



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Vegetable Chow Mein served with Egg Noodles	Hand Pulled BBQ Chicken Burger, Lettuce & Tomato slice served in a floured bun with Homemade Wedges	Roast of the Day served with a Yorkshire Pudding & Roast Potatoes	Homemade Chilli served with 50% Wholegrain Rice, Nachos & Corn on the Cob	Fish of the Day served with Chips and a Lemon Wedge
Vegetarian Main Course	Wholemeal Margherita Pizza served with Homemade Coleslaw	Vegetable Burger, Lettuce & Tomato slice served in a floured bun with Homemade Wedges	Quorn Fillet served with a Yorkshire Pudding & Roast Potatoes	Tomato & Basil Tagliatelle, served with Garlic Bread	Cheese Whirl served with Chips
Vegetables	Broccoli and Peas	Corn on the Cob and Green Beans	Cauliflower, Baton Carrots	Sweetcorn, Savoy Cabbage	Baked Beans or Peas
Dessert	Homemade Carrot Cake Fruit Salad	Cornflake Tart and Custard Fruit Pot	Angel Delight served with Fruit Fruit boat	Banana and Toffee Muffin Fruit Pot	Courgette Sponge & Custard Fruit boat

Fresh Baked Jacket Potato with Choice of fillings
Cheese, Tuna, Beans
Available Monday, Wednesday and Friday

Selection of freshly made sandwiches on a choice of breads available Tuesday and Thursday

Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit and Yoghurts available daily

