Rocket League parental controls

Controls & Settings guide

Rocket League is a popular game from Epic Games available for free on a range of consoles and systems. You can set Rocket League parental controls in-game to limit spending, manage who can contact your child and more.

What do I need?

An Epic Games account and access to gaming device

Restrictions you can apply

Chatting

In App purchasing

Inappropriate content

Online games

Privacy and identity theft

Purchasing

Step by Step instructions

These steps were recreated on console. Other devices have the same features.

Manage text and video chat settings

How to change quick chat commands

Understand in-game purchases

Watching esports

What is a cabined account?

More parental controls

1. Manage text and video chat settings

If your child is over 13, they have immediate access to text chat as well as video chat. However, to keep them safe, it's recommended that you set up restrictions in-game.

To manage in-game chat settings:

Step 1 – Once in game, go to the **Main menu** . From there, select **SETTINGS** on the left-hand side of the screen.

Step 2 – Choose the **CHAT tab** at the top of the settings screen.

To manage text chat:

Under **TEXT AND QUICK CHAT SETTINGS**, customise **QUICK CHAT**, **MATCH CHAT** and **PARTY CHAT** to allow with **friends only** unless your child is an older teen.

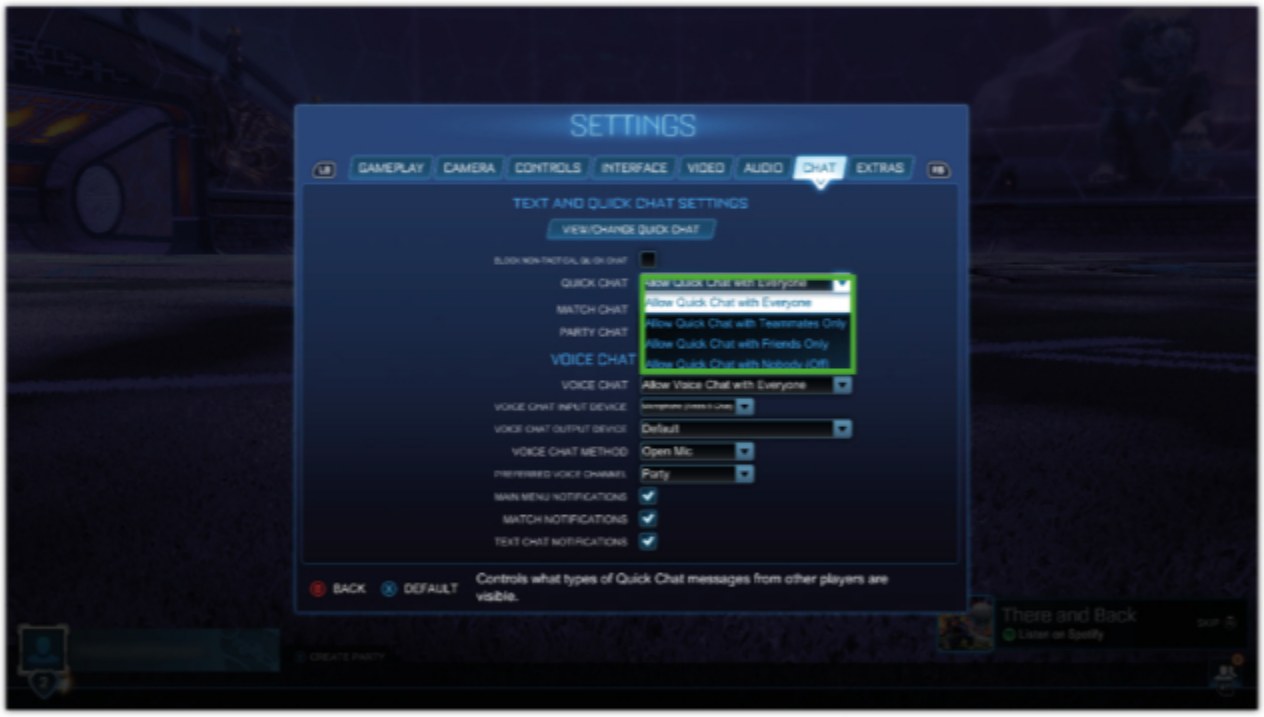
To manage voice chat:

Under **VOICE CHAT SETTINGS**, customise **VOICE CHAT** to allow with **friends only** unless your child is an older teen. You can also customise other voice chat settings below to what suits your child best.

