



Rocket League parental controls

Controls & Settings guide

Rocket League is a popular game from Epic Games available for free on a range of consoles and systems. You can set Rocket League parental controls in-game to limit spending, manage who can contact your child and more.



What do I need?

An Epic Games account and access to gaming device

Restrictions you can apply



Chatting



In App purchasing



Inappropriate content



Online games



Privacy and identity theft



Purchasing

Step by Step instructions

These steps were recreated on console. Other devices have the same features.

[Manage text and video chat settings](#)

[How to change quick chat commands](#)

[Understand in-game purchases](#)

[Watching esports](#)

[What is a cabined account?](#)

[More parental controls](#)

1. Manage text and video chat settings

If your child is over 13, they have immediate access to text chat as well as video chat. However, to keep them safe, it's recommended that you set up restrictions in-game.

To manage in-game chat settings:

Step 1 – Once in game, go to the **Main menu**. From there, select **SETTINGS** on the left-hand side of the screen.

Step 2 – Choose the **CHAT tab** at the top of the settings screen.

To manage text chat:

Under **TEXT AND QUICKCHAT SETTINGS**, customise **QUICKCHAT**, **MATCH CHAT** and **PARTY CHAT** to allow with **friends only** unless your child is an older teen.

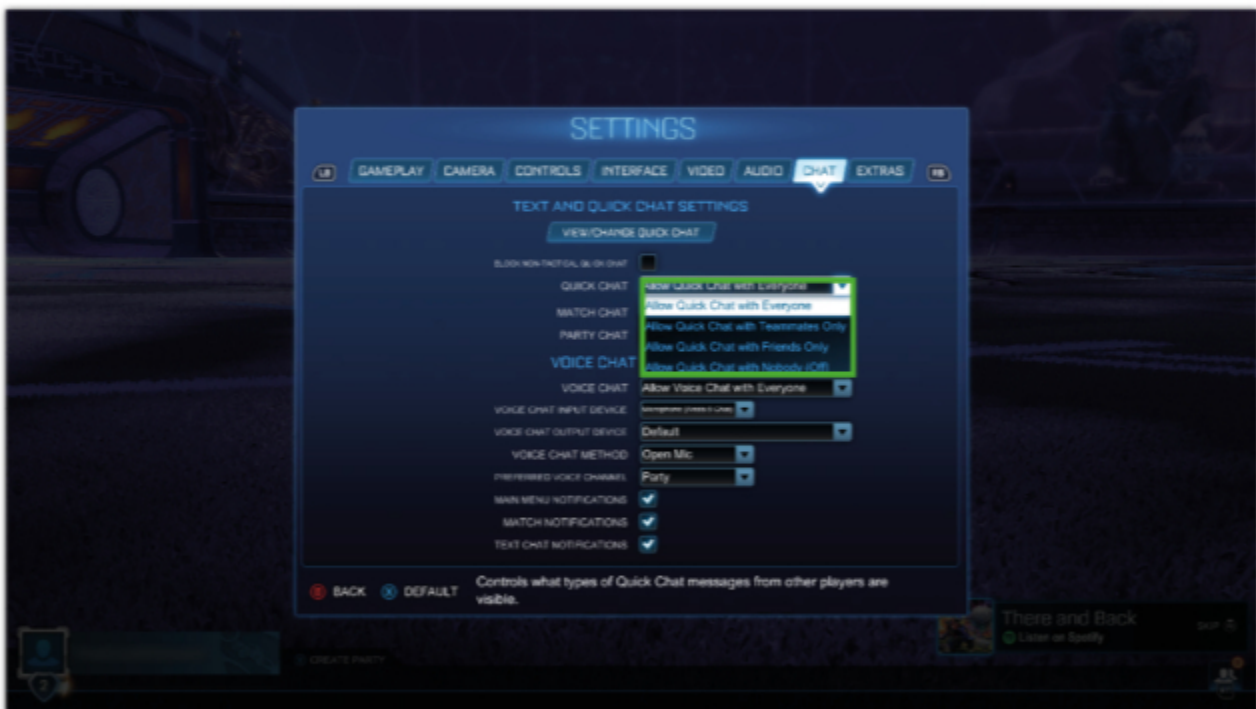
To manage voice chat:

