



9th November 2020

Dear Parents and Carers,

I am writing to inform you that during this half term we will be delivering the Sex and Relationship Education curriculum requirement for Year 4. This is a catch up as the children missed this important aspect of the curriculum when school was closed due to the National Lockdown.

This scheme covers:

- Puberty/body changes including periods
- Personal hygiene
- Healthy Relationships
- Peer Pressure
- Body Image and Media Image
- Resilience and Wellbeing/Mental Health
- Children's Rights
- Discrimination and bullying

We appreciate that some parents may be anxious about these lessons but I can assure you they are delivered age appropriately and we use The Tameside Public Health/LEA SRE lesson plans which have been developed especially for use with primary school children. It is important that all children take part in the lessons as we are certain that it is better to know the facts and reduce embarrassment and misconceptions around these subjects. The learning will therefore help children to communicate sensibly and effectively and in addition to this they will be able to make informed choices and keep themselves safe.

Should you have any concerns about your child taking part in these lessons or wish to find out more please do not hesitate to contact me in school before 24th November.

The Year 5 curriculum will be delivered after half term in February 2021. I will write to you again nearer the time to explain the topics.

Yours sincerely,

Michelle Ashley



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