



# **Dowson Primary Academy**

## **CHILD-LED – HOW CHILDREN SHOULD TREAT EACH OTHER**

November 2024

Review Cycle: Annually during anti-bullying week

Date Agreed by Local Governing Body:

Signed Principal:

Signed Chair of Governing Body:



Ashley, M



**Dowson Primary Academy**

# OUR How children should treat each other POLICY

Created by Year 6

July 2022

Pupil Consultation - November 2022



We have written our own "How Children Should Treat Other" Policy to be read alongside the Anti-Bullying Policy for children, parents and adults in school.

The whole year group took part in awareness raising lessons, we looked at the school's Behaviour Policy and the child-led Anti-Bullying Policy and wrote this to explain how we are expected to behave towards each other and what might happen if we don't treat children in the right way. We have done this to make sure Dowson is a happy and safe place to be and if anyone is worried they know what to do.

We want others to understand that being respectful can boost your morale and improve your attitude towards your learning. When everyone feels respected, everyone feels happy and this makes it easier to learn.

We have 7 headings:

- Expectations
- The 3 Bs
- What is not acceptable
- Feelings and impact of unkind behaviour
- Responsibilities
- The support needed
- Resolution - how can things be sorted out



## **Expectations**

Children are expected to be:

Friendly, reliable, welcoming, grateful, kind, helpful, respectful, supportive, good listeners and to co-operate and work well as a team to encourage each other.

They are expected to:

Follow the rules, let everyone join in, get along with everyone, treat others the way you want to be treated, tell an adult when there is a problem or try to sort it ourselves, share equally and take turns, expect good behaviour and have a positive attitude, be the best they can be, respect everyone's backgrounds and personal journeys, smile at each other. We celebrate and respect each other's achievements and differences.

We are all different and so understand the need to respect everyone regardless of gender, sexuality, age, race, religion or ability (these are called protected characteristics).

All children are expected to behave respectfully to all children and adults in school.

All our children are expected to be an up-stander, not a bystander.



### Our 3 Bs

Many years ago, children in Year 6 invented the 3 Bs to help children decide if something really is bullying. They described behaviour towards each other as

Brilliant

Bothering

Bullying

Most of the time, the time we spend with our friends makes us happy - this is **Brilliant**.

Sometimes we have fallouts, disagreements, time apart or we might not be getting on together. Sometimes we want to play with other people, sometimes we might not mean to upset each other but it happens and we might not have realised or it might not be something we could have avoided. Sometimes someone might say something that makes us feel upset. This is all part of life and helps us work out how to solve problems and learn to get along with lots of different people, even though at the time it might feel upsetting - this is **Bothering** behaviour.

"It was just a joke" response to an incident that has upset someone is **NOT** acceptable. Depending on what has been said or done, this might be classed as **Bullying or Bothering**.

Children who apologise without meaning it or just to get out of being in trouble should not carry on the poor behaviour towards others - this may result in a more serious consequence next time. Apologies should always be sincere and mean it won't happen again.



Behaving towards someone in a certain way because you know they will react and get into trouble or they blow up and hurt others is not

okay. (Usually this is called winding them up or pushing their buttons). This may be classed as **Bullying**.

**Bullying** is not part of growing up and it certainly is not cool, it is not ok and it will not be tolerated in our school and it never will be. We have another policy for Anti Bullying that has been written by pupils.

Someone being hurt by accident is not part of the 3 Bs - it's just an accident.

Please refer to the Anti- Bullying Policy for more information on how we deal with bullying at Dowson.

### **What is not acceptable**

This list might not cover everything and will be added to if other things happen

- **Bullying**
- Fighting
- Swearing
- Calling people names (to their face, behind their backs or via social media)
- Hurting people
- Threatening
- Blackmail
- Making someone upset online or in person
- Leaving people out



- Spreading rumours, gossip or comments online and in person, with or without the child knowing
- Lying
- Ignoring people
- Comments that are racist, homophobic, sexist or against religious beliefs or disability
- Sexualised incidents, this includes comments about, touch or showing anywhere usually covered by our underwear
- Invading space or privacy in the toilets

Some of these behaviours might be referred to as "child on child abuse".

Remember taking sides, joining in arguments or turning problems into bigger problems helps no-one and actually can make things worse.

### **Feelings and impact**

A child who has been treated badly by other child might feel:

- Worried something might happen again
- Angry that someone is being mean
- Disappointed that someone won't apologise
- Annoyed because they may feel they have wasted years of friendship over something silly
- Sad because they have lost a friend
- Scared that mean comments passed might be passed on
- On edge
- Stressed
- Let down
- Confused
- Embarrassed about what has happened
- They might also feel like everyone will fall out with them and they feel like they don't fit in



Children witnessing problems might feel: shocked, sad, scared, concerned, worried, angry, confused and unsure of who to speak to or what to do to help. Sometimes children feel that they should join in to fit in.

## **Responsibilities**

### **Pupils -**

- Be a good friend
- Help others
- Keep yourself safe
- Be brave and speak up and tell a teacher or someone at home if something is upsetting you or you feel unsafe
- If something happens at school, don't wait until you get home because school will be shut and your parents won't be able to sort it out before the next morning
- Be an upstander and not a bystander

### **Teachers/Parents/Carers -**

- Listen to children and deal with the problem quickly and calmly

### **School -**

- Deliver lessons throughout the year on how to be a good friend, getting along, and anti-bullying. The policy will be shared and reviewed every September as part of behaviour expectations.





## **The support needed**

We need adults to:

- Recognise the signs of sadness and loneliness
- Take care of children
- Listen to children
- Keep children safe online
- Don't get too upset, this can put children off telling you when something is wrong
- Deal with things quietly without a big fuss
- Don't shout at the person who has upset us, something could be wrong with them too, try to work out how they can be helped to feel better and be nicer to others
- Support children who are upset, make sure they have other friends around them and check how they are
- Record reports of concerns in school
- Provide education/lessons to deal with problems

We need to:

- Talk to adults
- Make sure you include anyone who feels sad or alone
- Give each other smiles, hugs, compliments and reassurance - build each other up
  
- Don't shout at each other
- Don't wind up people who get angry quickly or upset others
- Don't make a big fuss or get lots of people involved
- Don't get yourself involved if it is nothing to do with you
- If someone has said something unkind online or in person and the child doesn't know - tell an adult not the child



## Resolution - How things can be sorted out

Start

Telling

Other

People

- Speak up about it - tell someone in school if it's happening to you or someone else.
- Adults need to keep talking and listening to the child, keep checking in on them.
- Take some time and space to think
- Never join in with the upsetting behaviours or bring others into issues
- Tell the truth about what actually happened
- Children who upset others are sometimes wanting attention - so ignore them/what they are doing (but tell an adult)
- Use kindness to sort things out
- Apologise and forgive
- Don't bring up old arguments
- Help everyone feel better about themselves
- Help everyone to move on and feel good about themselves
- Adults at school and home need to work together to help



Use more serious consequences if it continues or is really serious like missing playtimes, being in another class or not being allowed in school.

We all have to work together to make sure our school is happy place.

This policy will be reviewed by pupils every September as part of behaviour expectations. All children will be expected to sign the How Children Should Treat Each Other Pledge.



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## How children should treat each other and our Anti- Bullying Pledge

We, the pupils of \_\_\_\_\_ class

have read the policies and agree to:

Use kind words, hands and feet

Treat others respectfully

Support each other and help each other feel happy and safe

Tell an adult if we or someone else is worried, hurt or upset or we  
think something is wrong

Try to include those who are left out

Refuse to watch, laugh or join in if someone is being bullied

Be an up-stander not a bystander