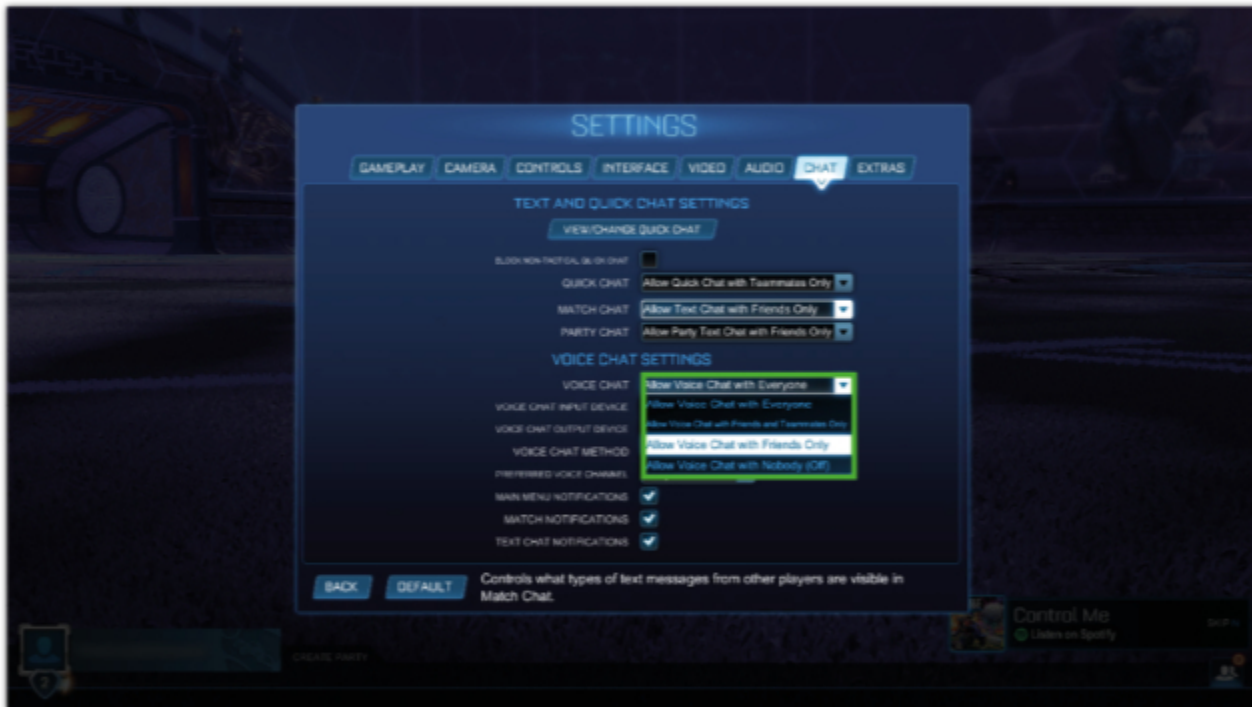
Under **VOICE CHAT SETTINGS**, customise **VOICE CHAT** to allow with **friends only** unless your child is an older teen. You can also customise other voice chat settings below to what suits your child best.

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2. How to change quick chat commands

The quick chat function lets Rocket League users quickly and safely communicate with other players. You can set up these commands to encourage positive gameplay.

To change quick chat commands:

Step 1 – Once in game, go to the **Main menu**. From there, select **SETTINGS** on the left-hand side of the screen.

