Downs Infants PSHE Curriculum Statement

Ambition, Belonging, Creativity, Diversity, Empathy, Flexibility







'A little consideration, a little thought for others, makes all the difference' – Eeyore, Winnie-The-Pooh

Intent	Implementation	Impact
1110013	•	•
What will take place before teaching in the	What will this look like in the classroom?	How will this be measured and what will be the
classroom?		outcomes?
Downs Infant School is warm, open and nurturing. From	At Downs Infant School, our PSHE curriculum challenges	Our PSHE curriculum is reflected in having happy and
the greeting our children receive on arrival to school each	our children's thinking, assumptions and stereotypes	confident children transitioning into their next year. Our
day, to the way adults model making mistakes, we strive	within a safe environment. It follows three core themes	children will be able to show the development of their
to make every child feel special. We have a strong sense	developed from the PSHE Association's 'Programme of	PSHE skills. For example, being healthy - our children
of community which is inclusive of all and we teach our	Study' as promoted by Department of Education and	will be aware of their bodies and how to keep them
children to be kind and the value of love. This is in line	Brighton and Hove's PSHE leads. (The Department of	healthy; positive relationships - how to regulate their own
with our school values of ambition, belonging, creativity,	Education provided grant funding to	behaviour, get along with others and make new friends
diversity, empathy and flexibility. We are creative and	the PSHE Association to advise schools in developing	within school and the wider community. Our children will
innovative in our approach to education and we	their PSHE curriculums and improve the quality of	develop an understanding of other cultures and become
champion an inquisitive and curious approach to our	teaching.)	citizens of the world.
learning. We deeply value play as an integral part of our		
children's ongoing learning with both achievements and	Health and wellbeing.	As a result of direct teaching and extended continuous
effort, celebrated and rewarded.	Relationships.	provision, our children will be very quickly able to
	 Living in the wider world. 	demonstrate building relationships and positive
At Downs Infant School, we believe that PSHE education	1	behaviours and attitudes. Our play based approach will
is fundamental and encompasses many areas. It impacts	Learning from one area may be related and applicable to	allow children to develop skills such as turn taking,
every aspect of our children's learning and development	others so there is often an overlap between the three	sharing and self-regulating independently and practise

and is a vital part of their preparation for life. To reflect this, it has been given a higher status of 'core subject'.

We believe that it is integral to our children to provide PSHE learning that is age appropriate and rich in problem-solving knowledge, skills and strategies to help our children learn well and have a healthy, happy and fulfilling life. We provide many opportunities for children to have significant amounts of time for continuous provision and as a result we are able to apply and develop their skills in real and meaningful situations. Learning to tidy away large blocks with a group of children can present some wonderful opportunities for PSHE skills to develop.

Our PSHE curriculum supports our infant school behaviour ethos, encouraging mutual respect, inclusivity, responsibility and an enhanced self-esteem in a happy and caring environment. It also makes a significant contribution to safeguarding, helping us fulfil our statutory duty to teach our children to keep themselves healthy and safe. The PSHE curriculum develops our children's learning and confidence in school and also helps them to feel confident and safe in the wider community, allowing them to develop their independence.

Unlike, a number of other subjects, the specific knowledge taught in PSHE education changes regularly due to legal changes, medical or technological updates. At Downs Infant School, we continue to ensure that any aspect of PSHE education is accurate, up to date, unbiased and balanced. Our PSHE lead meets each term with the Brighton and Hove PSHE network of teachers and PSHE leads. We have parent / carer consultations, focus groups and workshops as well regular discussions with our delegated school council members regarding ongoing or developing PSHE education to help us prioritise the quality of our PSHE learning and ensure that it is reflecting the needs of all of our children in our school, including children with SEND. We believe that this approach helps us to ensure that our

themes. We also incorporate aspects of SEAL (Social and Emotional Aspects of Learning) within our PSHE curriculum. Our PSHE curriculum follows the Early Years Statutory Framework for the Early years Foundation Stage and focuses on the Prime Area of Personal, Social and Emotional Development.

Brighton and Hove schools' PSHE leads provide excellent teaching and learning resources adapted from the PSHE Association's Programme of Study. Our teachers make good use of the resources to present information clearly and in an engaging way.

Our areas of learning within the themes include: SEAL New Beginnings, SEAL Getting on and falling out, Good to be me, Equality, Inclusion and Diversity, Gender stereotypes, Feeling Good Feeling Safe, Relationship and Health Education (RHE), Mental Health and Wellbeing, Keeping Healthy and Safe, Changes.

Our PSHE curriculum also includes opportunities to link British Values, RE or our school's values together. For example, we promote the practice of democracy in our school environment through the development of our school council.

We ensure that we cover all statutory aspects of PSHE and follow the statutory guidance for 'Relationships Education, Relationships and Sex Education and Health Education' through the PSHE Association Programme of Study (used by Brighton and Hove PSHE leads).

At Downs Infant School, the children's knowledge, skills and attributes are developed and previous years learning is revisited, reinforced and enhanced each year. We also encourage the development of speaking and listening skills in our children through our curriculum. We believe that quality over quantity is essential with PSHE learning and ensure that our learning is creative and extended through continuous provision rather than simply a number of sessions within the classroom. This allows our children to apply their skills in a real and meaningful context. Teachers have flexibility to adapt teacher directed sessions as necessary as they are best placed to understand the needs of their children and take into

their skills. Teachers and TAs work and play alongside children to see what is important to them and how they apply what they have learned.

We show the impact of the children's learning in their play and observations which we record on 'Tapestry', our learning journal.

As they move through the school and with the very best PSHE teaching, we will see children taking ownership of their own learning.

There is a consistency of resources and displays as well as language quality texts that promote PSHE and literacy across the classes.

By the time they reach year 2, children will be able to reflect on the development of their skills, for example with self-regulation - calming themselves down by using breathing techniques that they have learnt previously.

Teachers are able to adapt their learning to meet the needs of their own class. Year group teams work collaboratively to support each other and the needs of the cohort.

As a whole school, we are organised into subject teams which periodically have subject teams' evaluation days to allow us to review Intent, Implementation and Impact across the key stages. In addition, there is a rolling programme of subject teams' evaluation and development.

As a result of participating in LA training, teachers have solid subject knowledge of PSHE and are therefore able to modify the curriculum.

Where practice is particularly good, we see support staff modelling, teaching and adapting PSHE according to the needs of the children.

RSHE is be assessed in the summer terms using teacher judgements from observations in class and continuous provision and by talking to the children (pupil voice). The

PSHE curriculum is adapted and responsive to the school community as a whole.

account sensitive safeguarding issues, for example, adoption.

At Downs Infant School, we believe that our learning environment is essential to our pupils' social and emotional development. At the beginning of a new school year, each class develops a 'Learning Zones' area with a visual display to help the children visually recognise their emotions and those of others. The display is created through discussion with the children and is designed to help them manage and respond to those feelings and situations so that they can engage in behaviour which promotes safety and learning.

Age-appropriate knowledge is learned with cross curriculum links (for example, age-appropriate knowledge that is learned about the body, builds on previous learning and links to the Science curriculum.)

Our PSHE curriculum overview has been mapped out to take into account the age of children at each point. For example, RHE and FGFS is taught later in the school year to allow for growth in emotional maturity over the year and as such, readiness to learn.

children will understand the physical aspects involved in RSHE at an age appropriate level.

Parents have appreciated and made use of the home learning during lockdown that the PSHE lead added to Tapestry to support Mental Health and Wellbeing (Wellbeing Wednesday).

Because of the strong impact that our PSHE curriculum has, our children are well prepared for the transition to Junior school.