1

PLAY
ITEM SHOP
ROCKET PASS
GARAGE
PROFILE
SETTINGS
QUIT
WEEKLY
CHALLENGES
VIEW CHALLENGES
CREATE PARTY

2


SETTINGS
GAMEPLAY
CAMERA
CONTROLS
INTERFACE
VIDEO
AUDIO
CHAT
EXTRAS
TEXT AND QUICK CHAT SETTINGS
VIEW/CHANGE QUICK CHAT
QUICK CHAT
MATCH CHAT
PARTY CHAT
VOICE CHAT
VOICE CHAT
Allow Voice Chat with Everyone
VOICE CHAT OUTPUT DEVICE
Default
VOICE CHAT METHOD
Open Mic
Party
MAIN MENU NOTIFICATIONS
MATCH NOTIFICATIONS
TEXT CHAT NOTIFICATIONS
BACK
DEFAULT
Controls what types of Quick Chat messages from other players are visible.
CREATE PARTY

2. How to change quick chat commands

The quick chat function lets Rocket League users quickly and safely communicate with other players. You can set up these commands to encourage positive gameplay.

To change quick chat commands:

Step 1 – Once in game, go to the **Main menu** . From there, select **SETTINGS** on the left-hand side of the screen.

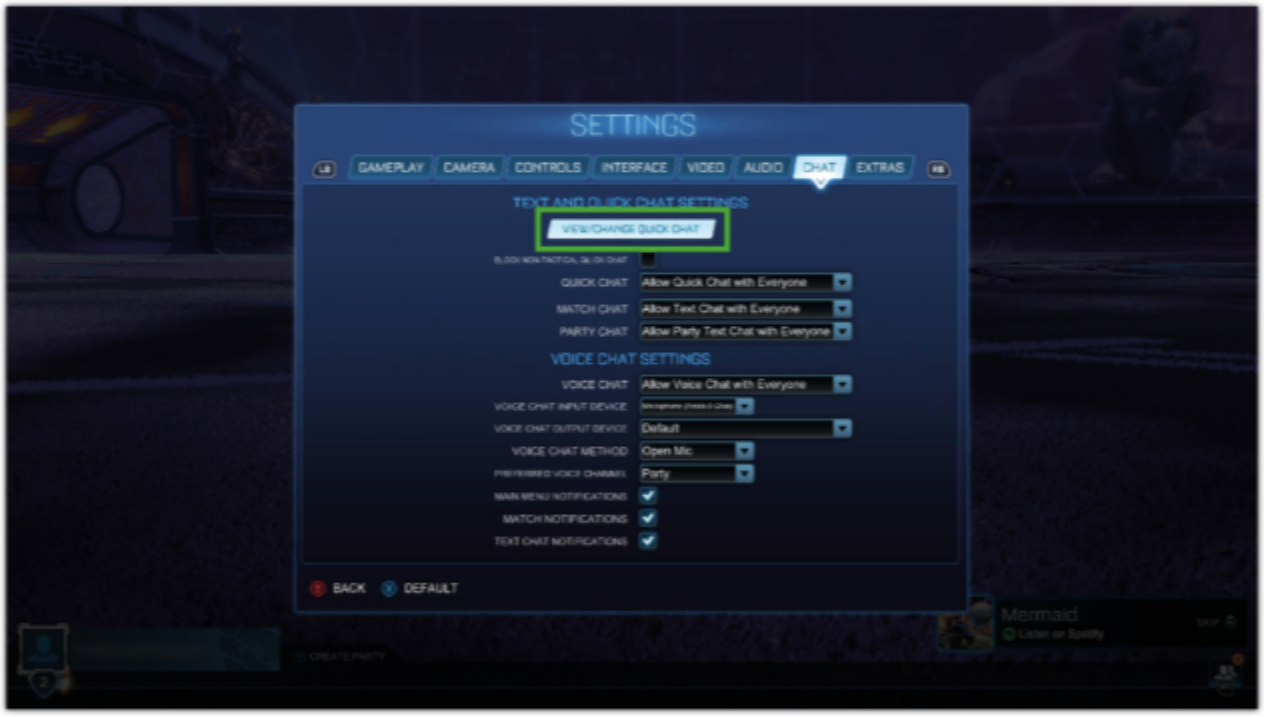
Step 2 – Choose the **CHAT tab** at the top of the settings screen. Under **TEXT AND QUICK CHAT SETTINGS**, select **VIEW/CHANGE QUICK CHAT**.