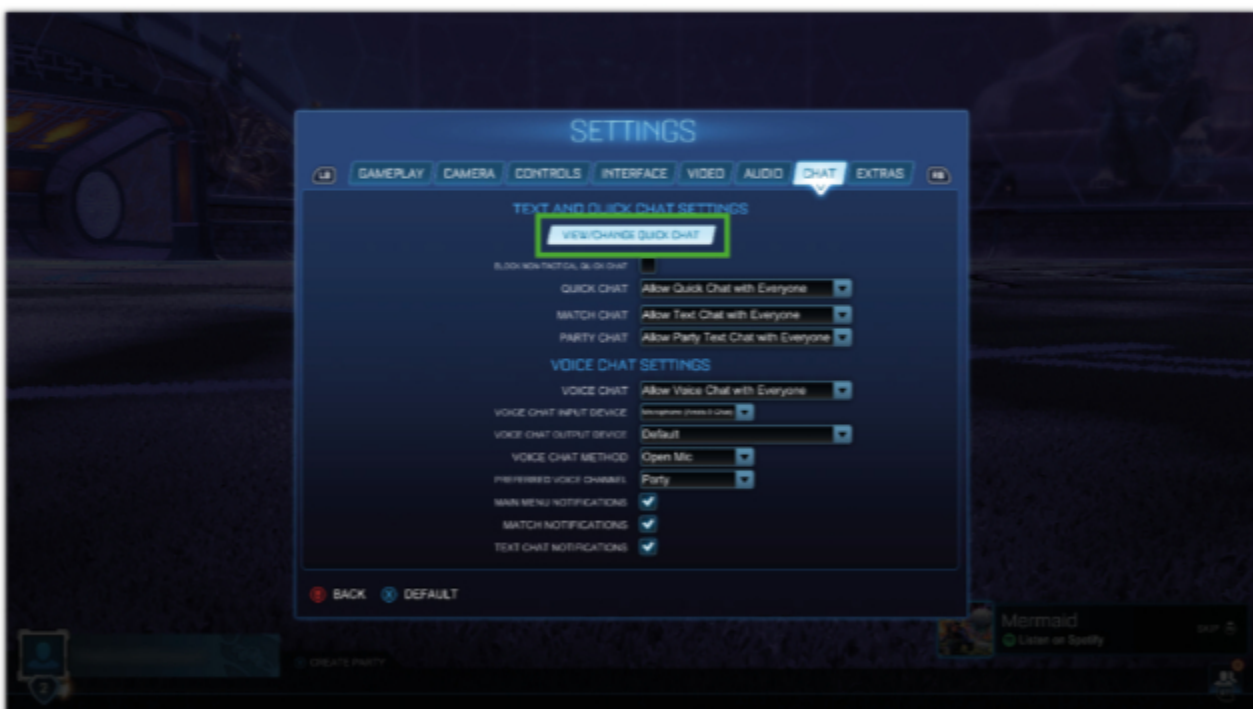
Step 2 – Choose the **CHAT tab** at the top of the settings screen. Under **TEXT AND QUICK CHAT SETTINGS**, select **VIEW/CHANGE QUICK CHAT**.

Step 3 – Review the **quick chat commands**. Using the **drop down boxes**, customise which phrases to use.

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3. Understand in-game purchases

While Rocket League is free to download and play, it includes features available to purchase. Young children might be particularly influenced, so learn about the features to help them manage or limit spending.

Making a purchase on Rocket League:

Step 1 – From the **Main menu**, go to **ITEMSHOP** on the left-hand side. Here, you can see the items available for purchase with the in-game currency, credits.

Step 2 – Your child may wish to purchase items, skins or a season pass. To make the purchase, they must first purchase **credits**. This can be done by selecting **BUY CREDITS** in the bottom left of the screen. Here, you will see how much real world currency each bundle costs. Select one and then **PURCHASE**.

Your child will be brought to the payment screen. If your card details are saved, this could make overspending very easy.

Step 3 – To manage your child's spending, **set up parental controls on whatever console or platform** they use. For the **Epic Games Store**, you can access step-by-step guidance [here](#). Be sure to do this **before they start playing**.

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CHECKOUT

WALLET BALANCE

Wallet €0.00

OTHER PAYMENT METHODS

Credit Card

PayPal

Play over time with Klarna

Amazon Pay

Skrill

Movistar

Paystack

ORDER SUMMARY

ROCKET LEAGUE

500 Credits
Payzone LLC

Price €4.25
VAT included if applicable

Total €4.25

Click here to share your email with Payzone LLC. Payzone LLC will use your email address in accordance with its [Privacy Policy](#). We encourage you to read it.

Need Help? [Contact Us](#)

By clicking "Place Order" below, I represent that I am over 18 and am authorizing the payment method, and I agree to the [Full User License Agreement](#).

PLACE ORDER

4. Watching esports

Esports are video games played competitively for audiences. If your child plays Rocket League, they likely enjoy watching some of the best players in the world compete. Watching esports requires use of different platforms.

