

Downholand Haskayne RSE Curriculum Statement

- We teach RSE through different aspects of the curriculum. While we carry out the main RSE teaching in our personal, social and health education (PSHE) curriculum, we also teach some RSE through other subject areas (for example, science), where we feel that they contribute significantly to a child's knowledge and understanding of his or her own body, and how it is changing and developing.
- In PSHE we teach children about relationships, and we encourage children to discuss issues. We teach about the parts of the body and how these work, and we explain to them what will happen to their bodies during puberty. We encourage children to ask for help if they need it. Our curriculum ensures that both boys and girls know about puberty and how a baby is born. All children, including those who develop earlier than the average, need to know about puberty before they experience the onset of physical changes.
- In years 5 and 6 we place a particular emphasis on health education, as many children experience puberty at this age. We liaise with our local school nurse about suitable teaching materials to use with our children in these lessons. Teachers answer all questions with sensitivity and care. By the end of Key Stage 2, we ensure that both boys and girls know how babies are born, how their bodies change during puberty, what menstruation is, and how it affects women. We always teach this with due regard for the emotional development of the children.
- High quality and up to date resources are used to plan and deliver lessons. Curriculum planning and teaching is monitored to ensure good quality learning is taking place. Assessments will be made termly by the class teacher, liaising with the SENCO where necessary.

The basic content of the RSE programme is as follows:

KS1

Growing up

Parts of the body – external differences between boys and girls

Personal hygiene

Stranger Danger

Personal space

Good and bad touches

KS2

Relationships – marriage, family and friends, different family units

Reproduction and birth

Body changes and differences between male and female

Taking responsibility and keeping safe

Personal space

Self-esteem

Puberty – body changes, hygiene, menstruation, (conception)