Step 3 – Review the **quick chat commands** . Using the **drop down boxes** , customise which phrases to use.

1

PLAY
ITEM SHOP
ROCKET PASS
GARAGE
PROFILE
SETTINGS
QUIT
WEEKLY
CHALLENGES
VIEW CHALLENGES
CREATE PARTY

2


SETTINGS
GAMEPLAY
CAMERA
CONTROLS
INTERFACE
VIDEO
AUDIO
CHAT
EXTRAS
VIEW/CHANGE QUICK CHAT
QUICK CHAT
Allow Quick Chat with Everyone
MATCH CHAT
Allow Text Chat with Everyone
PARTY CHAT
Allow Party Text Chat with Everyone
VOICE CHAT SETTINGS
VOICE CHAT
Allow Voice Chat with Everyone
VOICE CHAT OUTPUT DEVICE
Default
VOICE CHAT METHOD
Open Mic
Party
MAIN MENU NOTIFICATIONS
MATCH NOTIFICATIONS
TEXT CHAT NOTIFICATIONS
BACK
DEFAULT
CREATE PARTY

3. Understand in-game purchases

While Rocket League is free to download and play, it includes features available to purchase. Young children might be particularly influenced, so learn about the features to help them manage or limit spending.

Making a purchase on Rocket League:

Step 1 – From the **Main menu**, go to **ITEMSHOP** on the left-hand side. Here, you can see the items available for purchase with the in-game currency, credits.

Step 2 – Your child may wish to purchase items, skins or a season pass. To make the purchase, they must first purchase **credits**. This can be done by selecting **BUY CREDITS** in the bottom left of the screen. Here, you will see how much real world currency each bundle costs. Select one and then **PURCHASE**.

Your child will be brought to the payment screen. If your card details are saved, this could make overspending very easy.

Step 3 – To manage your child's spending, set up **parental controls** on whatever console or platform they use. For the **Epic Games Store**, you can access step-by-step guidance here. Be sure to do this **before they start playing**.