To view esports from Rocket League:

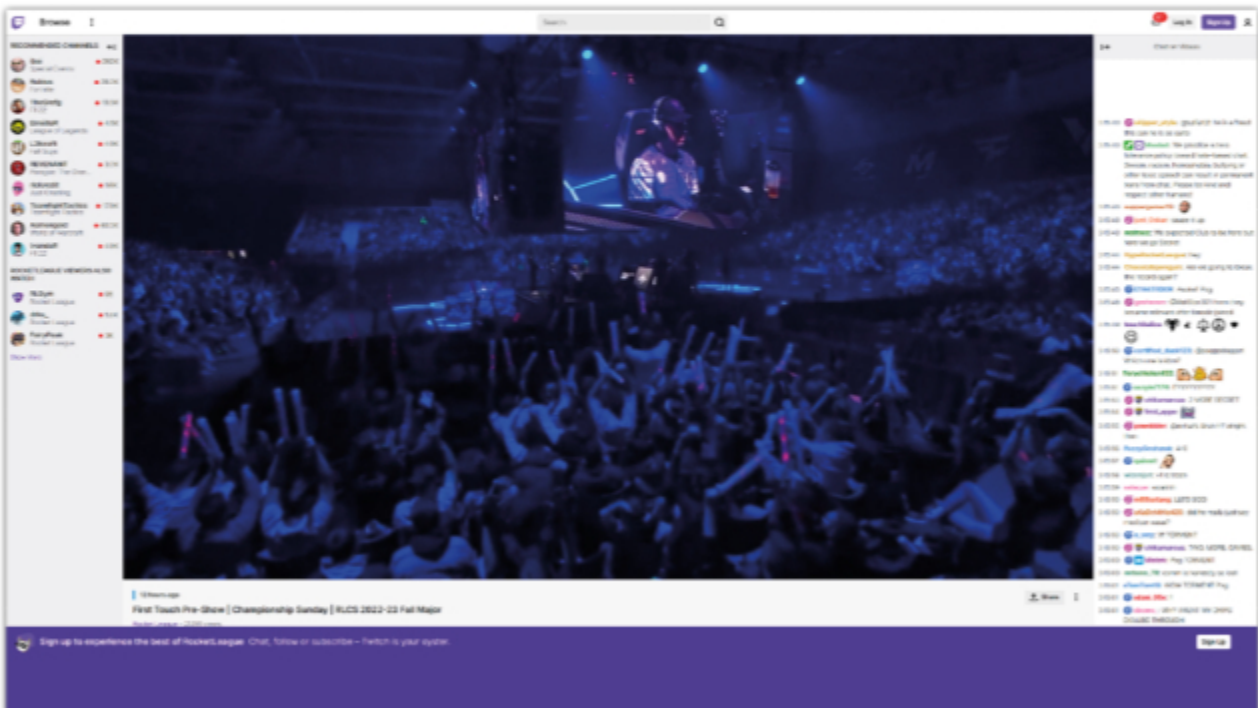
Step 1 – From the **Main menu**, select **ESPORTS** from the left-hand menu if available.

Step 2 – This will open **Twitch**. Streams are generally family-friendly. However, the chat is live during a highly charged competitive event. **Explore parental controls options for Twitch** to encourage safe use.

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5. Understanding cabined accounts

Rocket League accounts for players under 13-years-old will be limited to cabined accounts until parents give permission for additional features.

