# **Teaching PE at Dove Bank**



# Subject Statement

The Department for Education (DfE) 'A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect'.

At Dove Bank, we aim to enable children to develop and explore physical skills with increasing control and coordination. We want to encourage children to work and play with others in a range of group situations. We want to develop the way children perform skills, and apply rules and conventions, for different activities. We want to show children how to improve the quality and control of their performance. We will teach children to recognise and describe how their bodies feel during exercise. We aim to develop the children's enjoyment of physical activity through creativity and imagination. We want all children to swim at least 25m confidently by the end of year 6. We want to develop an understanding in children of how to succeed in a range of physical activities, and how to evaluate their own success.

# Subject Leader & Expert Teachers

Within school we have a wealth of experience in the teaching of PE. Details of staff are detailed below:

- Greer Amison is the subject leader for PE and has been for a number of years.
- Carl Inskip is the organiser for the local school competitions and organises a range of different sports competitions.
- Steve Macha is an experienced teacher and has the skills to teach tag rugby and cricket.
- Lydia Smith is an experienced teacher and has the skills to teach hi 5 netball.

# **Curriculum Organisation**

# Personal Development

Our Doves and Nursery children are supported through their physical development, following the Development Matters document. The children are taught, through play and exploration, how to learn be physically active, promoting their fine and gross motor skills. They have weekly sessions with our PE provider ASM, which enhances their physical development learning and focusses on the learning outcomes.

Reception children are taught physical development through play and activities in Reception. They have daily activities which allow them to promote their fine and gross motor skills. The children have weekly sessions with our PE provider ASM, which enhances their physical development and focusses on the learning outcomes from the Development Matters document.

Key Stage 1 and Key Stage 2

In Key Stage 1, the children have weekly sessions taught through our PE provider ASM. They take part in a number of physical education learning, including:

- Games
- Gymnastics
- Athletics
- Outdoor Adventurous

In Key Stage 2, the children have weekly sessions taught through our PE provider ASM. They take part in a number of physical education learning, including:

- Invasion
- Gymnastics
- Striking and Fielding
- Outdoor Adventurous
- Athletics

The children are taught dance lessons for a half term each year.

In addition to this, the children in Key Stage 2 take part in swimming lessons at Kidsgrove Swimming Pool. The children that are not yet competent in swimming 25m, are given the opportunity for extra sessions.

### Subject Specific info

PE should be taught in Key Stage 1 and Key Stage 2 weekly. The core theme for that half term should be taught. The medium-term plans for PE can be found in the shared area on One Drive. This includes the vocabulary progression and the prior learning.

PE learning is also enhanced by Greer, who takes various children to lots of sporting activities and competitions with local schools throughout the year.

There are a number of extra-curricular activities that are available to the children throughout the year. These include: football, multisports, yoga, tag rugby, dodgeball, netball, basketball, hockey, golf.

#### Assessment

It is expected that all the children are to be assessed after each half term, using the online platform on ASM Sports. This information is then shared with class teachers.

Class teachers assess the pupils in their classes, as necessary informally. The subject leader should assess the teacher's judgements through online assessments, staff and pupil voice and informal learning walks.

Vulnerable pupils, agreed upon within pupil progress meetings, are assessed at the half term point and a brief meeting to discuss provision and progress takes place.

# PE across the Curriculum

#### English

PE contributes to the teaching of English (speaking and listening) in our school by encouraging children to describe what they have done, and to discuss how they might improve their performance. Also, the use of drama in the classroom contributes to physical activity.

#### Personal, social, health and economic education (PSHE) and citizenship

PE contributes to the teaching of personal, social and health education and citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things for their future lifestyles.

#### Spiritual, moral, social and cultural development

The teaching of PE offers opportunities to support the social development of our children through the way we expect them to work with each other in lessons. Groupings allow children to work together, and give them the chance to discuss their ideas and performance. Their work in general enables them to develop a respect for other children's levels of ability, and encourages them to co-operate across a range of activities and experiences. Children learn to respect and work with each other, and develop a better understanding of themselves and of each other.

### Computing

**Information and communication technology** enhances the teaching of PE, where appropriate, in all key stages. In dance and gymnastics children make video recordings of their performance, and use them to develop their movements and actions. Older children compare each other's performances from recordings, and use these to improve the quality of their own work. A digital camera or IPad can be used to record experiences during outdoor activities. Interactive Whiteboards are used to display resources for lessons.

#### **Extra-Curricular Activities**

We provide a range of PE-related activities for children at the end of the school day and some on offer at lunchtimes. These encourage children to further develop their skills in a range of the activity areas. The school sends details of the current club activities to parents at the beginning of each term. The school also plays regular fixtures against other local schools. This introduces a competitive element to team games, and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and cooperation amongst our children. Where activities are undertaken by outside agencies, the subject leader will check they fulfil county guidelines.

#### **Environment**

The school encourages all children to become physically active and take part in daily exercise. Children access up to two hours of physical activity during curriculum time and extra curriculum time. The school also has a wide range of equipment to use outside which allows children the opportunity to participate in playground games during break times and lunch time. Also, during lunch time children are encouraged to participate in clubs and structured play to promote their skills. The school encourages children to become physically active and lead a healthy lifestyle by teaching the children about diet and the benefits of keeping active.