



Downholland Haskayne CE Primary School PSHE Curriculum Overview

This curriculum has been developed in a bespoke manner to align with the [statutory RHSE](#) as outlined by the Department for Education . Key statutory objectives are covered and taught progressively throughout the key stages using the 1Decision curriculum platform to ensure that the learning is age-appropriate. Using these resources over a two-year cycles allows for the effective adaptation of content to suit the needs of the pupils in each year group. Similarly, it allows for the revisiting of topics to ensure that there are opportunities to build upon prior knowledge learnt in previous years, preparing children for the world they live in.

1Decision units have been mapped across the cycles allowing for the revisiting of key themes as the children move through school. The adaptation of the lessons and resources will allow for the learning to be accessed at an appropriate level for the children in each year group. Children's responses will differ as they access the materials at their own academic/chronological understanding and teachers are skilled to use effective questioning to deepen their understanding of the content to ensure their preparation for their next stages in learning.

Identified key themes which will be taught using quality resources and have been chosen due to being pertinent topics which can be revisited with effective progression throughout the cycles and necessary for the needs of the children.

| CYCLE A | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-------------|--|---|--|----------------------------|-----------------------------|--|
| Key Stage 1 | Building relationships (Friendship) | Feelings and emotions- Worry and anger | Keeping and Staying Safe Staying safe unit | | | Dental Health- Brushing Teeth unit |
| Key Stage 2 | Relationships: (Peer Pressure unit) | Feelings and emotions Worry and jealousy | Keeping and Staying Healthy (healthy living, alcohol and smoking units) | Online Relationships focus | Families (PSHE Association) | Growing and changing (as appropriate) |
| | | Anti-bullying theme as appropriate | | | | Water safety unit 1Decision/ Royal Life Saving Society |



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| CYCLE B | Autumn 1 | | Autumn 2 | | Spring 1 | Spring 2 | Summer 1 | Summer 2 | |
|-------------------------|--|---------------------------|--|------------------------------------|---------------------|--|---|--|---|
| Key Stage 1 | Being responsible- Helping someone in need | Hazard Watch | Feelings and emotions- Worry and anger | Anti-bullying theme as appropriate | Living in our world | Economic wellbeing, money sense, aspirations and jobs pitched appropriately through school | Being responsible- Helping someone in need – Community based projects | NSPCC Pants (consent/ privates are private Yrs 1-3) | Water safety- canal safety/ Royal Life Saving Society |
| Key Stage 2 | Being responsible- looking out for others | A world without judgement | Feelings and emotions Worry and anger | | First Aid Unit | | | Growing and changing (as appropriate) | |
| Identified themed weeks | Anti-bullying Week | | | | | Awareness week: Mental Health and wellbeing | | | |