F+ Autumn & Winter 2026-2027	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
WEEK ONE *Weeks Commencing:* 16th November 7th December 28th December 18th January 8th February 1st March 22nd March 12th April					
Traditional Choice	Hunter's Style Chicken or Quorn with Paprika Potatoes & Vegetable Medley	Beef or Vegetarian Spaghetti Bolognaise with Homemade 50/50 Garlic Bread & Salad Selection	Pork or Vegetarian Sausages Yorkshire Pudding & Gravy with Mashed Potatoes & Seasonal Vegetables	Homemade Chicken or Quorn Tikka Curry with Mixed Rice & Naan Bread	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas
Alternative Choice	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Salmon & Sweet Potato Fishcake with Potato Wedges Garden Peas & Sweetcorn	Pasta Twists & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Lancashire Butter Pie with Vegetable Medley or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
Dessert Choices	Oaty Fruit Crunch & Custard or Fruit Yoghurt ~ Fruit Selection & Milk	Marble Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Mousse or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cookie or Fruit Yoghurt ~ Fruit Selection & Milk
	MEAT FREE MONDAY	**SUGARWISE TUESDAY**	**WEDNESDAY**	**SUGARWISE THURSDAY**	**FRIDAY FAVOURITES**
WEEK TWO *Weeks Commencing:* 2nd November 23rd November 14th December 4th January 25th January 15th February 8th March 29th March					
Traditional Choice	Mediterranean Vegetable Panini Melt with Herby Potatoes Garden Peas & Sweetcorn (v)	Mild Fajita Style Chicken or Quorn with Mexican Style Rice, Tortilla Wrap & Salad Selection	Roast Gammon or Vegetarian Meatballs Yorkshire Pudding & Gravy with Roast Potatoes & Seasonal Vegetables	British Beef & Pork or Vegetable Burger in a Bun with Potato Wedges & Homemade Coleslaw	Crispy Battered Fish Fillet or Vegetable Fingers with Oven Baked Chips & Mushy Peas
Alternative Choice	Pasta Spirals & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Puff Pastry Cheese Whirl with Paprika Potatoes Vegetable Medley or Baked Beans (v)	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Vegetable & Chickpea Curry with Mixed Rice & Naan Bread (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
Dessert Choices	Creamy Rice Pudding & Mixed Berries or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Oat & Cherry Cookie or Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cocoa Krispie Cake or Fruit Yoghurt ~ Fruit Selection & Milk
	MONDAY	**SUGARWISE TUESDAY**	**WEDNESDAY**	**SUGARWISE THURSDAY**	**FRIDAY FAVOURITES**
WEEK THREE *Week Commencing:* 9th November 30th November 21st December 11th January 1st February 22nd February 15th March 5th April					
Traditional Choice	Big Brunch Pork or Vegetarian Sausages Free Range Omelette Crispy Potatoes & Baked Beans	Savoury Beef or Vegetarian Mince with Yorkshire Pudding Mashed Potatoes & Green Beans	Roast Chicken or Quorn Fillet Sage Stuffing & Gravy with Baby Potatoes & Seasonal Vegetables	Homemade Chicken or Quorn Korma Curry with Mixed Rice & Naan Bread	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas
Alternative Choice	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Vegetable Quesadilla with Rainbow Rice & Salad Selection (v)	Pasta Tubes & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Vegetarian Sausage Roll with Paprika Potatoes Vegetable Medley or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
Jackets & Sandwiches	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
Dessert Choices	Fruity Flapjack or Fruit Yoghurt ~ Fruit Selection & Milk	Lemon Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Jelly or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cupcake or Fruit Yoghurt ~ Fruit Selection & Milk