



# Personal, Social & Health Education Policy

Reviewed: January 2021

Next review date: January 2023

## **Policy Statement**

PSHE and citizenship help to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens. (The National Curriculum 2000).

PSHE comprises planned provision to promote the personal and social development, health and wellbeing of pupils in a school (2003-2004 PSHE Annual report by QCA).

Other related policies and documents include the Sex and Relationship (SRE) policy, Anti-Bullying Policy, Drug Education Policy, Child Protection Policy and the Promoting Race Equality document.

## **Aims and Objectives**

This policy is a working document which provides guidance and information on all aspects of PSHE and citizenship in the school for staff, parents/carers and governors.

## **Moral and Values Framework**

The PSHE and citizenship programme at Downholland Haskayne CE Primary School reflects the school ethos and demonstrates and encourages the following values:

- Respect for self;
- Respect for others;
- Responsibility for their own actions;
- Responsibility to their family, friends, schools and wider community.

## **Equal Opportunities Statement**

The school is committed to the provision of PSHE and citizenship to all of its pupils. Our programme aims to respond to the diversity of children's cultures, faiths and family backgrounds.

## **Content**

PSHE is a vital part of our Foundation Stage Curriculum. The skills and dispositions learnt in Reception are further developed into Key Stage 1.

In Key Stage 1 pupils learn to better recognise and name feelings and express positive qualities about themselves and others. They develop skills to manage feelings in a positive and effective way and develop confidence in sharing their views and opinions. They learn to set themselves simple goals and make choices about some aspects of their health and well-being. Pupils identify and respect differences and similarities between people, recognise how their behaviour affects other people and that bullying is wrong and know how to get help dealing with it.

PSHE and citizenship should not be delivered in isolation but firmly embedded in all curriculum areas. At Downholland Haskayne CE Primary School the main content is delivered through 'Heart Smart' and 'Lovewise' weekly timetabled sessions. Flexible circle time sessions may be used in response to specific circumstances or the needs of the class members at the time.

PSHE and citizenship is normally delivered by class teachers in mixed gender groups. Active learning methods, which involve children's full participation, are used. Occasionally, appropriate and suitably experienced and/or knowledgeable visitors from outside school may be invited to contribute to the delivery of PSHE and citizenship in school.

Downholland Haskayne Primary School has a code of practice for using visitors to support the delivery of PSHE:

- Visitors are invited in to school because of the particular expertise or contribution they are able to make;
- All visitors are familiar with and understand the school's relevant policies and work within them;

### **Organisation**

- All input to PSHE lessons are part of a planned programme and negotiated and agreed with staff in advance;
- All visitors are supervised/supported by a member of staff at all times;
- The input of visitors is monitored and evaluated by staff and pupils. This evaluation informs future planning.

Evaluation of the PSHE & citizenship programme is conducted using a variety of informal activities which have been built into the programme. Teachers are required to keep their own personal evaluation of each topic/theme covered. These are used by the coordinator to inform future planning and create a rolling programme of topics/themes.

Downholland Haskayne Primary School believes in the importance of training for staff delivering PSHE & citizenship. Staff are encouraged to access appropriate training and support to help them deliver effective PSHE & citizenship.

### **Specific Issues within PSHE & citizenship**

#### **Confidentiality**

An ethos of respect for each other is promoted throughout all aspects of school life. However in order to deal with specific issues which may arise, a class contract/set of rules is generated. This will be done in discussion with class members so they can reflect on what they value, how they wish

to be treated and how they should treat each other. The class contract will promote a boundary of confidentiality within the PSHE sessions. The headteacher (also the DSL) will be included in the class contract so that children know that they can talk to different members of staff in confidence on the understanding that staff will share a child's concerns in order to find the best support and help for them. If a person believes that a child is at risk or in danger, she/he talks to the named child protection coordinator who may confer with the headteacher before any decision is made. The child will be supported by the teacher throughout the process.

### **Child Protection**

The school has a separate Child Protection Policy. Effective PSHE & citizenship may bring about disclosures of child protection issues and staff should be aware of the procedures for reporting their concerns.

### **Controversial and Sensitive Issues**

Staff are aware that views around some PSHE related issues are varied. However, while personal views are respected, all PSHE issues are taught without bias. Topics are presented using a variety of views, one of which will be from a Christian perspective in line with the Christian distinctiveness of the school. The wide breadth of viewpoints ensures that pupils are able to form their own, informed opinions but also respect others that may have different opinions.

### **Monitoring**

The PSHE coordinator facilitates the gathering of policy feedback from parents, staff and pupils every three years. Information on the teaching and impact of PSHE and citizenship are reported to the Full Governing Body in line with our School Self-Evaluation Year Plan.

**Senior Member of Staff Responsible:** Nicky Hains

**Designated Member of Staff:** Joanne Gibson