



## Unit Cycle for: PE

Warm Up – Understand the changes to bodies that physical activity creates

Connection to prior knowledge and skills

Share the learning focus and aims of the session (WALT)

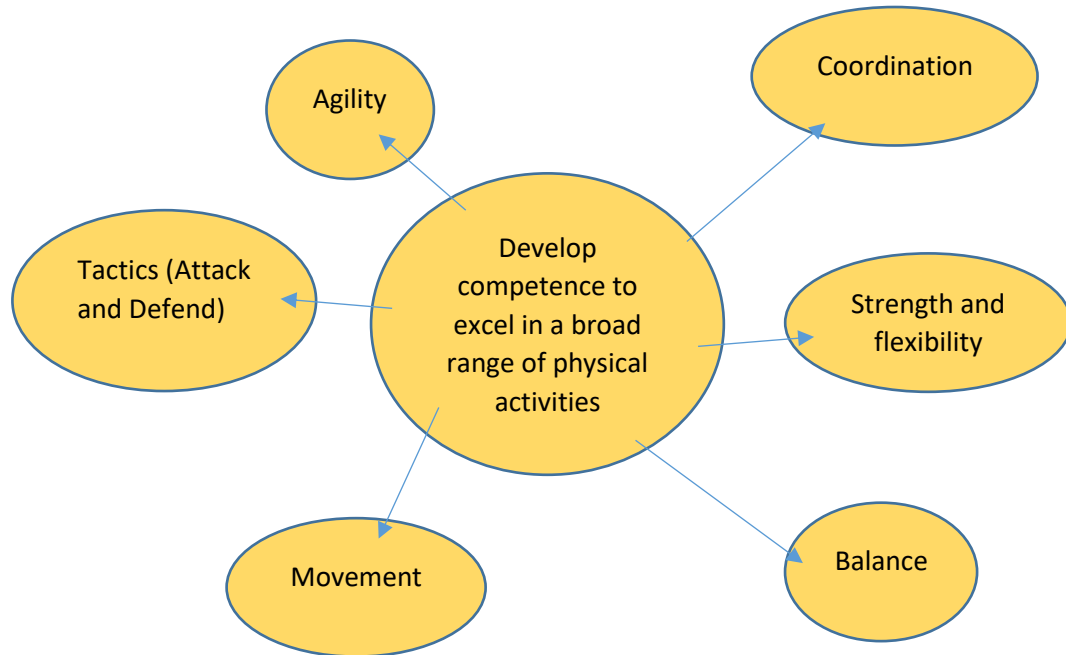
Specific teaching of or rehearsal of skills

Opportunities to communicate, collaborate and compete with each other.

The use of subject specific terminology taught and used.

Sustained physical activity for a period of time.

Opportunities to develop an understanding of how to improve in different physical activities and sports and to learn how to evaluate and recognise their own success.



Review/ Demonstration of learning  
Celebration of learning

Cool Down

Key Pedagogies

Talk For Learning, Assessment For Learning, Challenge, A Mastery approach

Learners for Life, Basic Skills, SMSC, My place and part in the World.

Key Curriculum Drivers