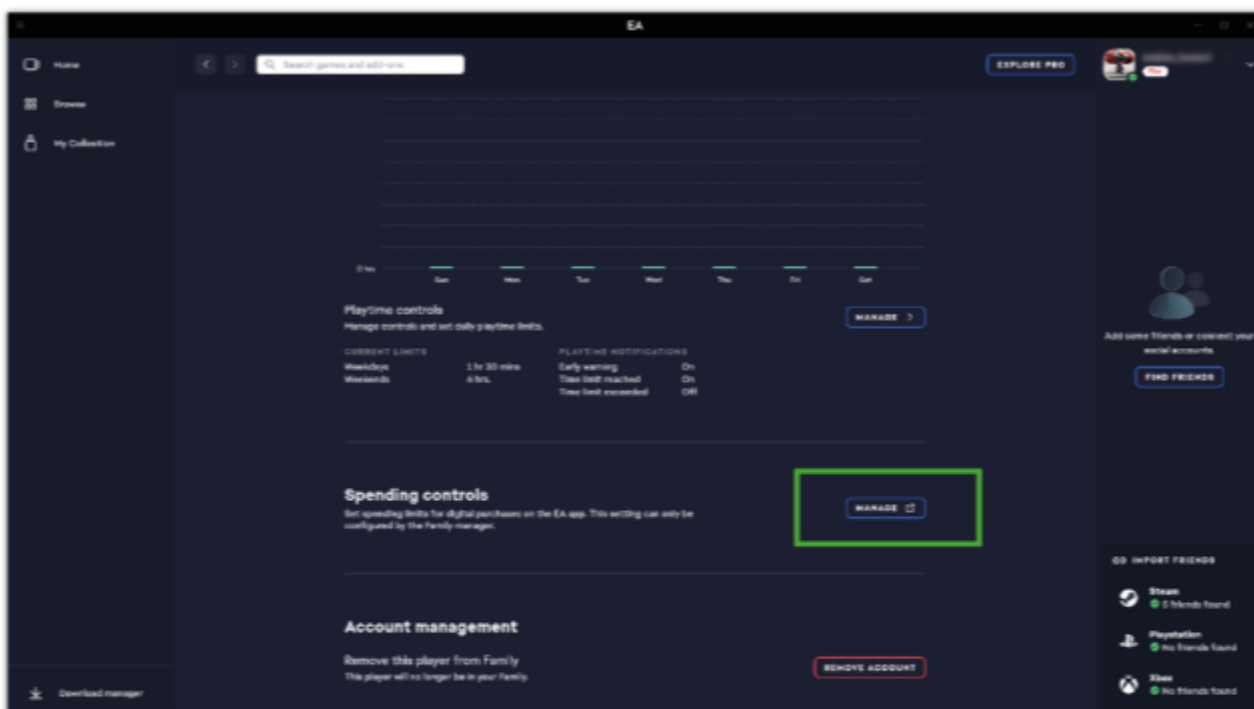
### To set up spending limits:

Step 1 – From your account, go to Family playtime settings and select **MANAGE** next to your teen's account.

Step 2 – Scroll down to Spending controls and click **MANAGE**, which will open your internet browser.

Step 3 – Click **MANAGE** by your teen's account. Click **EDIT** and then set the limits for 'game and expansion' purchases and to 'microcontent' purchases. Then, click **Submit**.

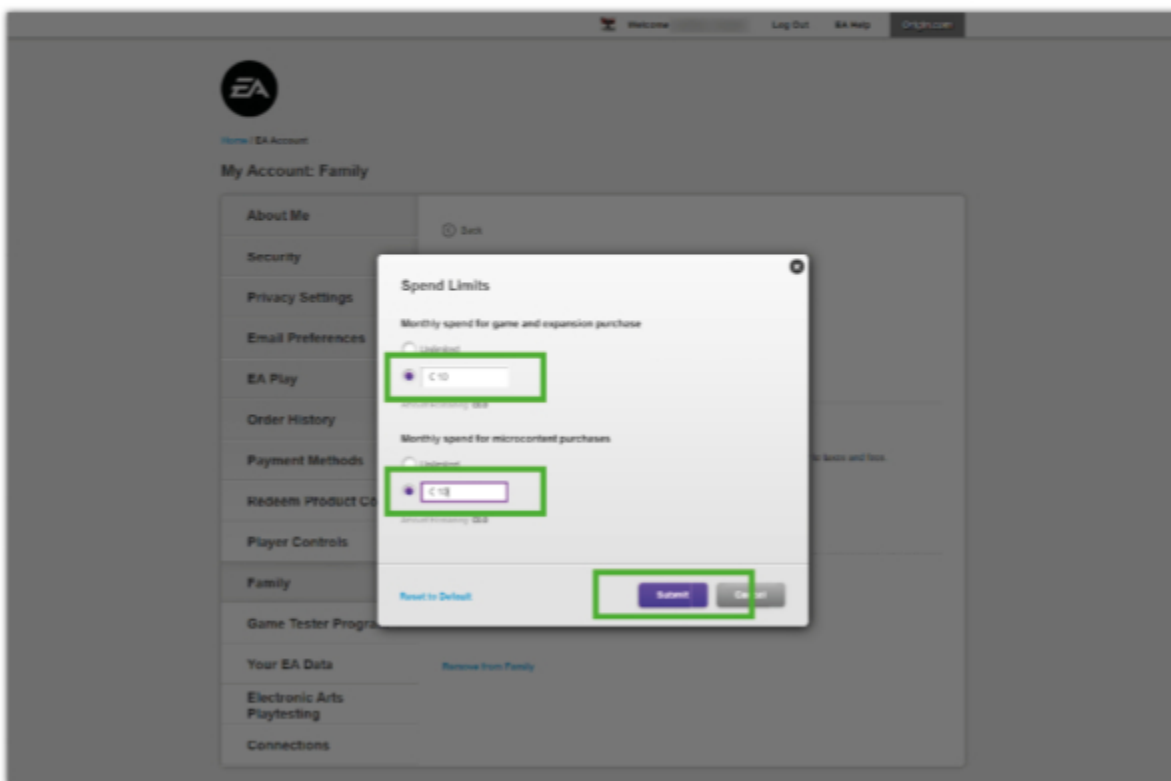
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## 6. Upgrade a child account to a teen account

Once your child reaches 13 in the United Kingdom, they can hold a teen account with the Electronic Arts app.

### To upgrade their account:

Step 1 – Since you entered their birthday when creating their child account, they will receive a notification every time they login to the EA app. It will let them know they can age up their account.

Step 2 – Login to the child's account to make the change from child to teen. They must have their own email to do this. Before letting them use their new teen account, **add it to Family playtime** to monitor screen time and set spending limits.