



Wednesday 1st March 2023

Dear Parents and Carers,

I am writing to inform you that during this half term we will be delivering the Sex and Relationship Education curriculum requirement in Year 4.

This scheme covers:

- Puberty/body and emotional changes
- Personal hygiene
- Periods
- Healthy Relationships
- Safe touch
- Peer Pressure
- Children's Rights
- Discrimination and bullying - how to ask for help
- Recognising and Challenging stereotypes

We appreciate that some parents may be anxious about these lessons but I can assure you they are delivered age appropriately using The Tameside Public Health/LEA SRE lesson plans which have been developed especially for use with primary school children. It is important that all children take part in the lessons as we are certain that it is better to know the facts and reduce embarrassment and misconceptions around these subjects. The learning will therefore help children to communicate sensibly and effectively and in addition to this they will be able to make informed choices and keep themselves safe.

Should you have any concerns about your child taking part in these lessons or wish to find out more please do not hesitate to contact me in school before March 9th.

Yours sincerely,

Michelle Ashley