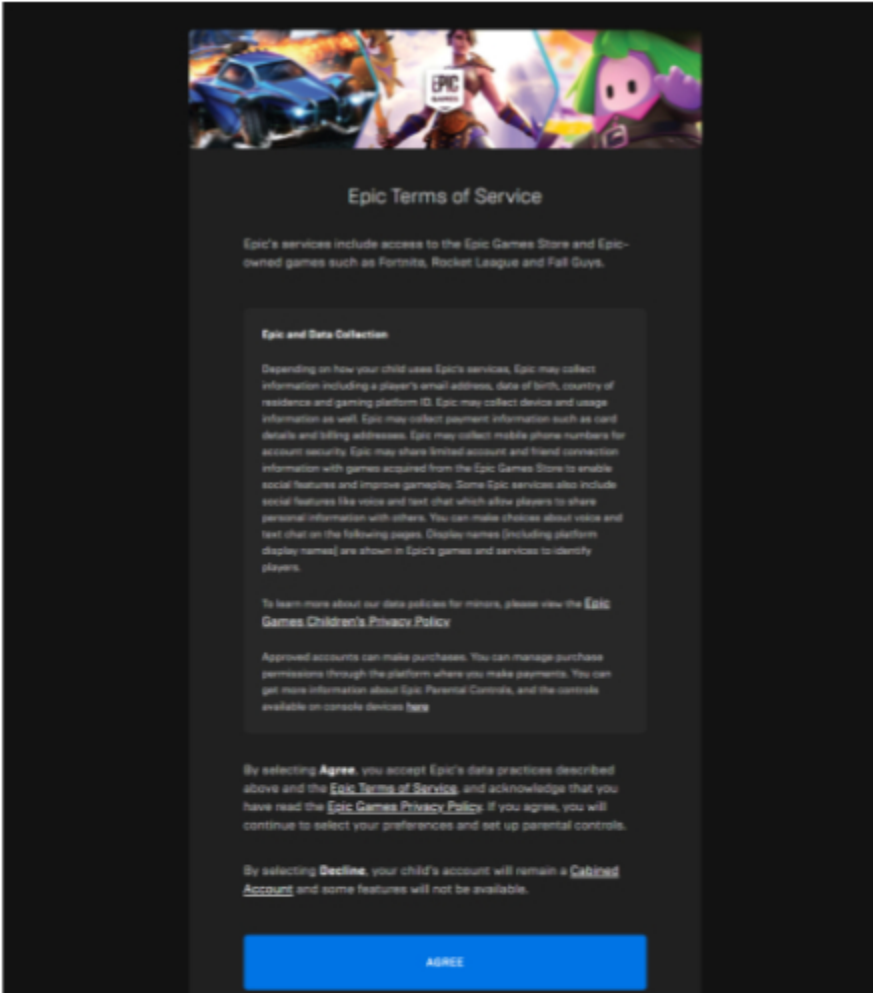
What are cabined accounts?

Cabined accounts allow children to play Rocket League and other games from Epic Games with limited features. They can access all previously purchased content but cannot talk to other players, make new purchases or receive any notifications among other limitations.

Parents must consent to allow their child access to these limitations.

Learn how to give parental consent with [step-by-step guidance](#).

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The screenshot shows the 'Epic Terms of Service' page. At the top, there is a banner image featuring a blue car from Rocket League, a Fortnite character, and a Fall Guys character. Below the banner, the title 'Epic Terms of Service' is centered. The main text states: 'Epic's services include access to the Epic Games Store and Epic-owned games such as Fortnite, Rocket League and Fall Guys.' A section titled 'Epic and Data Collection' follows, detailing data collection practices. Below this, there is a link to the 'Epic Games Children's Privacy Policy'. At the bottom, there are two options: 'Agree' and 'Decline'. The 'Agree' option is highlighted with a blue button.

Epic Terms of Service

Epic's services include access to the Epic Games Store and Epic-owned games such as Fortnite, Rocket League and Fall Guys.

Epic and Data Collection

Depending on how your child uses Epic's services, Epic may collect information including a player's email address, date of birth, country of residence and gaming platform ID. Epic may collect device and usage information as well. Epic may collect payment information such as card details and billing addresses. Epic may collect mobile phone numbers for account security. Epic may share limited account and friend connection information with games acquired from the Epic Games Store to enable social features and improve gameplay. Some Epic services also include social features like voice and text chat which allow players to share personal information with others. You can make choices about voice and text chat on the following pages. Display names (including platform display names) are shown in Epic's games and services to identify players.

To learn more about our data policies for minors, please view the [Epic Games Children's Privacy Policy](#)

Approved accounts can make purchases. You can manage purchase permissions through the platform where you make payments. You can get more information about Epic Personal Controls, and the controls available on console devices [here](#)

By selecting **Agree**, you accept Epic's data practices described above and the [Epic Terms of Service](#), and acknowledge that you have read the [Epic Games Privacy Policy](#). If you agree, you will continue to select your preferences and set up parental controls.

By selecting **Decline**, your child's account will remain a **Cabined Account** and some features will not be available.

AGREE

6. More parental controls

Parental controls come in three forms: platform-specific, store-specific and game-specific. For guidance on setting parental controls on consoles or in stores, see the below.

Platforms and consoles

[PlayStation 5](#)

[PlayStation 4](#)

[XBOX One](#)

[PC](#)

Stores

[Epic Games Store](#)