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| |  | | --- | | Add [ceopeducation@education.nca.gov.uk](mailto:ceopeducation@education.nca.gov.uk) to your address book so this email is not flagged as spam. | |

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| |  | | --- | | [# Online Safety At Home from Thinkuknow](http://www.thinkuknow.co.uk/) | |

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| |  | | --- | | Access your fifth **#OnlineSafetyAtHome** pack with new activities for parents and carers to use at home:   * [**4-5s**](https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/early-years/) * [**5-7s**](https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/5-7s/) * [**8-10s**](https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/8-10s/) * [**11-13s**](https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/11-13s/) * [**14+**](https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/14-plus/) | |

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| |  | | --- | | Download Welsh language versions of our activity packs from [**Welsh Government's Hwb**](https://hwb.gov.wales/zones/online-safety/news/articles/b8862e72-5d6a-4022-938d-8f37977dc34c). Our fifth pack will be available shortly. | |

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| |  | | --- | | **Share our new video for parents and carers** | |

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| |  | | --- | | Our short video provides parents and carers with: | |

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| |  | | --- | | * An introduction to NCA-CEOP, the Thinkuknow education programme and its resources * Advice on how they can keep their child safe online, including a helpful tool to support them in having the right conversations about online safety. | |

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| |  | | --- | | Help spread our message by sharing it on your social media. | |

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| |  | | --- | | [**Access the video**](https://www.thinkuknow.co.uk/parents/Support-tools/presentations-for-parents/) | |

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| |  | | --- | | **The hidden benefits of playing video games in lockdown** | |

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| |  | | --- | | Many children are likely to be spending more time playing video games during lockdown. While some parents may be worried about this, it's important to recognise the positive experiences video games can bring. | |

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| |  | | --- | | Our new Parent Info article explores [**the hidden benefits of playing video games**](https://parentinfo.org/article/the-hidden-benefits-of-lockdown-gaming), and how parents and carers can help create a safe and enjoyable gaming experience for their children. | |

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| |  | | --- | | Thanks to you and the rest of our network we've had over 250,000 downloads of our activity packs, and more and more families around the UK are now using them to help keep children safe online. | |

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| |  | | --- | | If you have any feedback or questions about our packs, get in touch with us at [**ceopeducation@nca.gov.uk**](mailto:ceopeducation@nca.gov.uk). Remember, you can still share your ideas on how we can further support you by taking [**our short survey**](https://www.surveymonkey.co.uk/r/NS6TZGR) too. | |

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| |  |  | | --- | --- | | |  | | --- | | **Are your colleagues getting our emails?**  If you're being asked to forward on our emails, let your colleagues know they can [**register for free**](https://www.thinkuknow.co.uk/account/register) to receive our regular updates. | | |

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| |  | | --- | | [https://gallery.mailchimp.com/2ae276529dabe14cecc1d261e/images/ddbcd45d-a679-4a0a-ae5e-45f246632bfe.png](https://www.thinkuknow.co.uk/professionals/resources/jessie-and-friends/) | |

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| |  | | --- | | *Copyright © 2020 Thinkuknow CEOP Education Team, All rights reserved.* | |