

DOWSON PRIMARY ACADEMY



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Dear Parents and Carers,

From September 2019 Dowson Primary Academy will be offering a wide range of courses for parents and carers and we are gathering your views on what you might find most useful in order for us to make this offer as relevant as possible to our parents.

The courses are free, relaxed, non-judgemental and extremely useful. The feedback from the courses run previously has been fantastic.

If you are interested please complete the table below and return it to school before July 10th.

After this parent consultation period we will send out details of the courses with dates and times, which you will then be able to reserve your place.

Please indicate which course(s) you are interested in and what time of day is most convenient.

Course Title	Age range	Sessions	9-11	1-3	3.30 -5.30	6.30 -8.30
Handling Anger in the Family	5-16+	4 x 2 hrs				
Time Out for Parents – Early Years	0-5	6 x 2 hrs				
Time Out for Parents – Primary Years	5-11	6 x 2 hrs				
Time Out for Parents – Teenage Years	11+	7 x 2 hrs				
Quidz In – how to develop financially aware and responsible children	8-14	6 x 2 hrs				
Drug Proofing Children	8+	6 x 2 hrs				
Time Out for Parents – Children with Special Needs	3-11	7 x 2 hrs				
Time Out for Parents – Children with Special Needs ADHD or ASD	3-11	ADHD 4 x 2hrs ASD 4 x 2 hrs				
*Helping Children Deal with Grief and Loss	All ages	4 x 2 hours				
*Grief Recovery Method – a programme for adults to move from the pain caused by loss of any kind.	Adults	8 x 2 hrs				

If you would like to be contacted directly about course details, please provide an email address:							

Yours sincerely,

Mrs K Thornburn

