



PSHE Round Up Autumn 2 2024



At Downs Infant School, we are dedicated to ensuring every child feels safe, valued, and special. PSHE plays a key role in this, helping children develop vital life skills and learn how to stay healthy and safe. This term, Anti-bullying Week focused on kindness, compassion, and respect. Across the school, children also took part in age-appropriate lessons on staying healthy and safe, including making healthy choices, understanding hygiene, and knowing how to seek help.

Anti-bullying Week

Reception – Made 'Little Hearts of Kindness' to mark their learning about being kind and thoughtful towards their friends. These have been displayed in classrooms and in the hall as a reminder to 'Choose Respect'.

Year 1 and year 2 children created 'Cups of Compassion' and Kindness, reflecting on what compassion means and how they can show it to others in their daily lives.

Bullying is when someone keeps being mean to you on purpose either in person or online and they try to have more power than you.



'You keep healthy by eating some vegetables all the time. Not eating sweets.'



Keeping Healthy and Safe

Reception – children learned about being healthy through good food choices, hygiene, and caring for their teeth.

Year 1 built on Keeping Healthy and Safe theme with safety around medicines, recognising risks at home and school, and understanding who can help if they feel unwell. By **year 2**, the children explored the effects of medicines and everyday drugs, how to stay safe in risky situations, and how to seek help in emer-

'Healthy choices are when you drink water, take care of yourself. Go to the dentist.'

Whole School

Through engaging PSHE lessons and activities, the children have developed their understanding of kindness, compassion, and respect, as well as learned important skills to keep themselves healthy and safe. Learning is consolidated within continuous provision. It has been wonderful to see their enthusiasm, growth, and willingness to embrace these essential life lessons, setting a strong foundation for their wellbeing and relationships both in and outside school.

'Drinking water is healthy, reading books, running is good for your heart.'



