**Unit Cycle for: PE**

The use of subject specific terminology taught and used.

Opportunities to communicate, collaborate and compete with each other.

Opportunities to develop an understanding of how to improve in different physical activities and sports and to learn how to evaluate and recognise their own success.

Specific teaching of or rehearsal of skills

Warm Up – Understand the changes to bodies that physical activity creates

Share the learning focus and aims of the session (WALT)

‘Tune in’ to the subject and create interest

Sustained physical activity for a period of time.

Cool Down

Review/ Demonstration of learning (within the lesson and at the end of the unit)

**Key Pedagogies**

Talk For Learning, Assessment For Learning, Challenge, A Mastery approach

**Key Curriculum Drivers**

Learners for Life, Basic Skills, SMSC, My place and part in the World.