



12th June 2024

Dear Parents and Carers,

I am writing to inform you that during this term I will be delivering the Real Love Rocks scheme of work to the children in Year 6.

This is a national healthy relationships education programme written by Barnado's Children's Charity to enable children to protect themselves against exploitation.

The lessons will include - healthy and safe relationships, boundaries and building trust, keeping safe online, sharing images, recognising the warning signs of grooming and exploitation and who to talk to if they are worried, dealing with peer pressure, keeping safe in the community and the effects of alcohol and smoking. The topics are covered in an age-appropriate format and have been very successfully delivered for many years at Dowson and in most primary schools in the UK.

It is important that all children take part in the lessons as we are certain that it is better to know the facts and reduce embarrassment and misconceptions around these subjects. The learning will therefore help children to communicate sensibly and effectively and in addition to this they will be able to make informed choices and keep themselves safe.

If you have any concerns, please do not hesitate to contact me.

Kind Regards

Michelle Ashley

Inclusion Co-ordinator