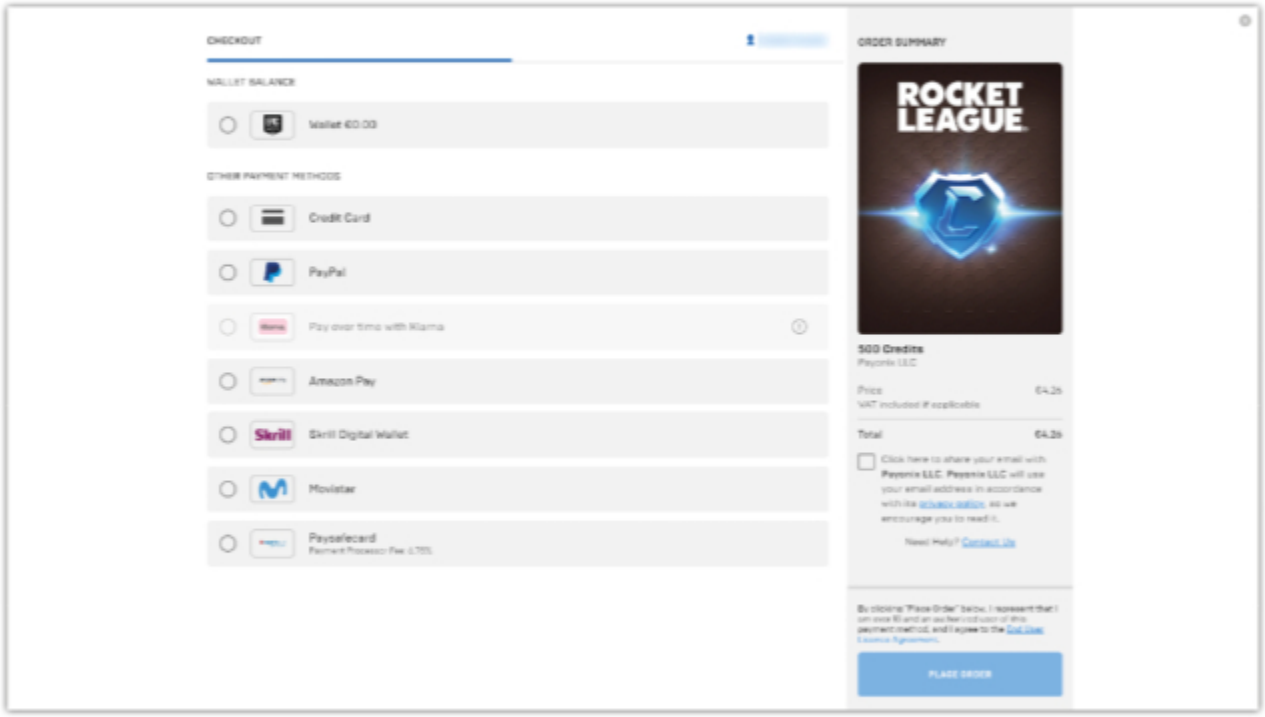
1

PLAY
ITEM SHOP
ROCKET PASS
GARAGE
PROFILE
SETTINGS
QUIT
WEEKLY
CHALLENGES
VIEW CHALLENGES
Have Fun
Listen on Spotify
CREATE PARTY

2

FEATURED ITEMS
DAILY ITEMS
PURCHASE CREDITS
500
CREDITS
€4.26
1100
CREDITS
€8.54
3000
CREDITS
€21.35
6500
CREDITS
€42.71
PURCHASE
CANCEL

3



4. Watching esports

Esports are video games played competitively for audiences. If your child plays Rocket League, they likely enjoy watching some of the best players in the world compete. Watching esports requires use of different platforms.

To view esports from Rocket League:

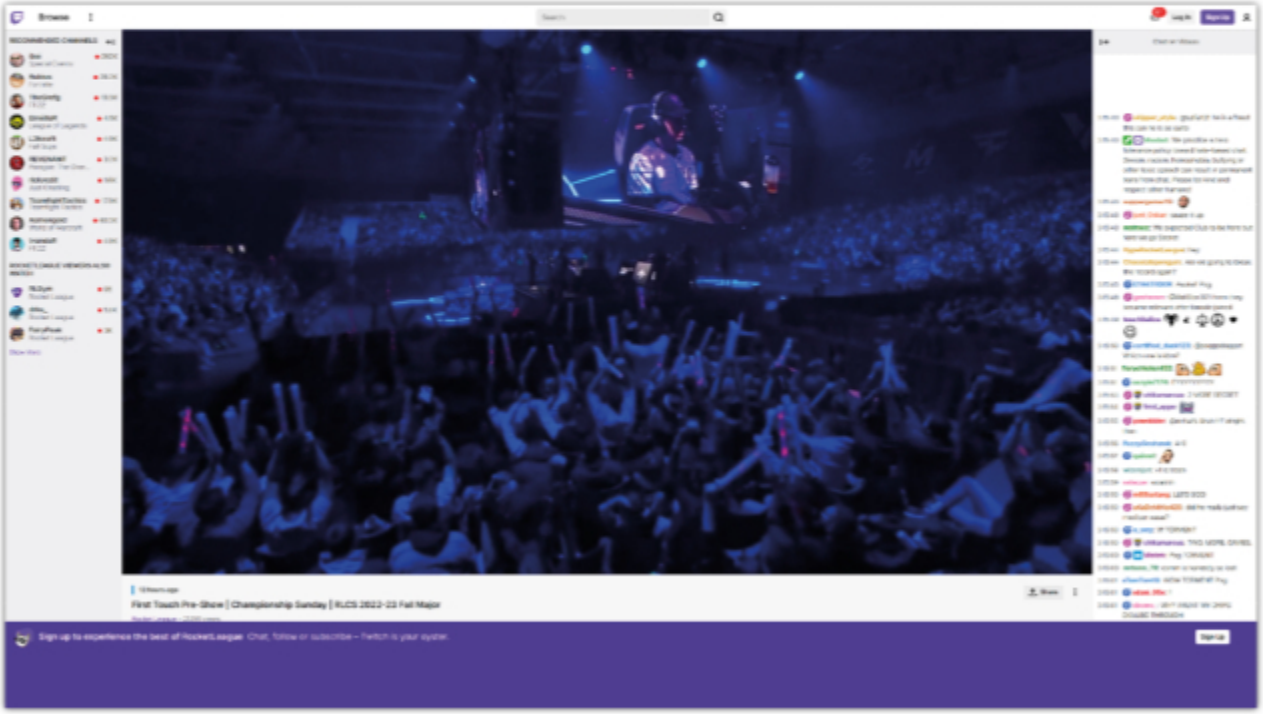
Step 1 – From the **Main menu** , select **ESPORTS** from the left-hand menu if available.

