



From beginner to complete swimmer

Come and learn to swim with us today



Day	From	To
Mon-Thur	4pm	Various
Friday	4pm	9pm
Saturday	8.30am	2pm

We help swimmers of all ages reach their full potential.

Contact us today to book your free assessment.

 07809429911

 @firststrokesswimminglessons

 FirstStrokesTarleton

 Tarleton Academy, Hesketh Lane, PR4 6AQ

**NEW
POOL!**

