

# Could You Become a Home Start Volunteer?

Do you or a family member have 2-3 hours per week to spare?
Do you have parenting experience or experience with children?
Do you want to give something back to our local community?
Do you have skills, knowledge or talents that could benefit another family in need of support?
If so get in touch today about volunteering with

#### Home-Start Central Lancashire

## **Available Roles**

**In-Home Support Volunteer:** Providing hands on support within the family home over a 12 week period to work towards aims and goals. Full training is provided.

**Social Media Content Volunteer:** We are looking for a talented social media content writer to enhance our social media platforms and to engage with followers.

**Befriending Volunteers**: to offer telephone companionship to families in the local area, who have been identified as requiring support.

**Administration Volunteers**: To assist the office manager and family support team, answer calls and administration duties

### Get in touch with us

volmanager@homestartcentrallancs.org.uk

01257 241636

## **Volunteer Qualities**

- Must be over 18 years old to volunteer
- Have a positive attitude and a caring nature
- Good communication and interpersonal skills
- Passionate about supporting, enabling and empowering people who are vulnerable, isolated or in need of support
- Have a non-judgemental attitude to working with people of any, gender, family status, sexual identity, ethnic origin, culture, religion or disability.
- You must understand that some of our families are vulnerable, and it would be an advantage if you had an awareness of key issues such as alcohol, drug abuse and mental health; however, this is not a compulsory requirement as training is provided.
- You must always apply the strictest confidence with regard to the sensitivity of those that you are supporting.
- You must be able to provide a clear DBS, if you do not have a current certificate this can be applied for.

## Training and on going support for volunteers

Volunteers are thoroughly trained and supported before and during their time supporting families. You can expect:

- Self-directed and instructor-led induction program training, that is delivered both online and in person.
- Ongoing training in specific areas including trauma-informed practice, domestic violence, abuse, and attachment theory.
- Annual refresher training to ensure you are up to date with all statutory requirements
- Regular support and supervision sessions with an experienced family support coordinator
- Paid expenses when you complete your training and are actively supporting a family within their home

#### Areas we cover: Chorley, Preston, South Ribble and West Lancashire



To find about volunteering or to complete an expression of interest please scan the QR code which will take you to our website.