Step 2 – This will open **Twitch**. Streams are generally family-friendly. However, the chat is live during a highly charged competitive event. **Explore parental controls options for Twitch** to encourage safe use.

1

RLCS
FALL
MAJOR
ESPORTS
PLAY
ITEM SHOP
ROCKET PASS
GARAGE
PROFILE
SETTINGS
QUIT
WEEKLY
CHALLENGES
VIEW CHALLENGES
CREATE PARTY

2


Browse
First Touch Pre-Show | Championship Sunday | RLCS 2022-23 Fall Major

5. Understanding cabined accounts

Rocket League accounts for players under 13-years-old will be limited to cabined accounts until parents give permission for additional features.

What are cabined accounts?

Cabined accounts allow children to play Rocket League and other games from Epic Games with limited features. They can access all previously purchased content but cannot talk to other players, make new purchases or receive any notifications among other limitations.

Parents must consent to allow their child access to these limitations.

Learn how to give parental consent with step-by-step guidance .

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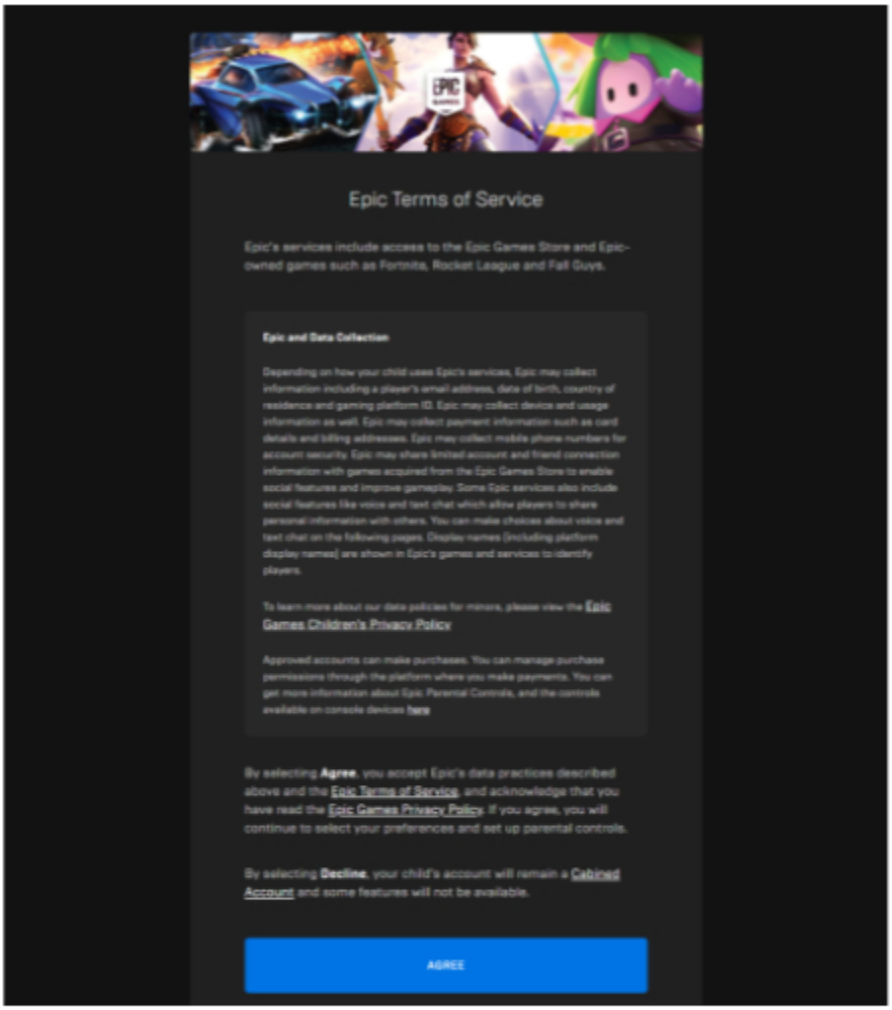

6. More parental controls

Parental controls come in three forms: platform-specific, store-specific and game-specific. For guidance on setting parental controls on consoles or in stores, see the below.

Platforms and consoles

PlayStation 5

PlayStation 4

XBOX One

PC

Stores

Epic Games Store